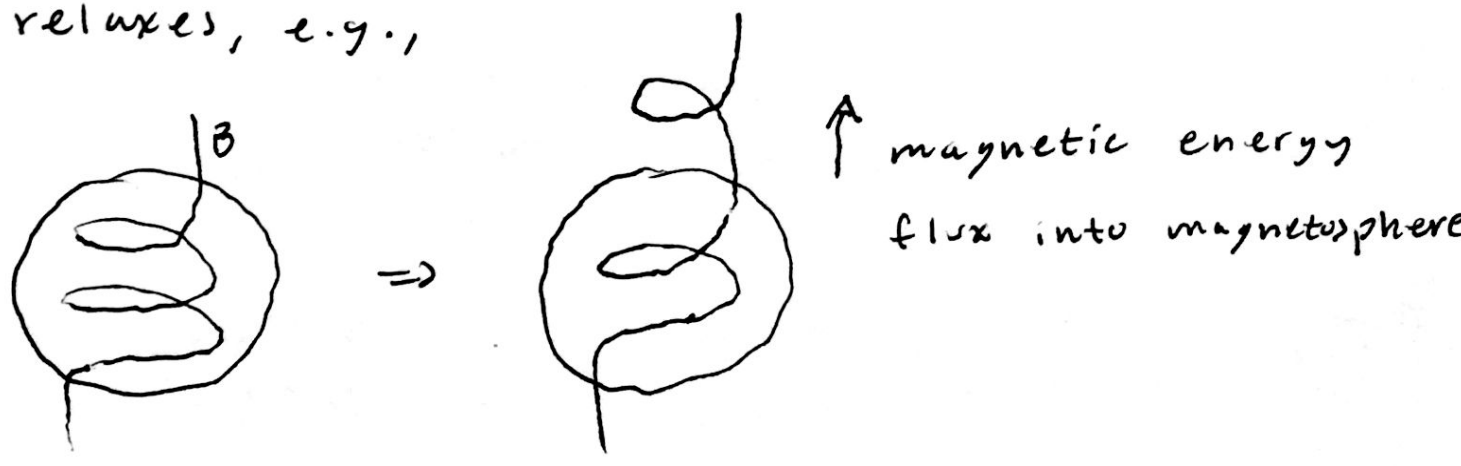


Two scenarios:

1) core storage (Thompson and Duncan 2001).

The twisted field inside the star suddenly relaxes, e.g.,



2) Magnetospheric storage (Lyutikov 2003).

Adiabatic stressing of the magnetosphere leads to an instability, like a coronal mass ejection in the Sun.



I'll now discuss how the core storage model fails.

Suppose magnetic energy in the core, stored in volume l^3 , is suddenly released. The energy in the flare is bounded by

$$E < l^3 \frac{B^2}{8\pi} \Rightarrow l > 6 \text{ km} \left(\frac{E}{10^{46} \text{ erg}} \right)^{1/3} B_{15}^{-2/3}$$

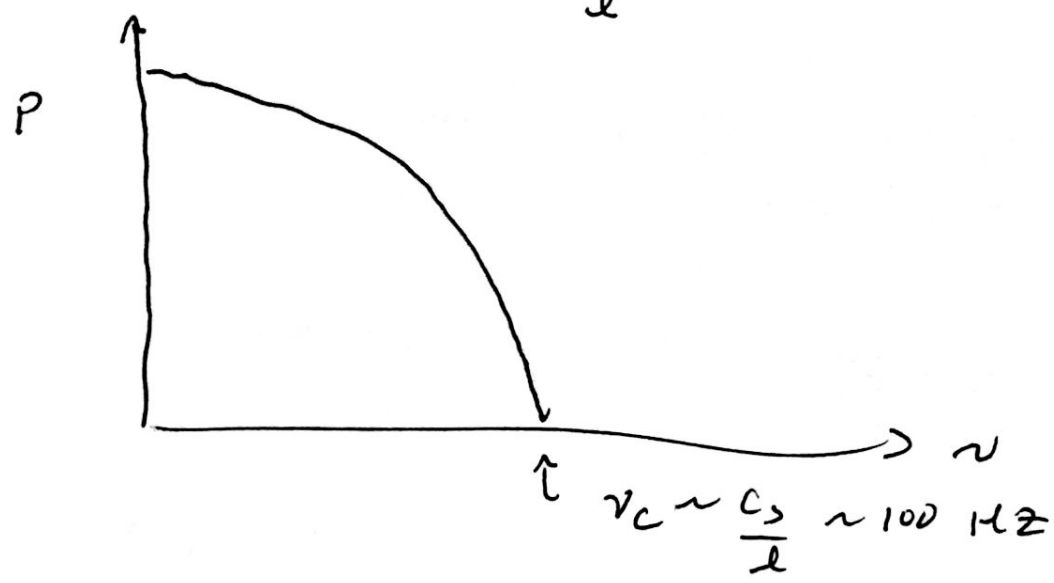
Much of the stellar volume must be involved.

Shear waves will be excited in the core.

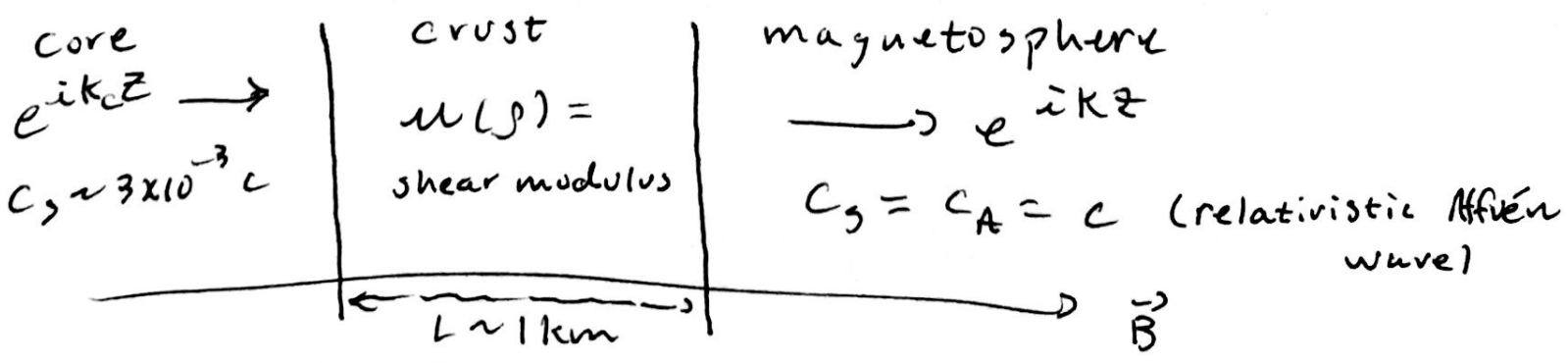
Their speed is $c_s \sim 3 \times 10^{-3} c$.

The Fourier power in the excited waves will

drop near $\nu_c \sim \frac{c_s}{L} \sim 100 \text{ Hz}$.



How quickly can energy escape? Shear waves escape most efficiently in regions where \vec{B} is perpendicular to the stellar surface, allowing direct conversion to relativistic Alfvén waves. Consider a planar problem



Note that there is a severe impedance mismatch between the core and magnetosphere \Rightarrow significant reflection of energy back into

the core.

For $\gamma \lesssim 100 \text{ Hz} \Rightarrow k_e L \ll 1$.

In this limit, the energy transmission coefficient is

$$T \approx 4 \frac{c_s}{c} \sim 10^{-2}$$

The energy is trapped in the core for a time

$$t_{\text{trap}} = \nu_{\text{esc}}^{-1} = \left[\frac{c_s}{2R} T \right]^{-1} \sim 10 \text{ s}$$

$\gg t_{\text{rise}} < 10 \text{ ms}$.

The core storage scenario is ruled out; the energy cannot escape nearly fast enough.

\Rightarrow Energy must be stored in the magnetosphere just before the flare. One possibility, not the only one, is that the magnetic footprints are moved adiabatically, stressing the magnetosphere until a reconnection instability lowers the magnetic energy. The field could tear very quickly, over a timescale as short as

$$\frac{l}{c} \sim 3 \times 10^{-5} \text{ s} \ll t_{\text{rise}}$$

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Corollary: The neutron star is highly reflective to Alfvén waves in the magnetosphere

The energy reflection coefficient is

$$R = 1 - T \approx 0.99$$

QPOs have been observed. Can they be excited by a magnetospheric explosion before the waves damp?