



Биофотоника:

проблемы и инновационные подходы к их решению в области биомедицинской визуализации и фототерапии

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Saratov State University & Saratov State Medical University

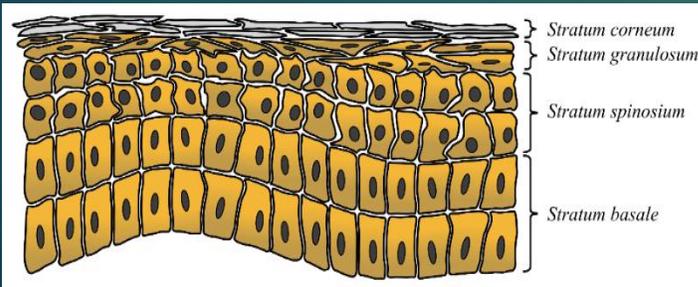
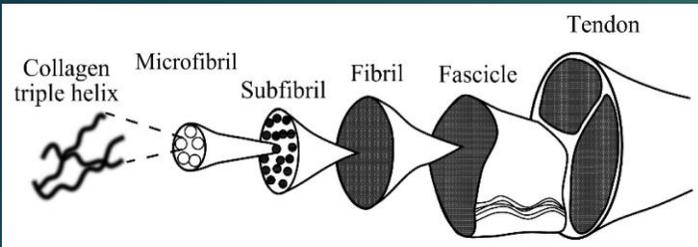
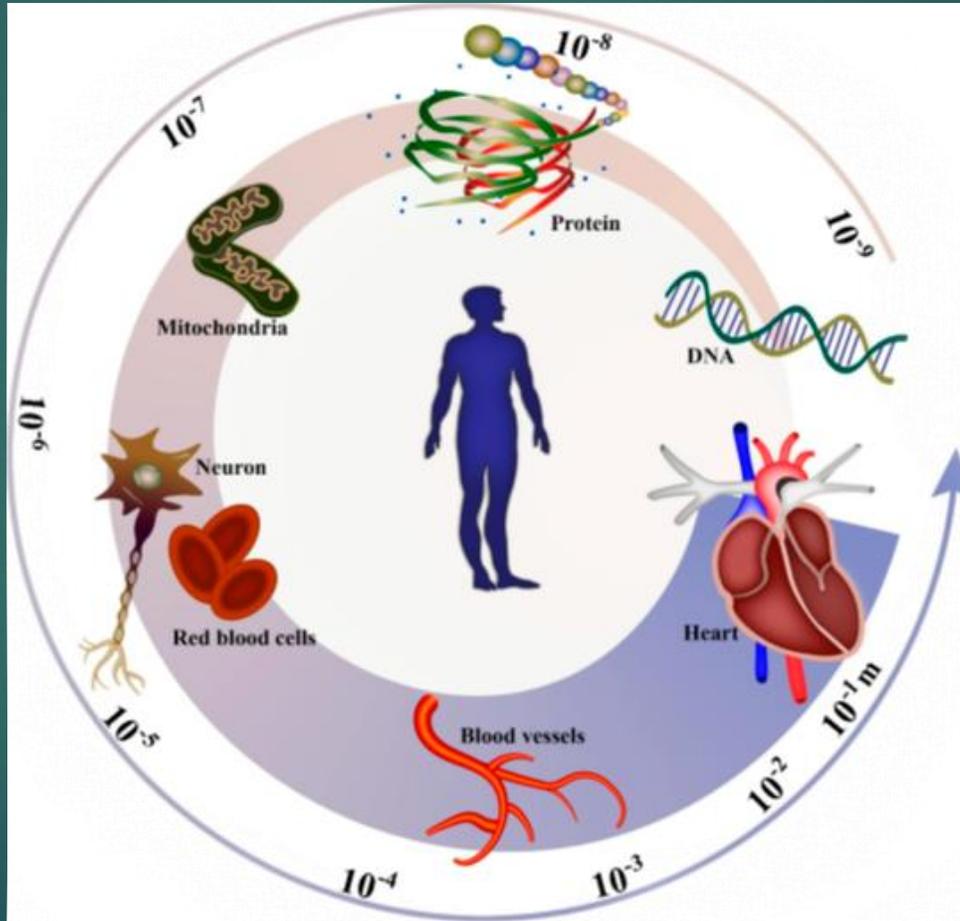
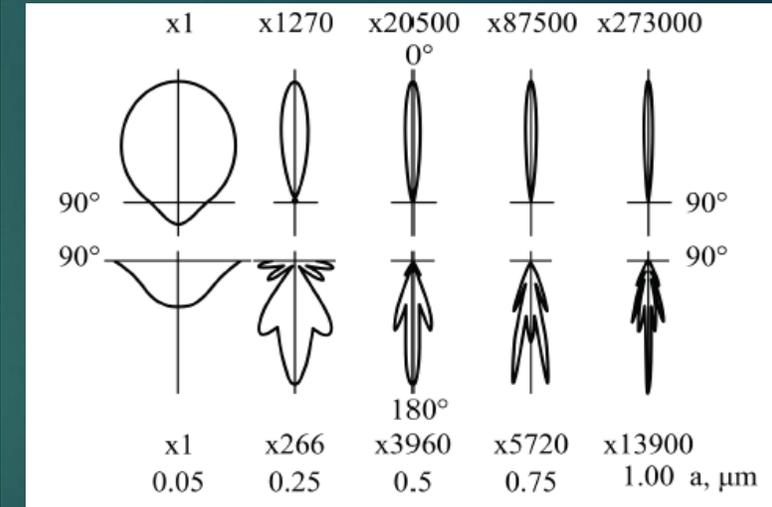
- Tissue optics
- Basics of tissue optical clearing
- OCAs
- Creation of UV-THz windows
- Spectrophotometry
- Monitoring of tissue cancer
- Diabetes mellitus, glycation
- Fluorescence measurements
- Fluorescence/MRT
- Multiphoton imaging
- Raman spectroscopy of tissues
- OCT imaging
- Stokes imaging
- Photoacoustics
- Phantoms
- Metabolic OCAs
- Drug delivery
- Practical examples
- Summary
- Conclusion

Typical structures and sizes of biological tissue components

$$\mu_s' = \mu_s(1 - g) \sim (2a)^2 \rho (2a/\lambda)^{0.37} (m - 1)^2$$

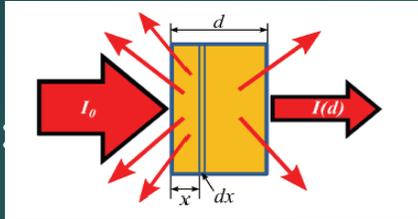
$$m \equiv n_s/n_0$$

From Rayleigh to Mie scattering



ОПТИКА БИОТКАНЕЙ ОТ УФ ДО ТГц: ПОГЛОЩЕНИЕ И РАССЕЯНИЕ

Закон Бугера-Бера-Ламберта



$$I = I_0 \exp[-\mu_t d]$$

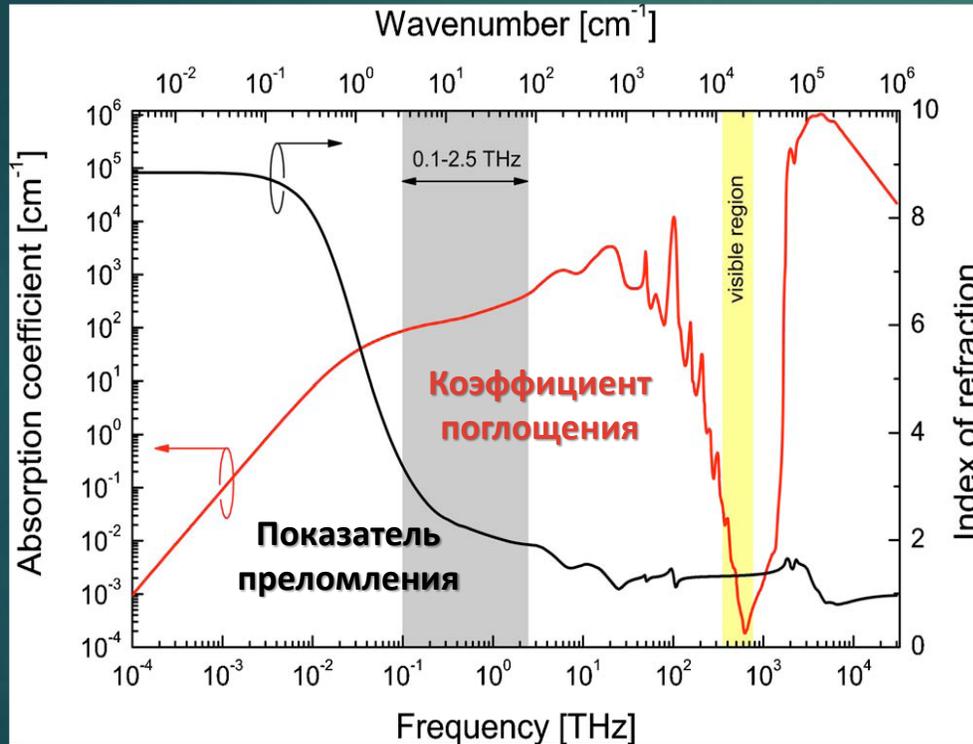
$$\mu_t = \mu_a + \mu_s$$

Модификация закона при многократном рассеянии:

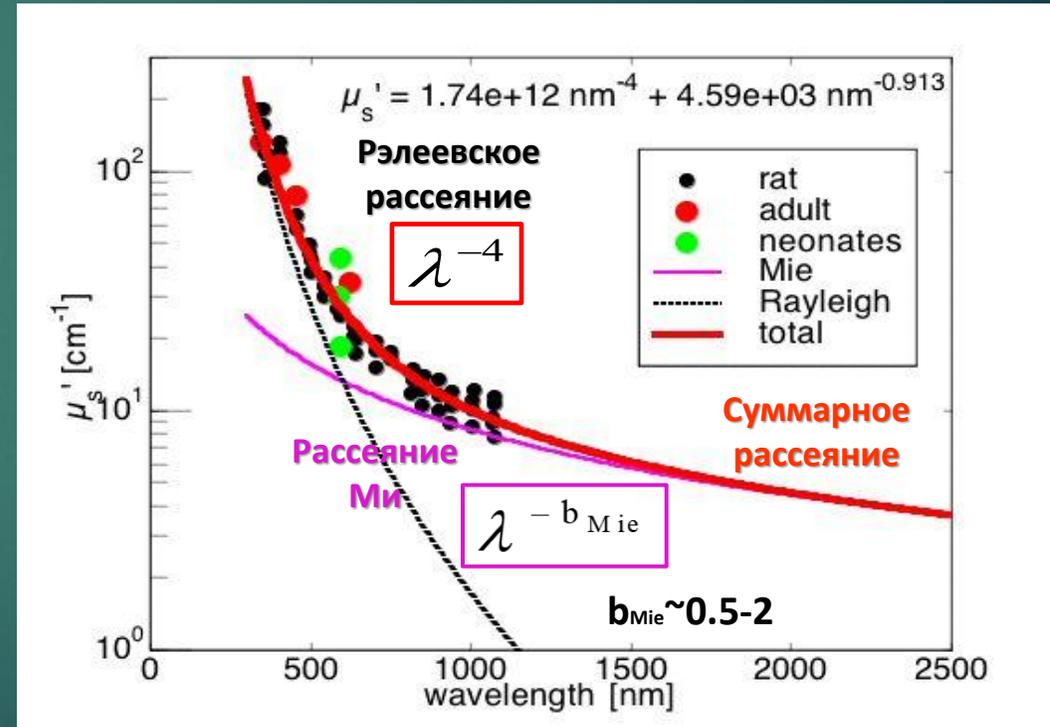
$$I = b_s I_0 \exp[-\mu_{eff} d]$$

$$\mu_{eff} = 1/\delta$$

$$\delta = 1/\sqrt{3\mu_a(\mu_a + \mu'_s)}$$

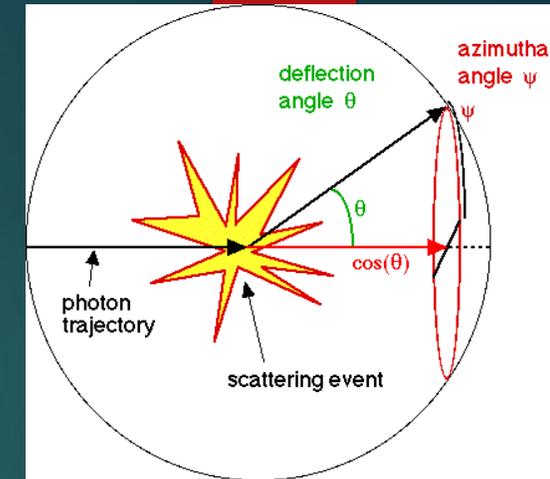
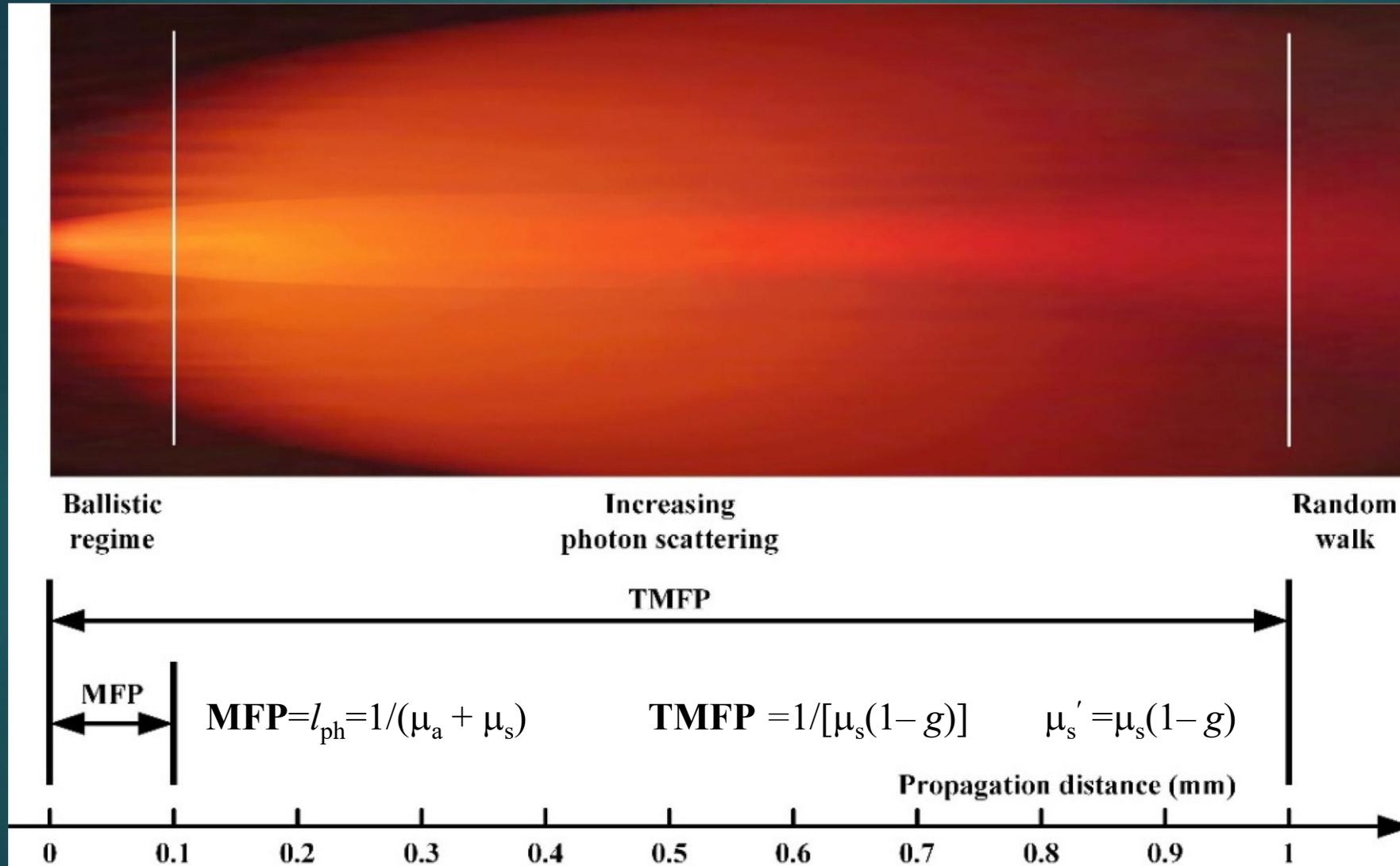


Поглощение и показатель преломления воды
Møller et al., J. Opt. Soc. Am. B, 26 (9), 2009



Приведенный коэффициент рассеяния кожи
Steven L. Jacques, Ulm, LALS-2014

Light propagation in biological tissue



g – factor of scattering anisotropy (mean Cos of the scattering angle)

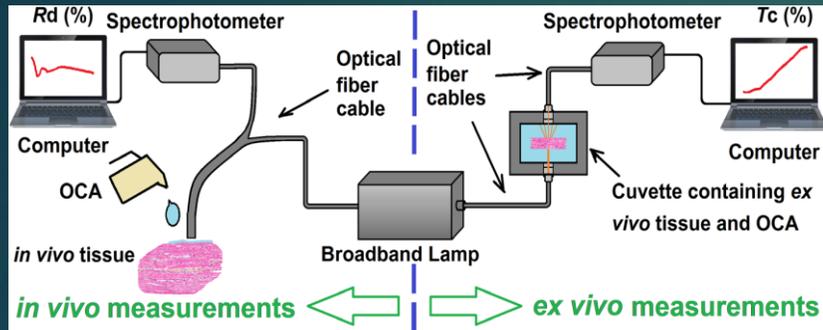
$$g \rightarrow 0 - 1$$

$$\delta = 1/\mu_{eff}$$

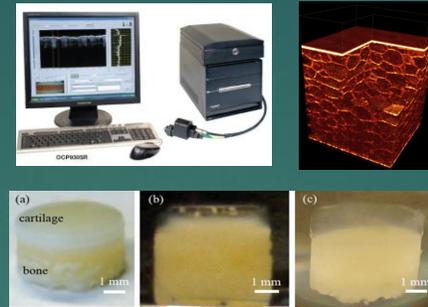
$$\mu_{eff} = \sqrt{3\mu_a(\mu_a + \mu'_s)}$$

ОПТИЧЕСКИЕ МЕТОДЫ ИССЛЕДОВАНИЯ БИОТКАНЕЙ

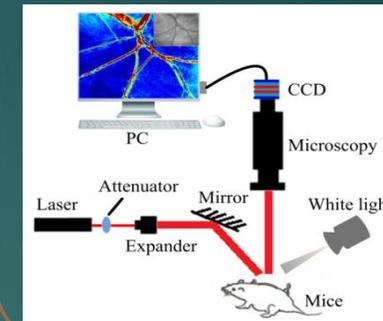
Спектрофотометрия



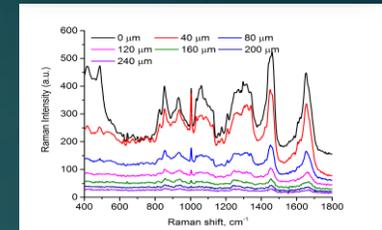
ОКТ



Спекл-визуализация



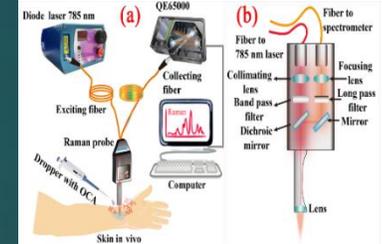
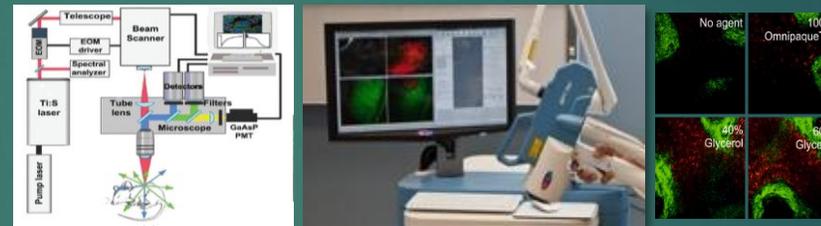
Спектроскопия КР



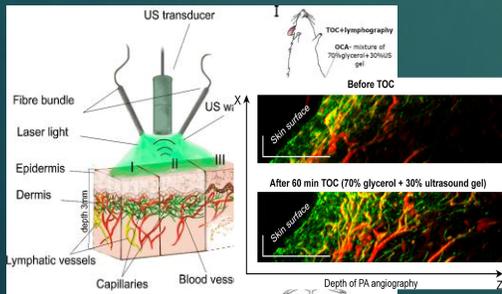
Флуоресцентное картирование



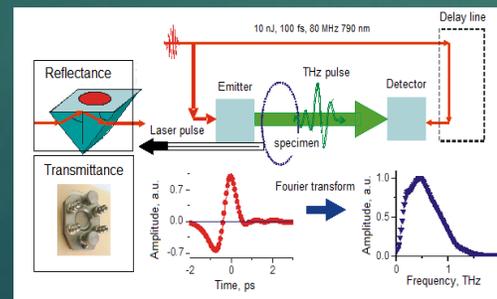
Многофотонная томография



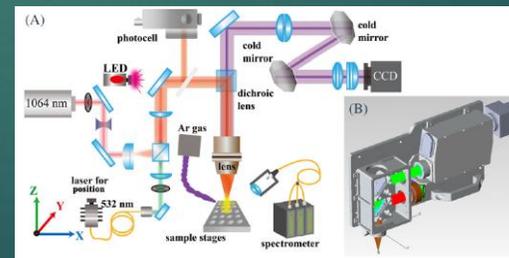
Фотоакустическая визуализация



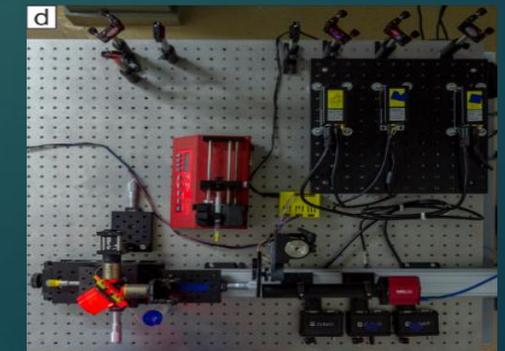
Терагерцовая визуализация



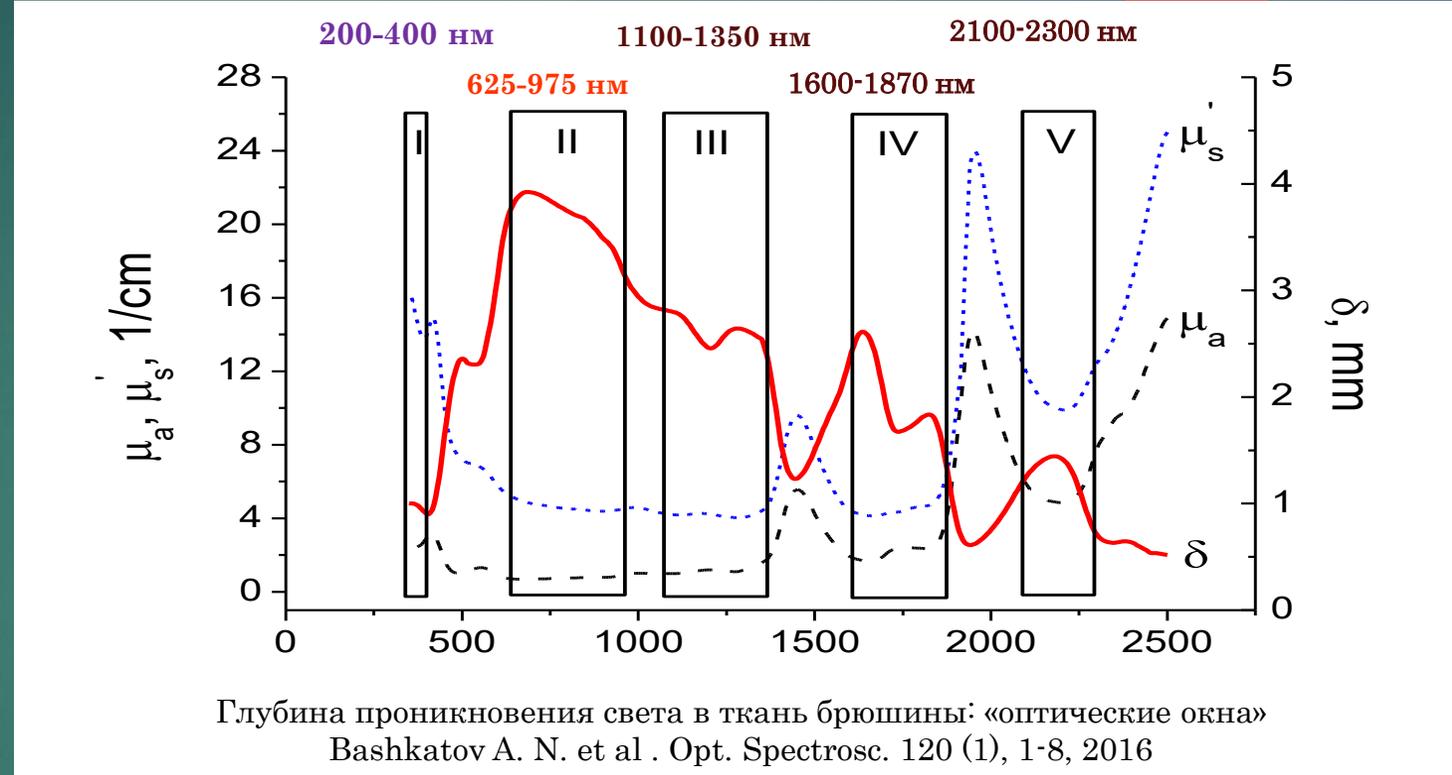
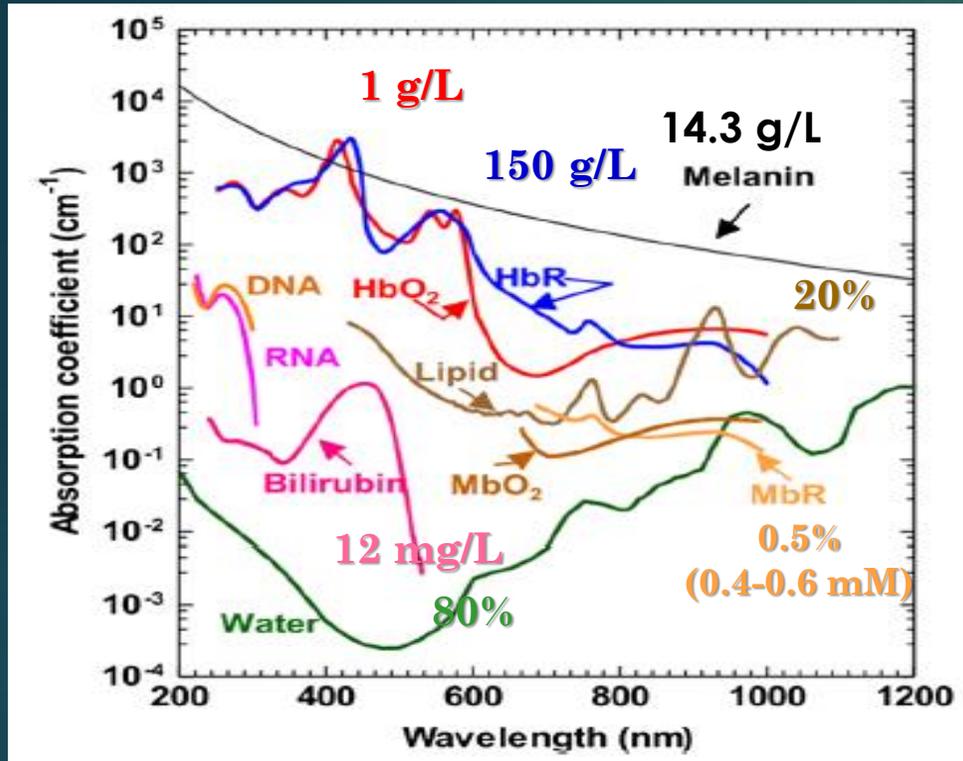
ЛИП (LIBS) картирование



Микроскопия светового листа

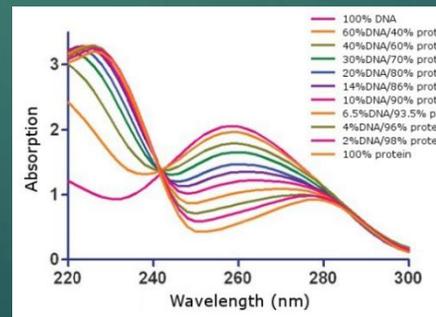
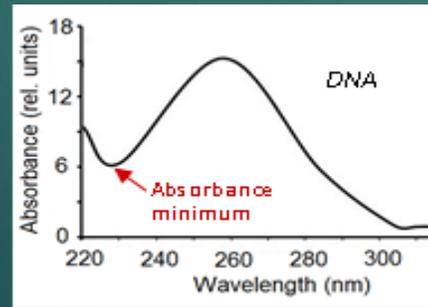
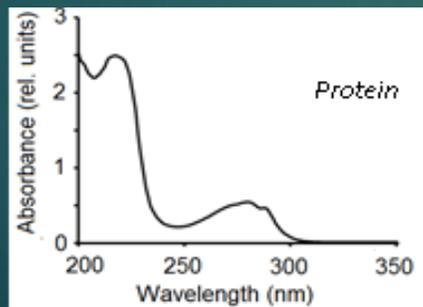


ТРАДИЦИОННЫЕ ОКНА ПРОЗРАЧНОСТИ БИОЛОГИЧЕСКИХ ТКАНЕЙ



Глубина проникновения света в ткань брюшины: «оптические окна»
Bashkatov A. N. et al . Opt. Spectrosc. 120 (1), 1-8, 2016

Y. Zhou, et al. J. Biomed. Opt. 21(6), 061007 (2016)



$$\delta = 1 / \sqrt{3\mu_a (\mu_a + \mu'_s)}$$

Motivation: Challenges of Optical Imaging and Treatment

1 - 2 mm

Soft limit $\sim \delta$

$$\delta = 1/\sqrt{3\mu_a(\mu_a + \mu'_s)}$$

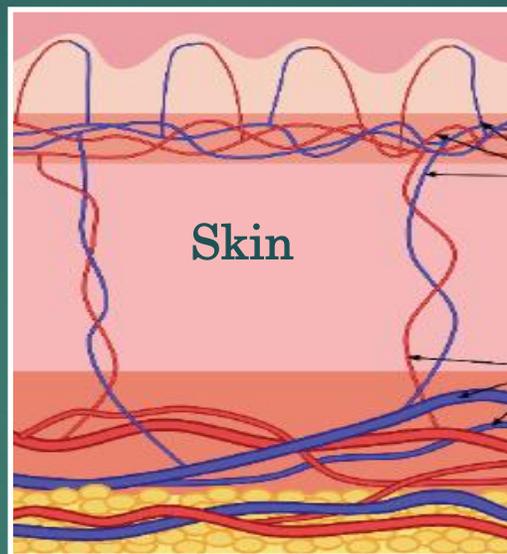
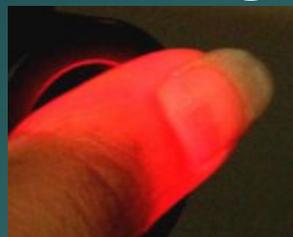
Hard limit $\sim 10 \delta$

Ballistic photons:

Bouguer-Beer-Lambert law:

$$I = I_0 \exp[-(\mu_a + \mu_s) d]$$

$$\text{MFP} = l_{ph} = 1/(\mu_a + \mu_s)$$



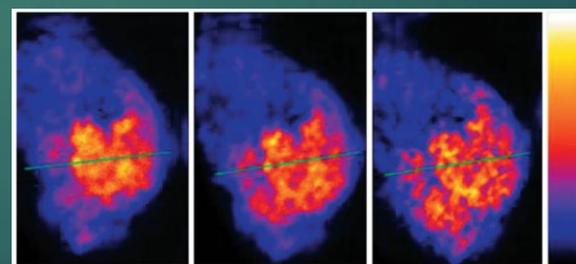
OM, SNOM

CFM, 2PM, SHM, etc.

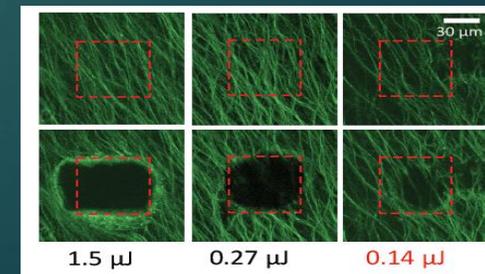
OCT

DOT,
UOT, PAT

- OM: Optical microscopy
- SNOM: Scanning near-field optical microscopy
- CFM: Confocal microscopy
- 2PM: Two-photon microscopy
- SHM: Second harmonic microscopy
- OCT: Optical coherence tomography
- DOT: Diffuse optical tomography
- UOT: Ultrasound-modulated optical tomography
- PAT: Photoacoustic tomography

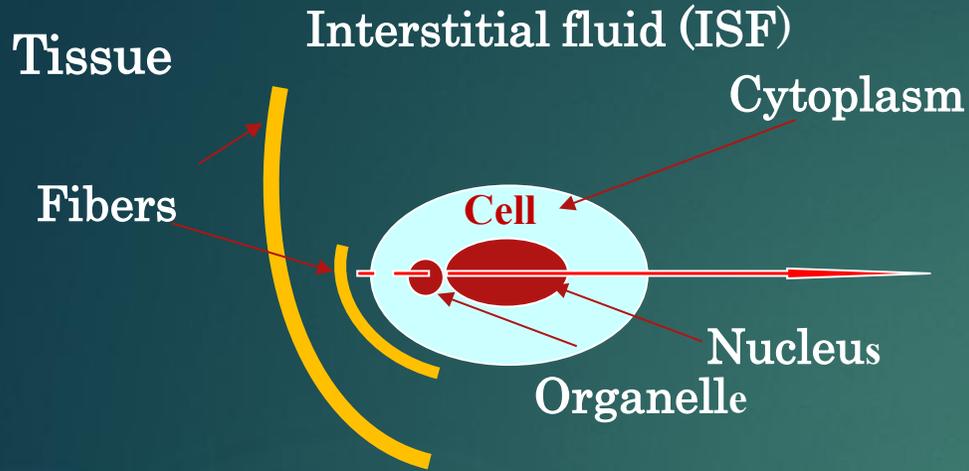


Fluorescence
cancer cell imaging

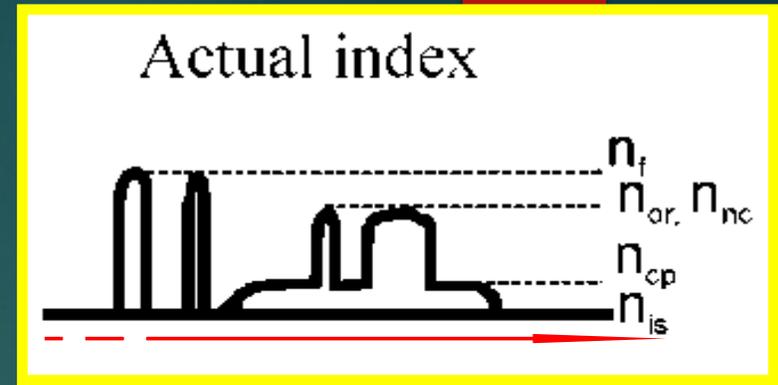


Femtosecond Laser
Treatment

Immersion Optical Clearing (OC) Method



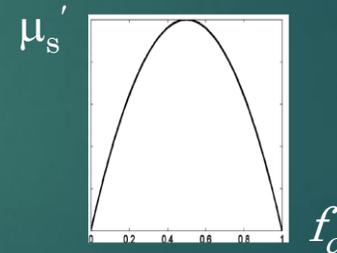
$$m \equiv n_s/n_0$$



$$\mu'_s = \mu_s(1-g) \sim d^2 \rho (d/\lambda)^{0.37} (m-1)^2$$

- 1) **OCA** diffusion into tissue/cell leads to replacement tissue/cell water by an OCA
- 2) Tissue/cell temporal/reversible **dehydration** caused by osmotic action of an OCA is followed by tissue/cell **shrinkage**: less **thickness** and better **ordering** of collagen fibers or cell skeleton with volume fraction $f_c(t)$

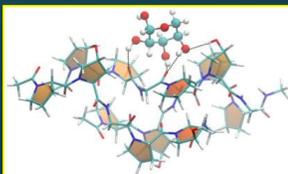
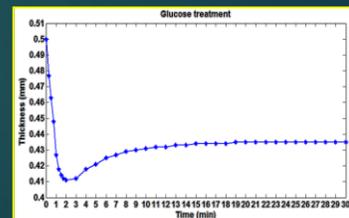
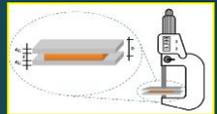
$$\mu'_s = \mu_s(1-g) \sim [1-f_c(t)]^3/[1+f_c(t)]$$



The main mechanisms of OC:

- 1 - **Refractive index matching** of tissue/cell components and ISF/cytoplasm
- 2 - Cell temporal/reversible **dehydration**
- 3 - Collagen molecules reversible **dissociation**

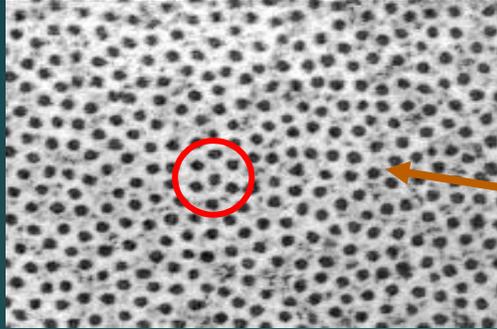
OCT



ПРОСТРАНСТВЕННАЯ КОРРЕЛЯЦИЯ КОЛЛАГЕНОВЫХ ВОЛОКОН

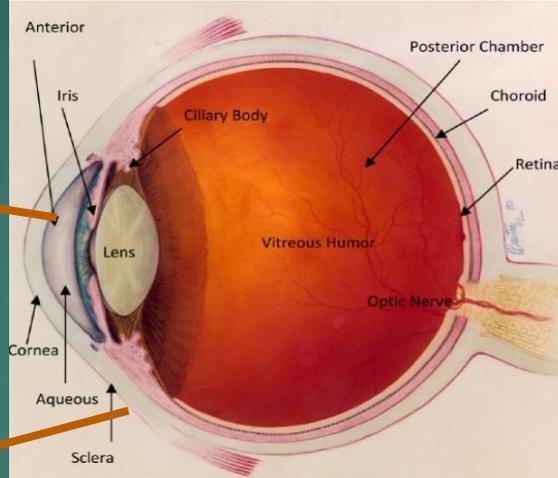
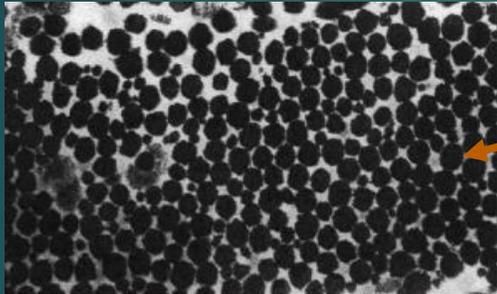
Диаметр 30.8 ± 0.8 нм, расстояние 55.3 ± 4.0 нм, $m=1.47/1.35$

СЭМ :
Роговица



Диаметр 25-230 нм, средний 100 нм, $m=1.47/1.35$

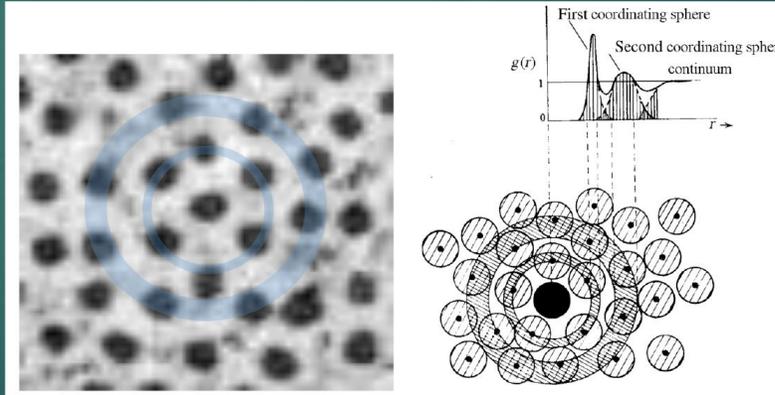
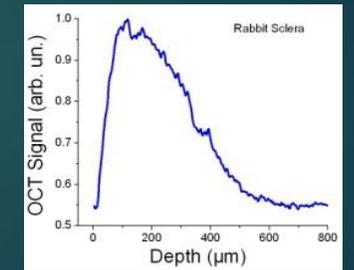
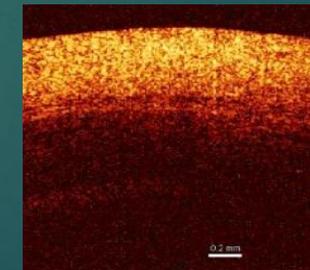
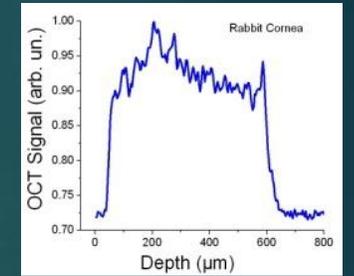
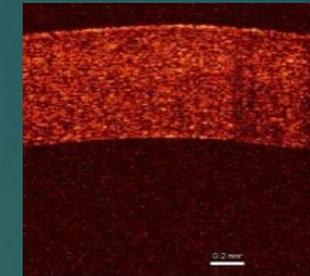
Склера



ОКТ :

Примеры прозрачных и мутных (рассеивающих) тканей

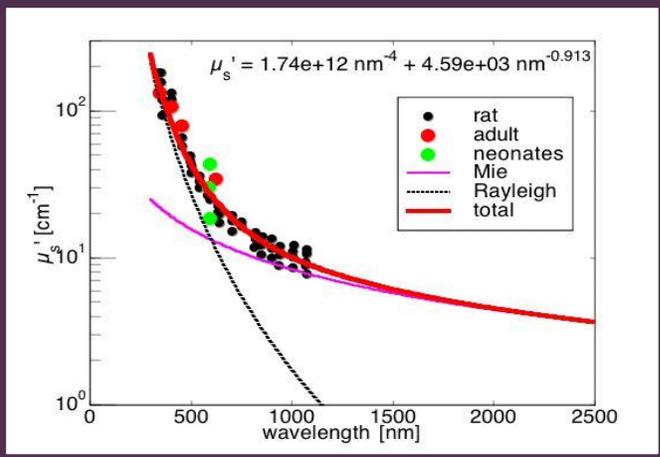
ОКТ изображения и А-сканы



V.V. Tuchin, Polarized light interaction with tissues (tutorial), JBO 21(7), 071114 (2016)

M.G. Ghosn, V. V Tuchin, K. V. Larin, IOVS, 2007

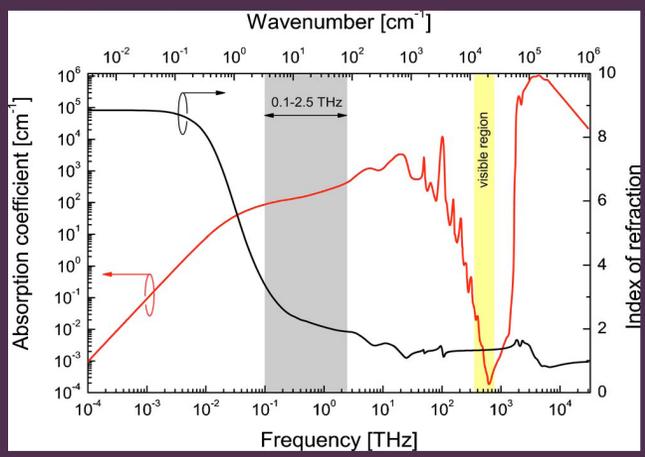




Optical clearing method helps to reduce scattering of tissues

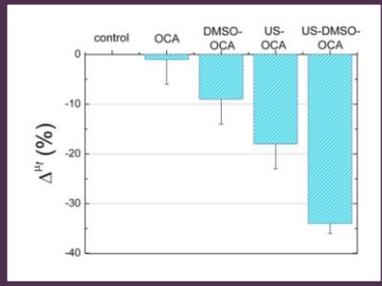
$$\mu_s' = \mu_s(1-g) \sim d^2 \rho (d/\lambda)^{0.37} (m-1)^2$$

$$m \equiv n_s/n_0$$

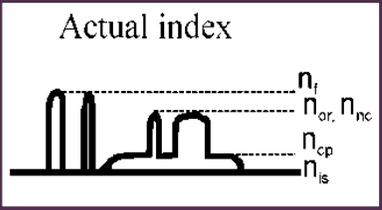


Dehydration mechanism

Rat skin *in vivo*

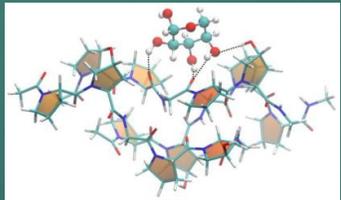


Refractive index matching mechanism



Optical clearing agents

- Hyperosmotic agents:**
- ❖ Glucose
 - ❖ Sorbitol
 - ❖ Glycerol
 - ❖ Polyethylene glycol
 - ❖ Propylene glycol
 - ❖ Dimethyl sulfoxide

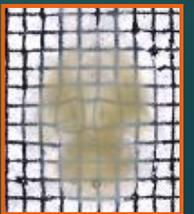
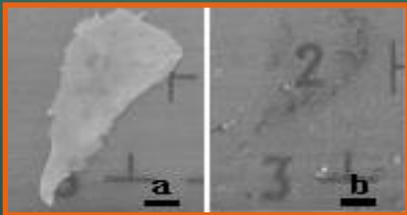


- Isosmotic solutions:**
- ❖ X-ray contrast agents: iohexol, iodixanol
 - ❖ MRI contrast agents: gadobutrol, etc.

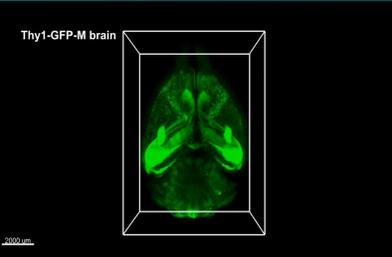


The Invisible Man
Herbert G. Wells, 1897

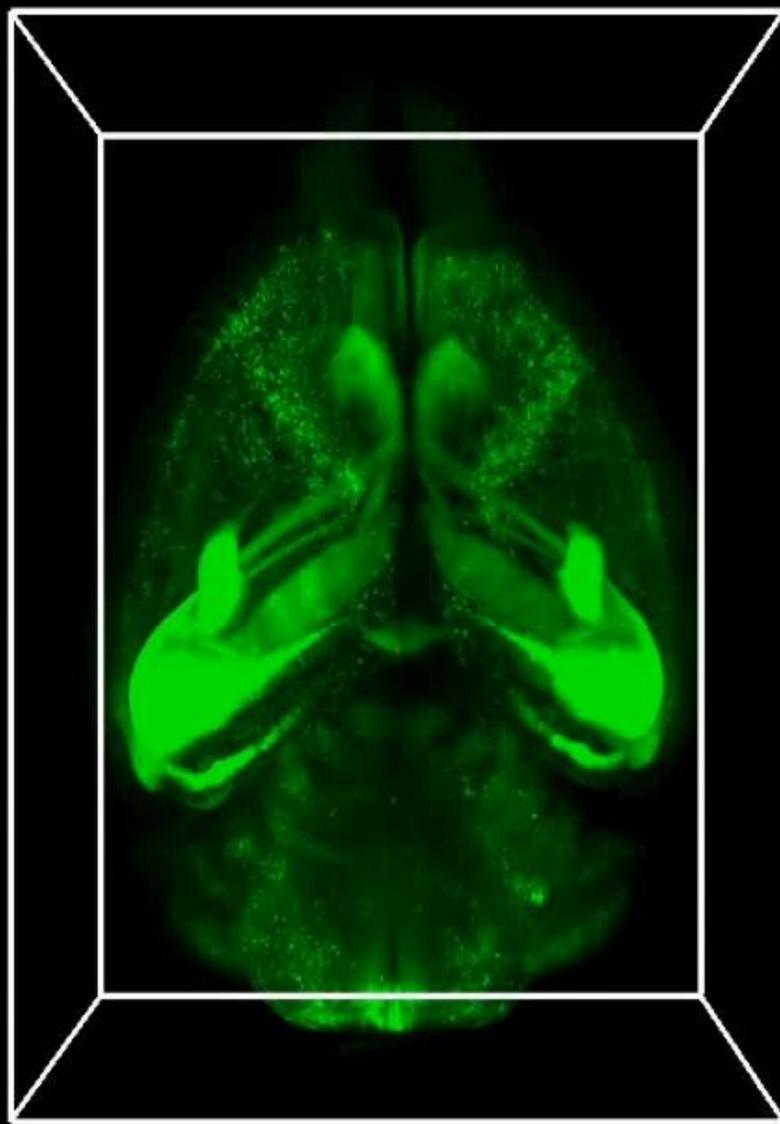
Journal of Biomedical Optics 2(4), 04-17 (October 1997)
LIGHT PROPAGATION IN TISSUES WITH CONTROLLED OPTICAL PROPERTIES
Valery V. Tuchin,^{1,2} Irina L. Maksimova,^{1,2} Dmitry A. Zimnyakov,^{1,2} Irina L. Kon,^{3,4} Albert H. Mavlotov,⁵ and Aleksey A. Mishin⁶
¹Saratov State University, Astrakhanskaya St, Saratov 410026, Russia; ²Russian Academy of Science, Institute of Precision Mechanics and Control, Balashovaya St, Saratov 410028, Russia; ³Russian Academy of Science, Institute of Radio Engineering and Electronics, Saratov Branch, Saratov 410019, Russia; ⁴Saratov Medical University, Saratov 410071, Russia
[Paper JBO-136 received Jan. 16, 1997; revised manuscript received June 10, 1997; accepted for publication July 24, 1997.]



From Dan Zhu, HUST



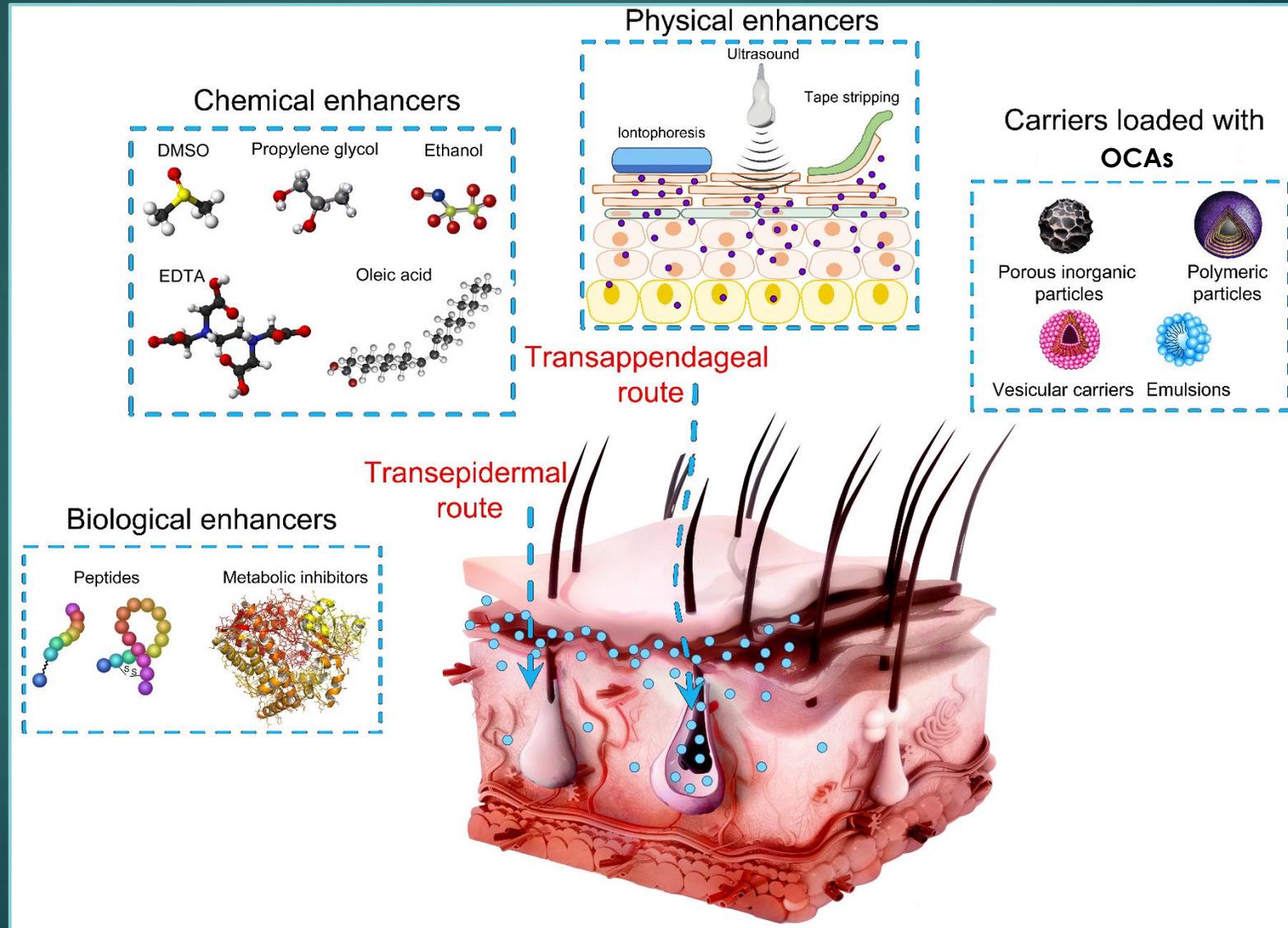
Thy1-GFP-M brain

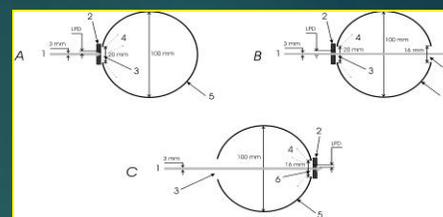
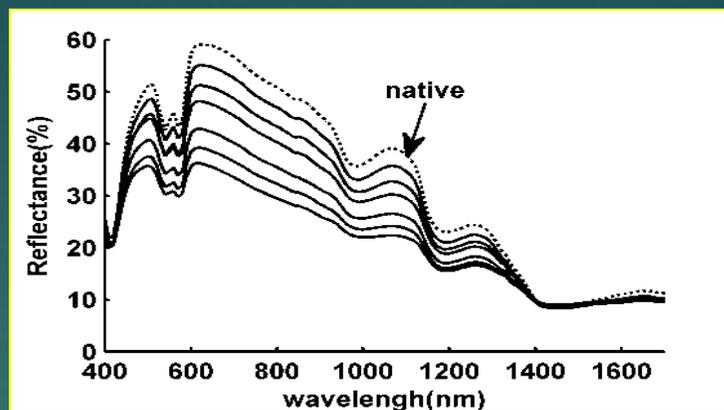
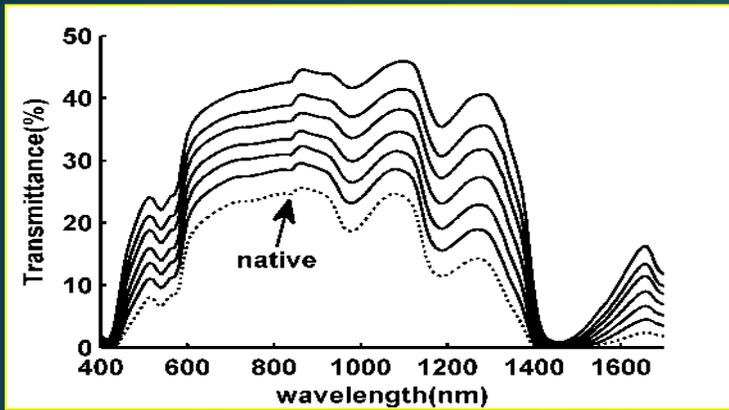


2000 um

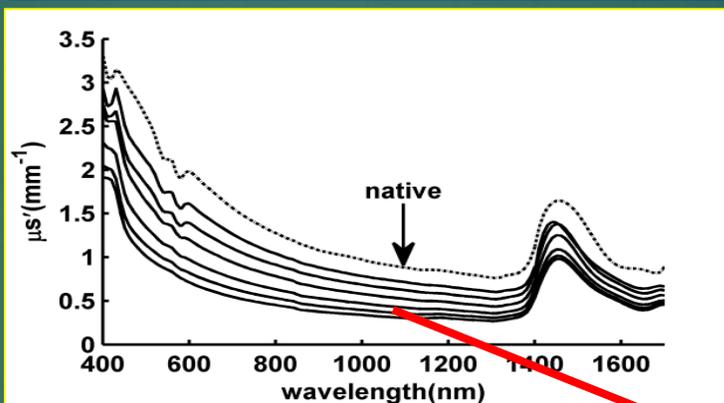
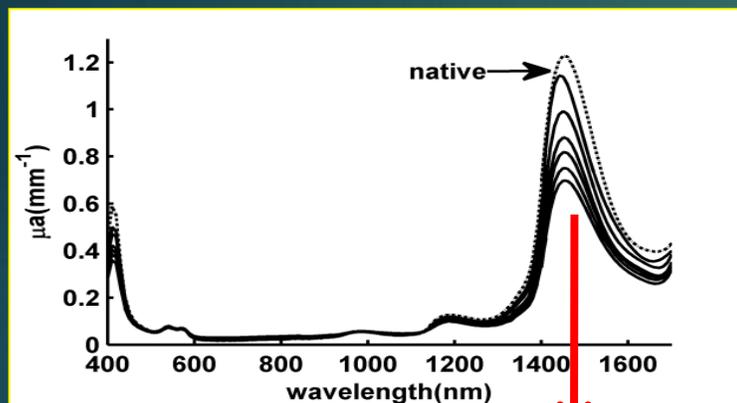
Enhancers for *in vivo* delivery of OCAs through biological membranes

E.V. Lengert, E. E. Talnikova, V. V. Tuchin, Yu. I. Svenskaya, Prospective strategies for enhanced intra- and transdermal delivery of antifungal drugs, *Skin Pharmacology and Physiology* 33, 261–269 (2020)

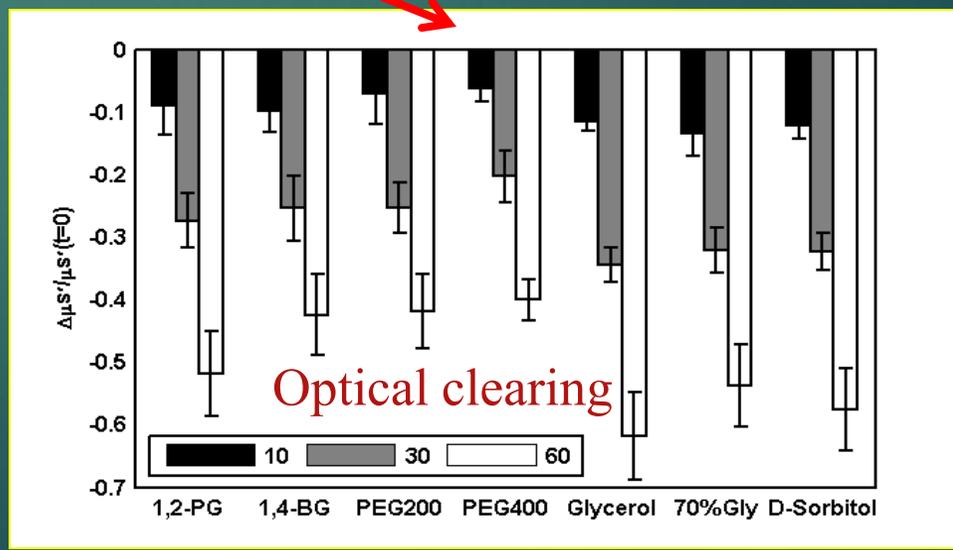
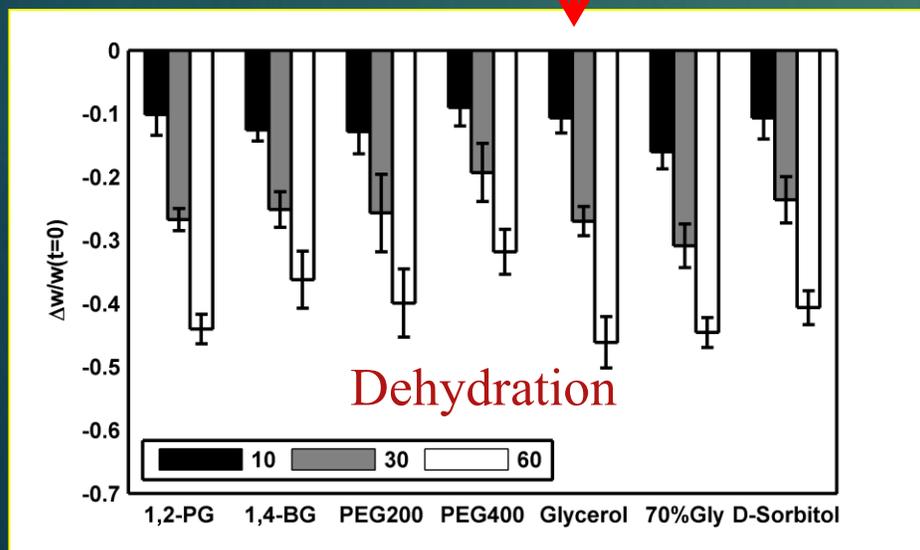




T. Yu, X. Wen, V.V. Tuchin, Q. Luo, D. Zhu, *J. Biomed. Opt.* 16 (2011)

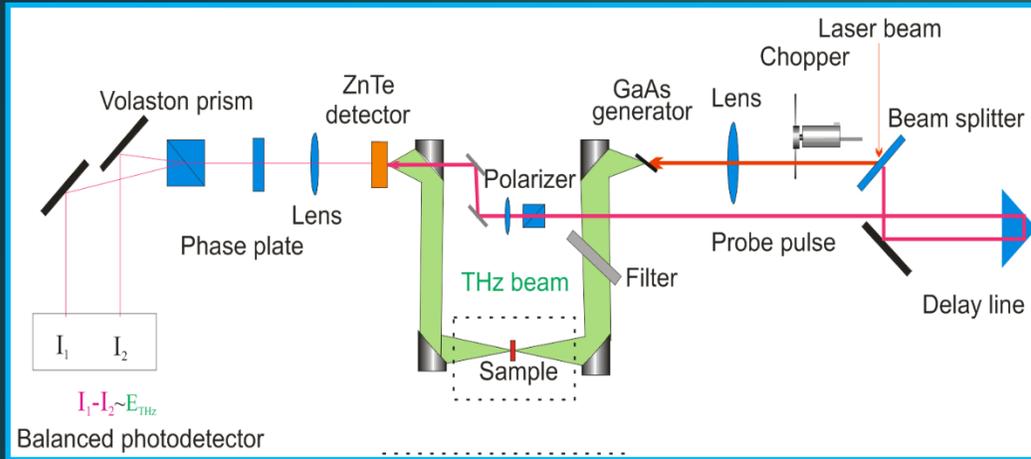


Pig skin sample before and after treatment by Propylene glycol 1,2-PG at time intervals of 0 (native), 10, 20, 30, 40, 50 and 60 min

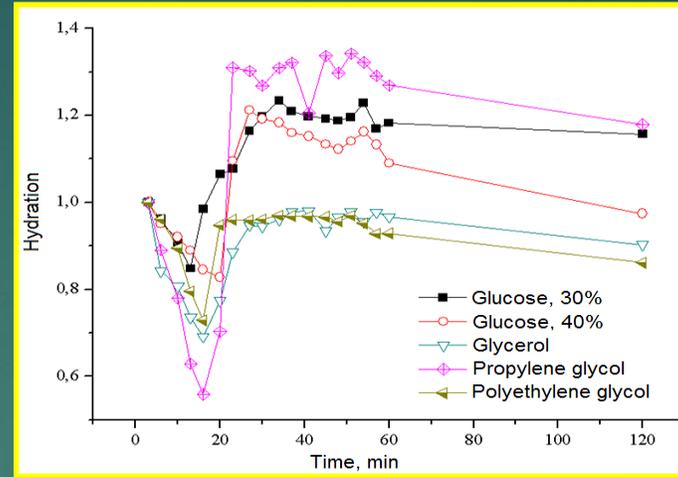


Optical clearing in THz range

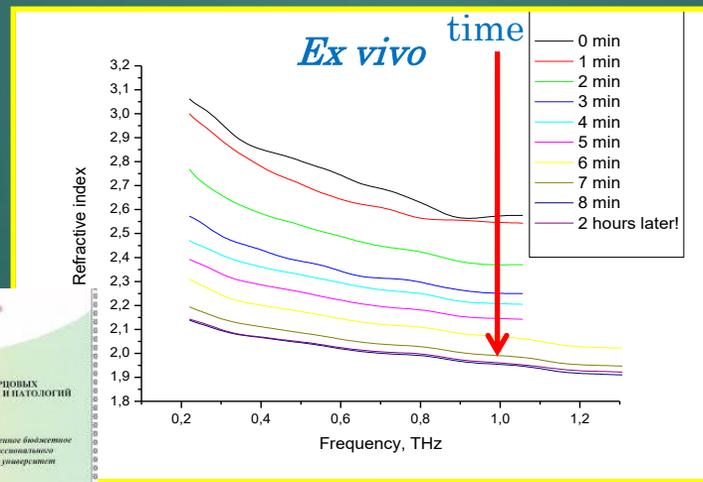
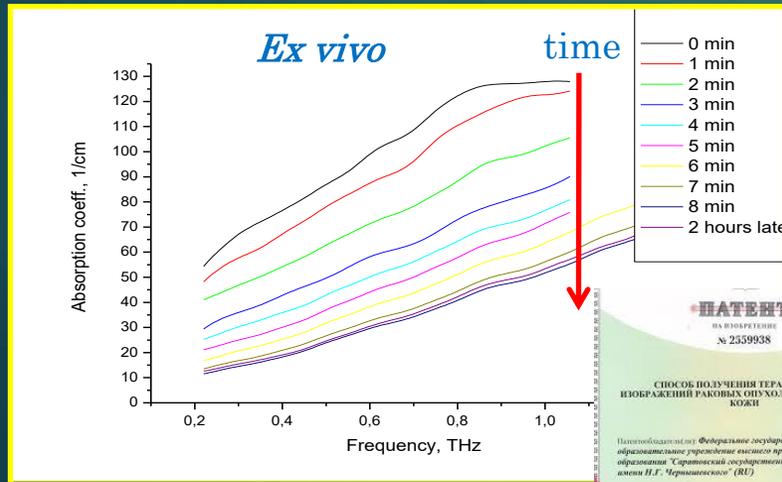
Enhancement of the probing depth in tissues using optical clearing techniques



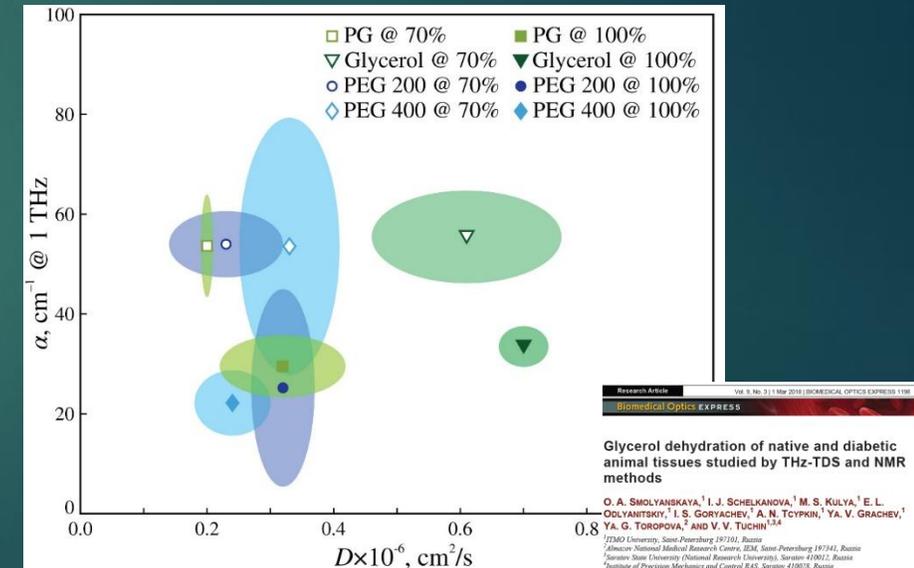
THz Time-Domain Spectrometer



Human skin *in vivo* dehydration by different OCAs: alternative measurements

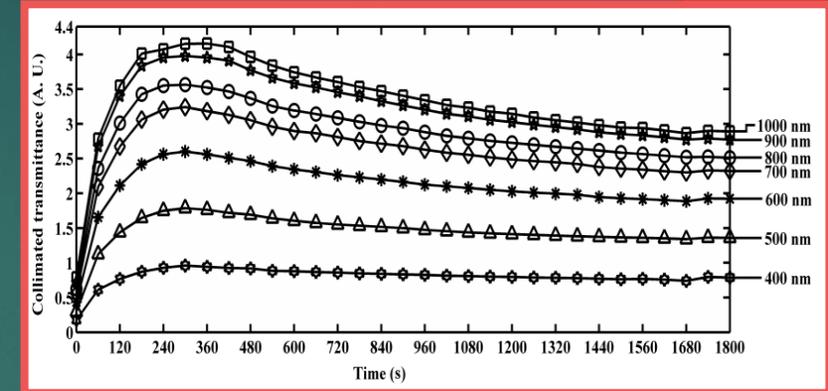
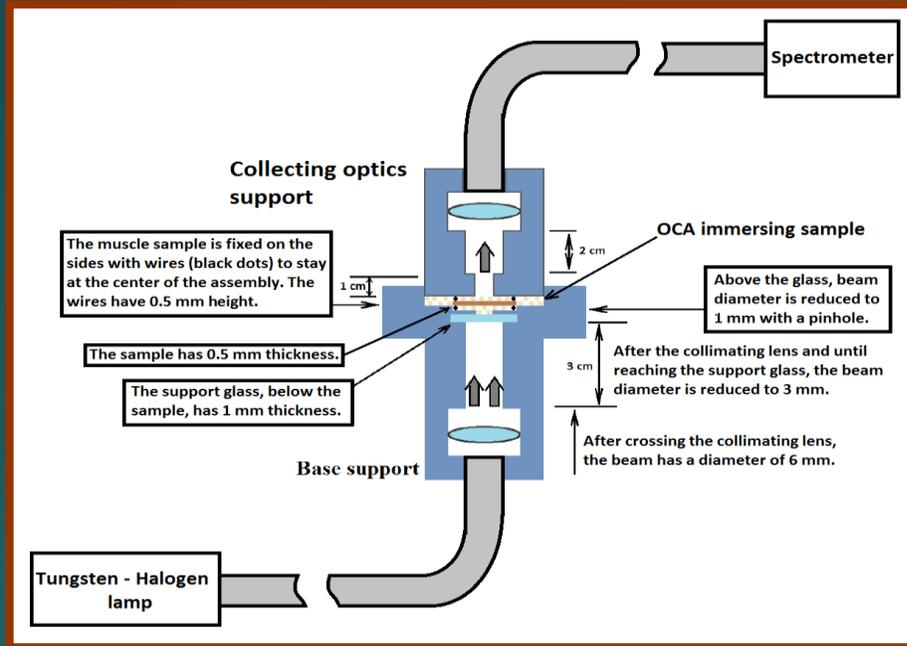


Bovine muscle tissue dehydration by glycerol measured using THz spectrometer in transmittance mode

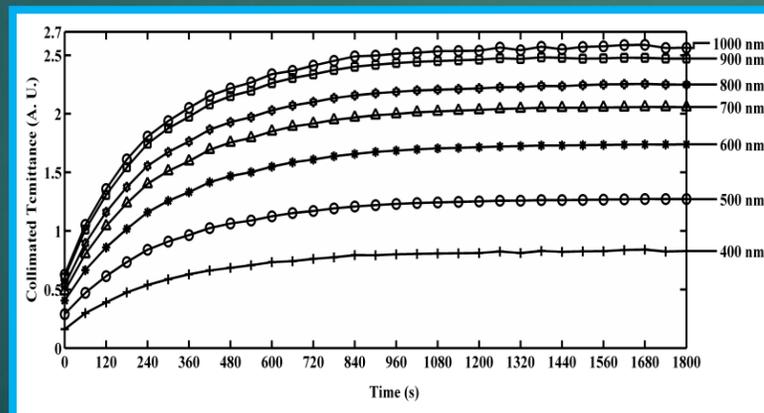


G.R. Musina et al., *J. Biophotonics* 13, e202000297 (2020)

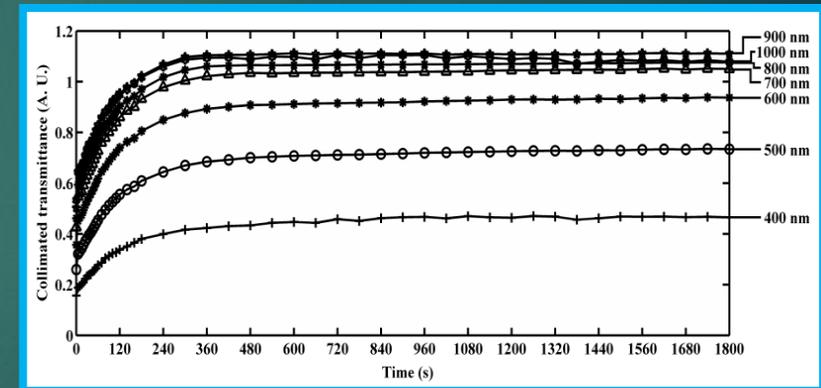
Time dependence for collimated transmittance for the rat muscle treatment with glucose (L.Oliveira, et al. *JIOHS*, Vol. 6, No. 2, 1350012, 2013; *JBO*, 2015)



Glucose 20%



Glucose 40%

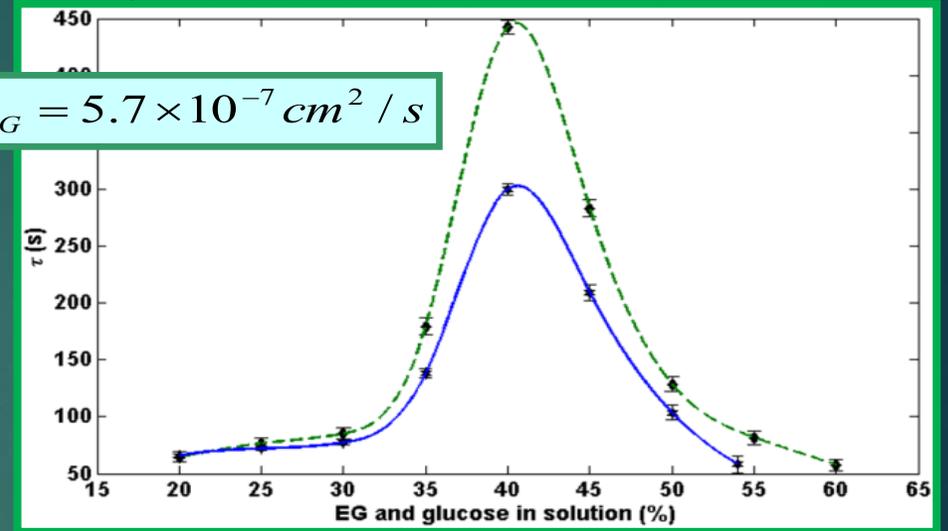
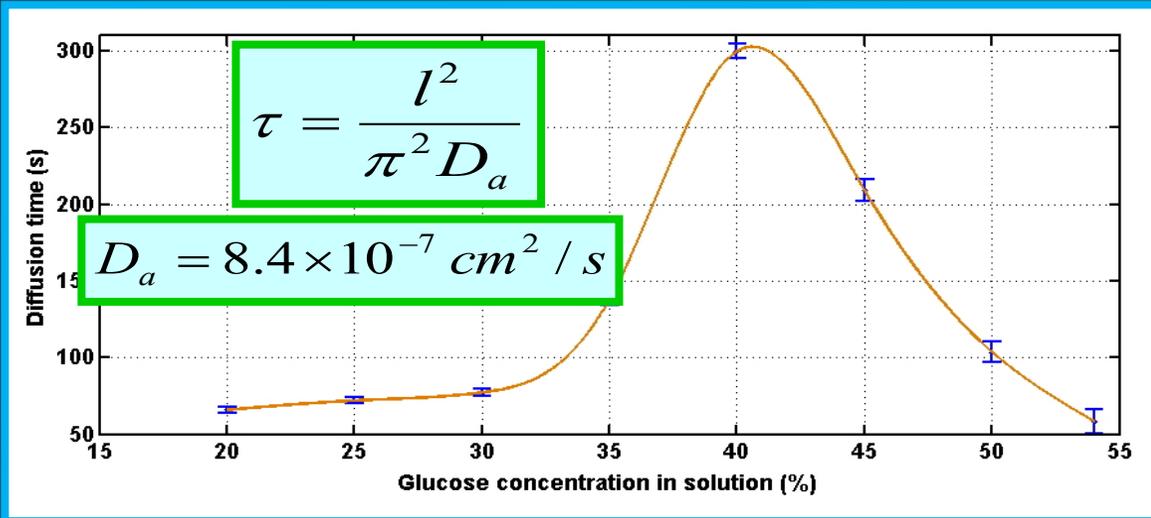


Glucose 50%

$$T_c(\lambda) \propto 1 - \exp\left(-\frac{t}{\tau}\right)$$

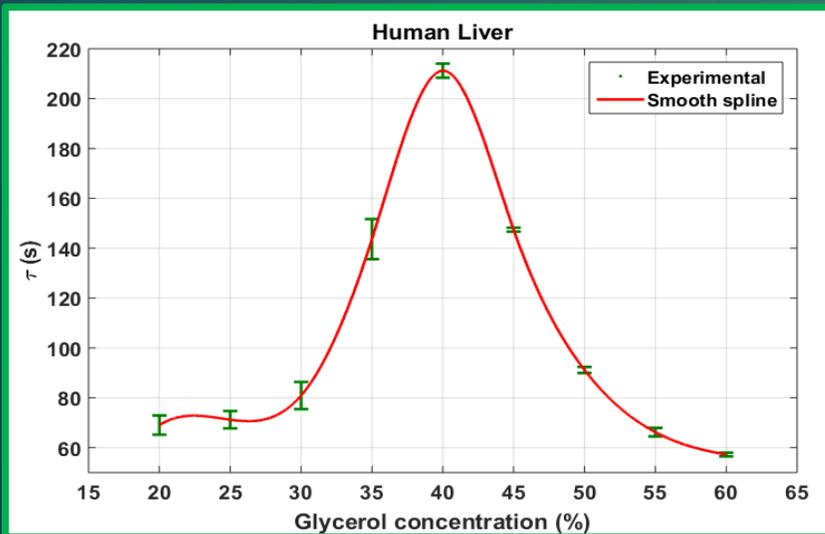
Diffusion time of Glucose and Ethylene Glycol in rat muscle

(L.Oliveira, M.I. Carvalho, E. Nogueira, V. V. Tuchin, *Laser Physics*, 2013, *JBO*, 2015)



$$f_{water\ natural} = f_{bound\ water} + f_{free\ water} = 0.161 + 0.595 = 0.756$$

$$f_{solid\ part} = 0.244$$

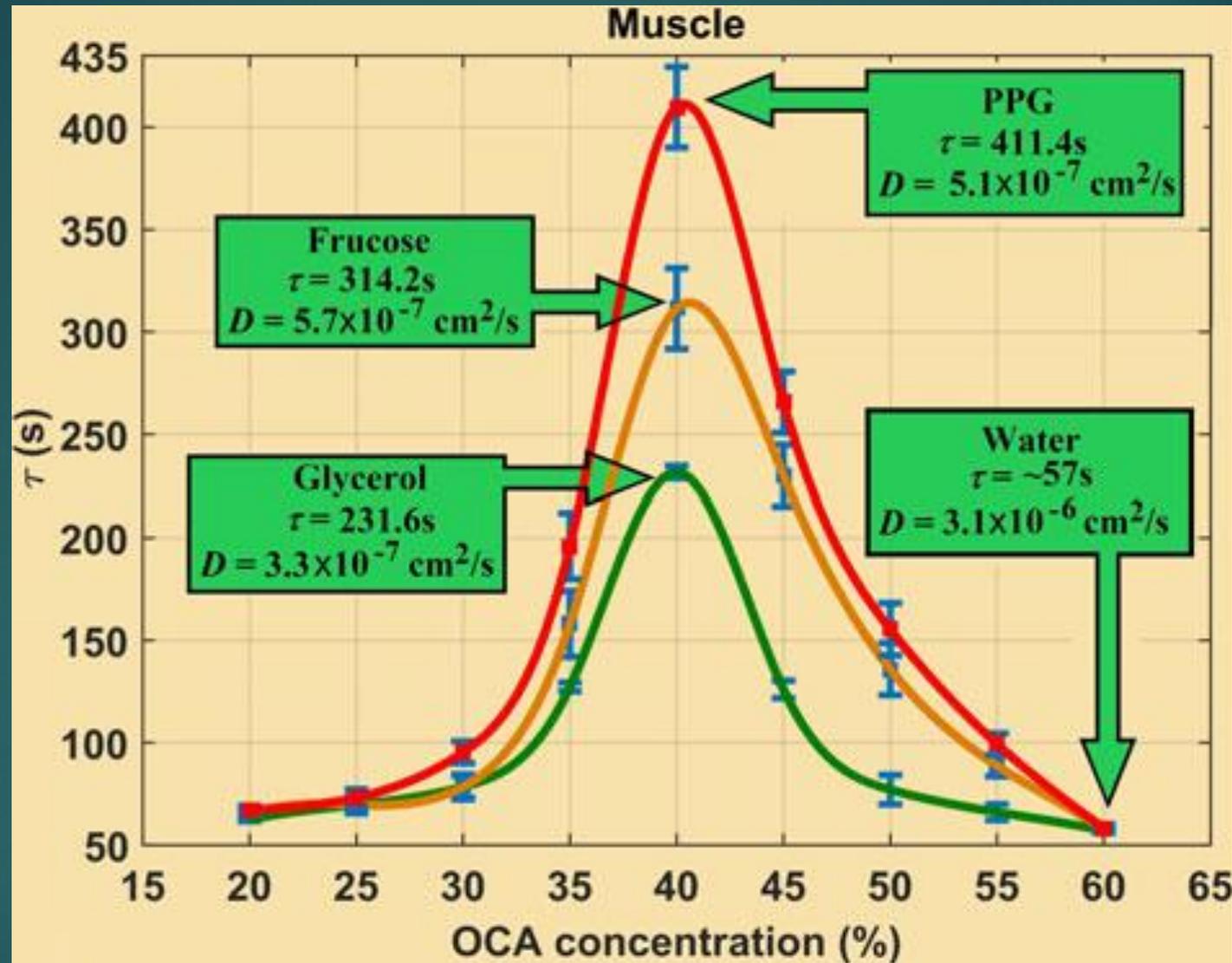


Evaluation of Water Content in Human Liver

I. Carneiro, S. Carvalho, R. Henrique, L. Oliveira, V. V. Tuchin, Simple multimodal optical technique for evaluation of free/bound water and dispersion of human liver tissue *J. Biomed. Opt.* 22(12), 125002 (2017)



Glycerol-Water Solution



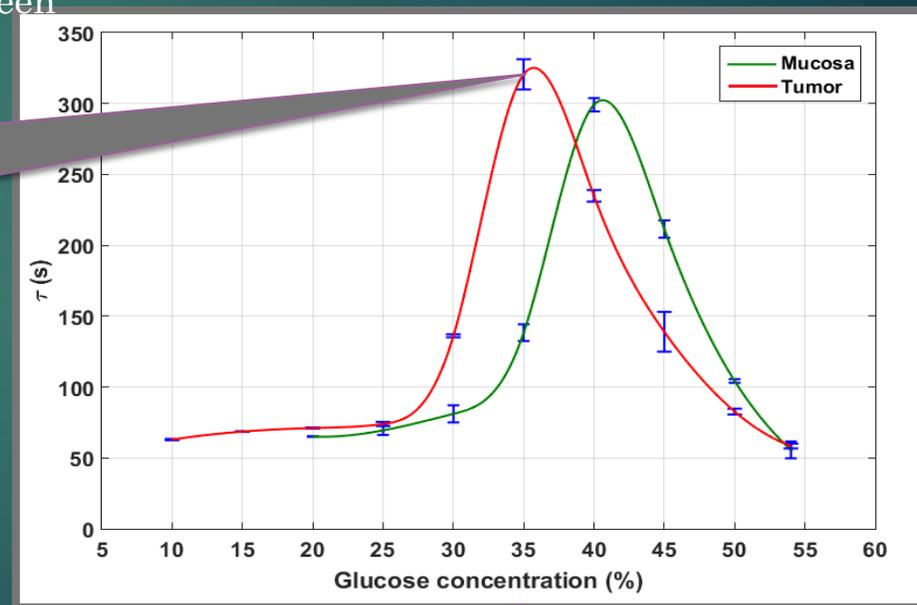
I. Carneiro, S. Carvalho, R. Henrique, L. M. Oliveira, V. V. Tuchin, A robust *ex vivo* method to evaluate the diffusion properties of agents in biological tissues, *J. Biophotonics* 12(4), e201800333 (2019)

Diffusion time for healthy colon mucosa and tumor

Tissue type	Healthy mucosa									
OCA concentration	10%	15%	20%	25%	30%	35%	40%	45%	50%	54%
Diffusion time , s			65.1	69.4	81.1	138.4	299.2	211.5	104.3	55.7
SD			0.2	3.2	6.1	5.9	4.7	6.1	1.3	5.9
Tissue type	Tumor									
Diffusion time , s	62.9	68.6	71.1	73.9	136.1	320.6	234.9	139.0	82.7	58.4
SD	0.5	0.2	0.5	1.5	1.1	10.6	4.1	14.0	2.0	1.7

(L. Oliveira *et al*, Glucose diffusion in colon mucosa – a comparative study between healthy and cancerous tissue, *J. Biomed. Opt.* 22(9), 091506 (2017))

Tumor has ~5% more free-water content than healthy mucosa
 Glucose takes more time to diffuse in tumor than in healthy mucosa



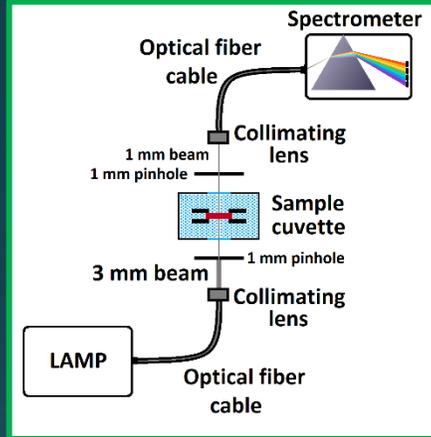
Software : P. Peixoto, L. Oliveira, M. I. Carvalho, E. Nogueira, and V.V. Tuchin, Software development for estimation of optical clearing agent's diffusion coefficients in biological tissues, *J. Biomed. Photonics & Eng* 1(4) 255, 2016

Normal mucosa shows similar results to muscle tissue (Oliveira *et al*, 2013)

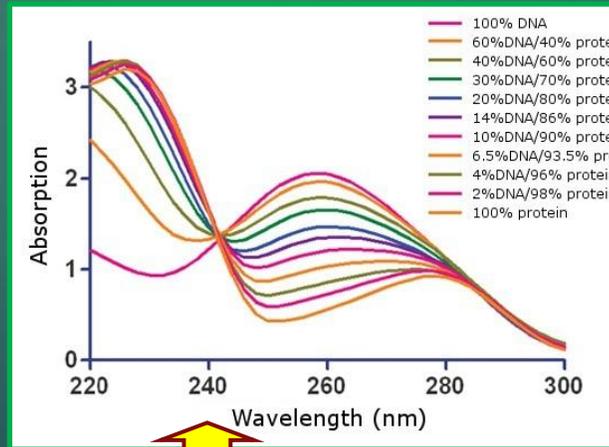
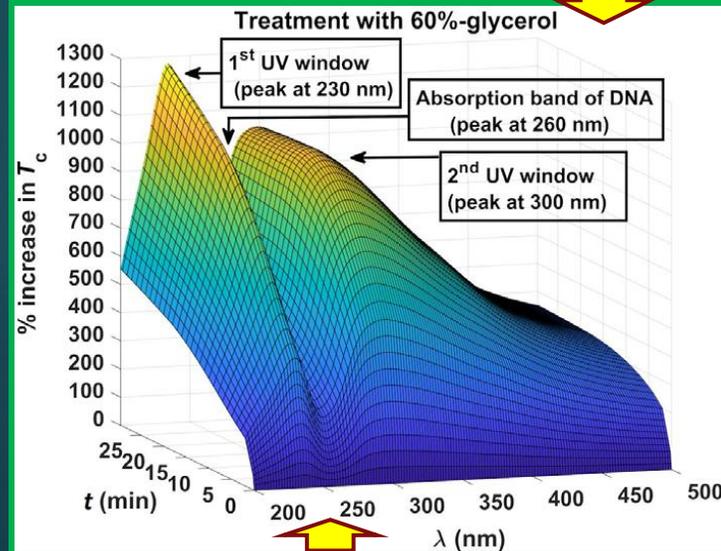
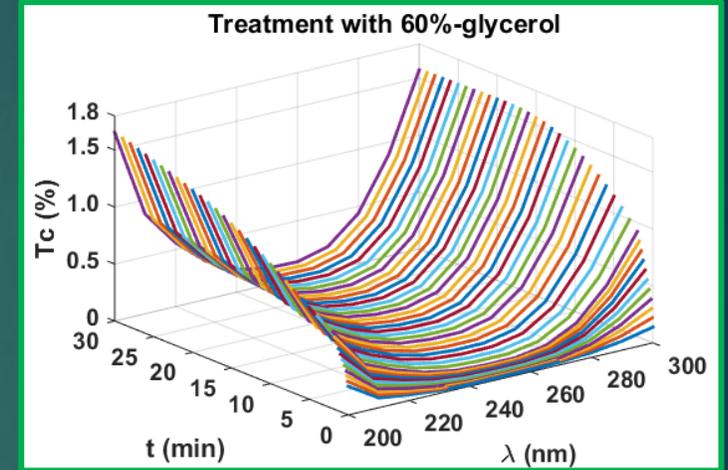
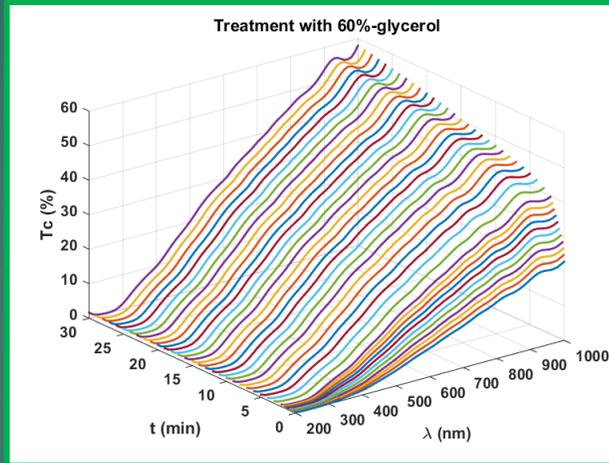
Creation of UV window

I. Carneiro, S. Carvalho, R. Henrique, L. M. Oliveira, V. V. Tuchin, Moving tissue spectral window to the deep-ultraviolet via optical clearing, *J. Biophotonics*. 2019; e201900181.

Collimated transmittance spectra of **0.5 mm-thick tissue** samples immersed in the **glycerol** solution were measured (200-1000 nm) during 30 min treatment with a 5 s - time resolution



Surgical colorectal human specimen



The OC effect in UV improves with the increase of glycerol concentration in the solution

$$T_c(\lambda) \propto 1 - \exp\left(-\frac{t}{\tau}\right)$$

$$\tau = \frac{l^2}{\pi^2 D_a}$$

$$\% \text{ increase in } T_c = \frac{T_c(\lambda, t) - T_c(\lambda, t = 0)}{T_c(\lambda, t = 0)} \times 100\%$$

Why is Glycerol good for use as a deep UV OCA?

M. N. Polyanskiy.
Refractiveindex.info
database of optical
constants. *Sci. Data* 11, 94
(2024)
<https://doi.org/10.1038/s41597-023-02898-2>

Optical constants of $C_3H_5(OH)_3$ (Glycerol)

Birkhoff et al. 1978: n,k 0.0512–0.620 μm

Wavelength: μm (0.05123–0.61992) [line select](#) [unit converter](#)

Complex refractive index ($n+ik$)

Refractive index

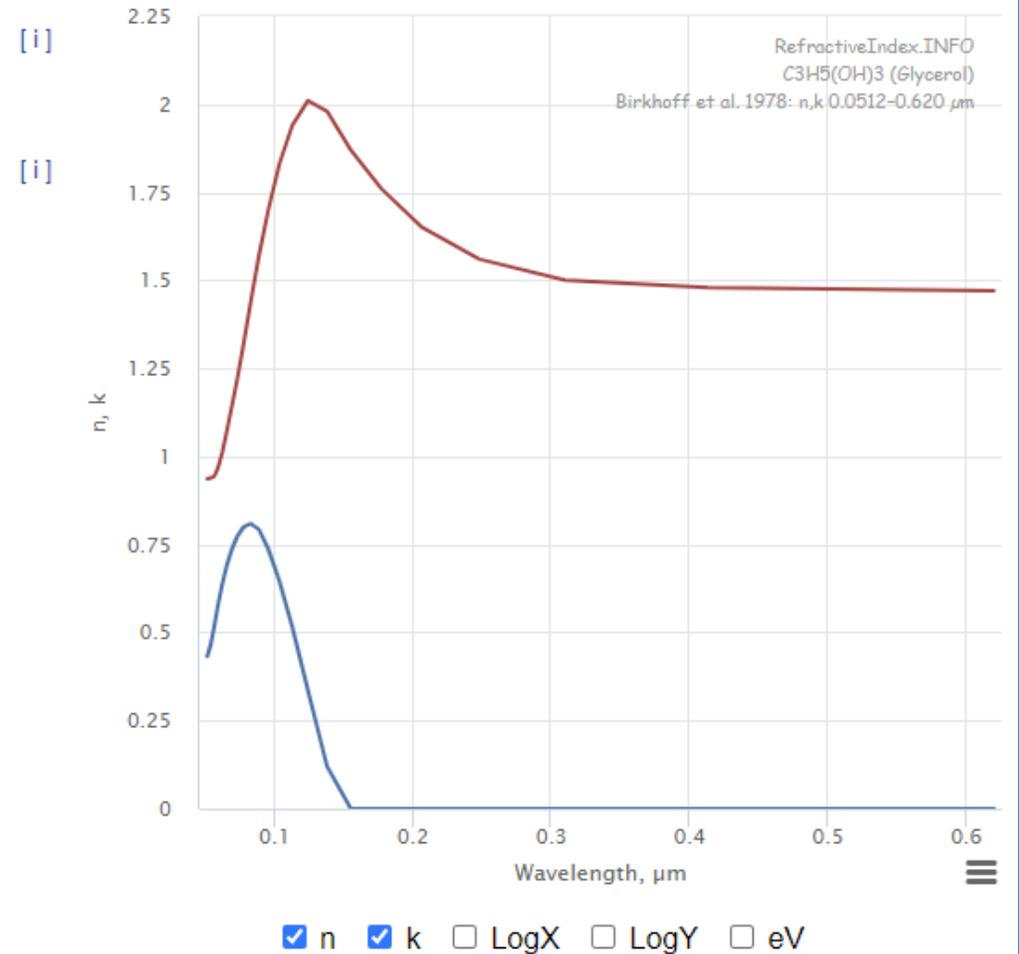
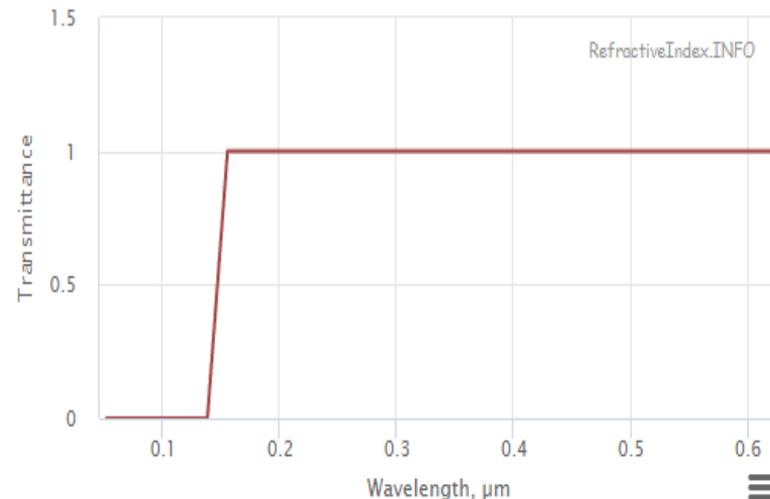
$n = 1.6747$

Extinction coefficient

$k = 0.0000$

Transmittance

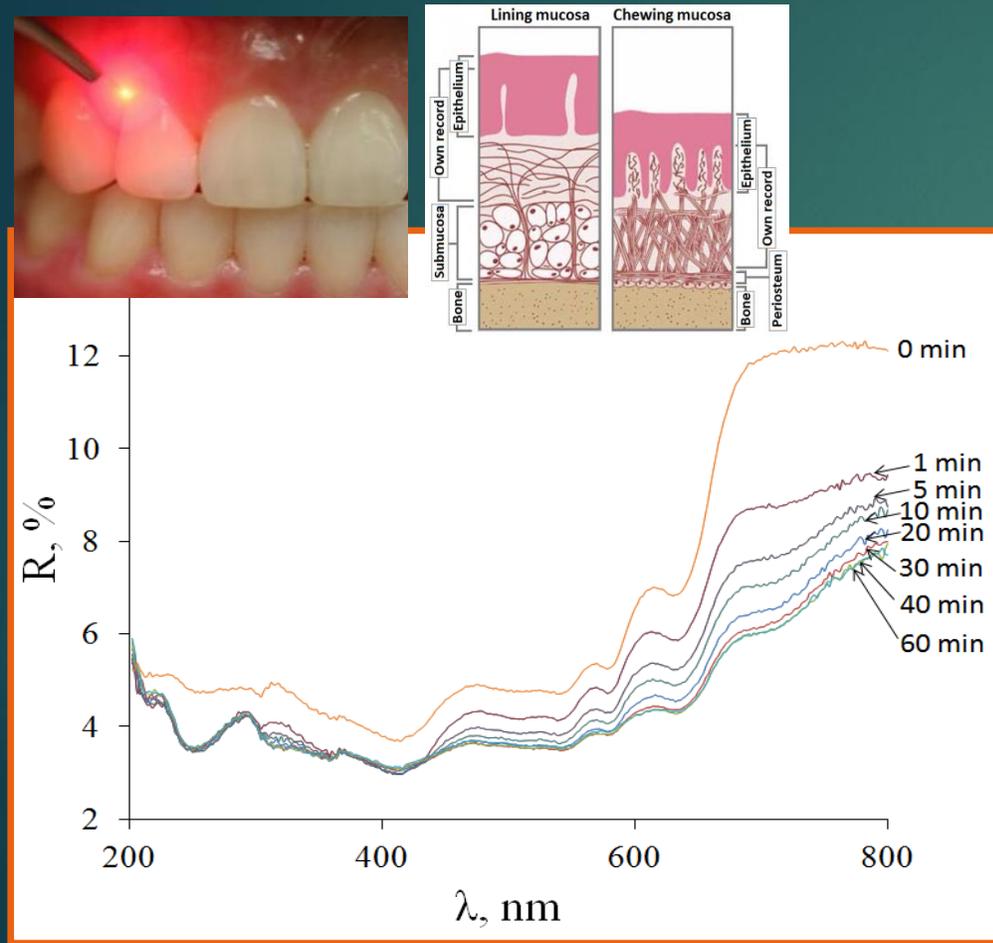
$T = 1.0000$



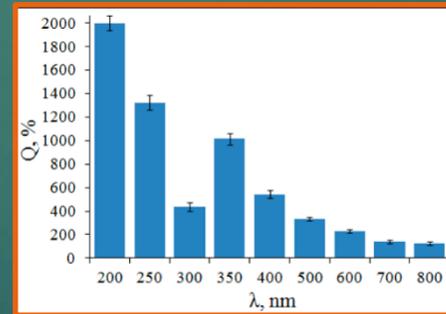
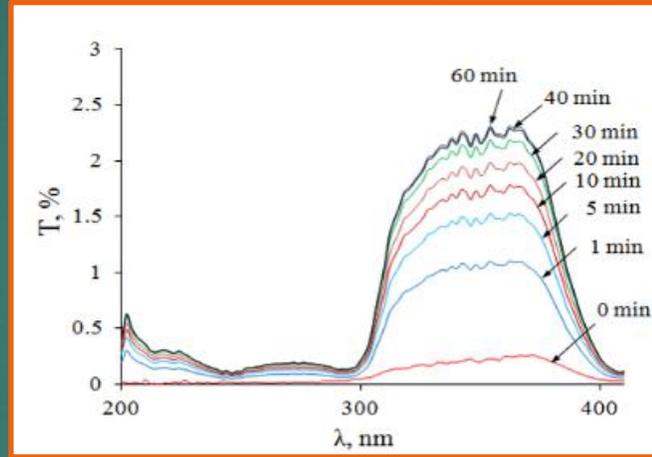
The effectiveness of human gingival tissue OC and therapy

A.A. Selifonov and V.V. Tuchin, Control of the optical properties of gums and dentin tissue of a human tooth at laser spectral lines in the range of 200 – 800 nm, *Quantum Electronics*, 50 (1), 47-54 (2020)

I. Carneiro, S. Carvalho, R. Henrique, A. Selifonov, L. Oliveira, V.V. Tuchin, Enhanced ultraviolet spectroscopy by optical clearing for biomedical applications, *IEEE Journal of Selected Topics in Quantum Electronics* 27 (4), 7200108-1-8 (2021)



OCA: 99.7% glycerol



A.A. Selifonov – PhD thesis on study of biophysics of control optical properties of biological tissue to optimize phototherapy for oral cavity diseases

The UV treatment of 120 patients with chronic stomatitis in children's clinic No. 3 in Saratov showed high efficiency for 4-6 procedures



The effectiveness of human gum OC in propylene glycol / glycerol / water mixture E-cigarette vapor liquid



The effective diffusion coefficient in human gum mucous tissue measured *in vitro*:

$$D(30/70/0) = (2.3 \pm 0.4) \cdot 10^{-6} \text{ cm}^2/\text{s}$$

$$D(50/50/0) = (2.6 \pm 0.6) \cdot 10^{-6} \text{ cm}^2/\text{s}$$

$$D(55/35/10) = (3.2 \pm 0.8) \cdot 10^{-6} \text{ cm}^2/\text{s}$$

OC of mouse scalp skin

OCA: 70%-Glycerol + 5% DMSO



Laser beam
1268 nm



Scalp
Skull
Dura

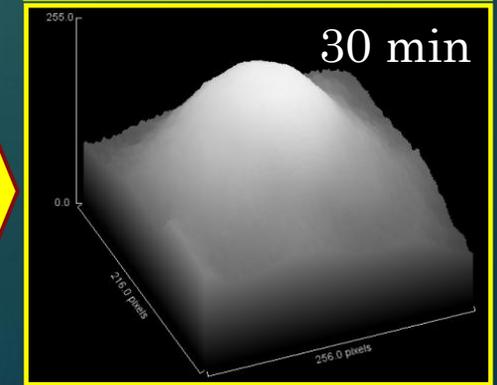
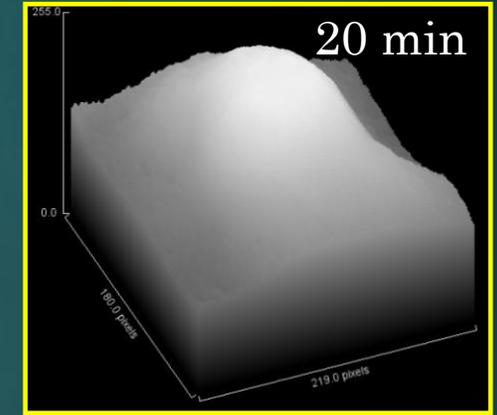
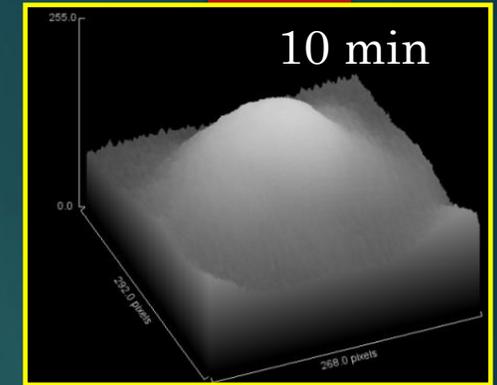
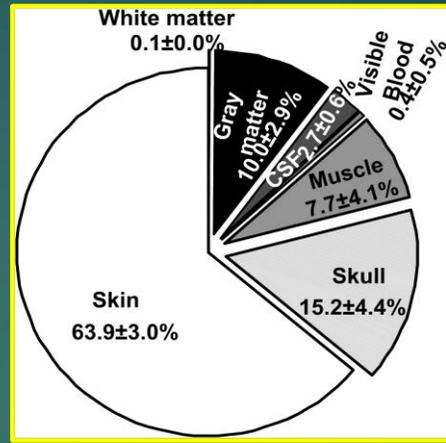
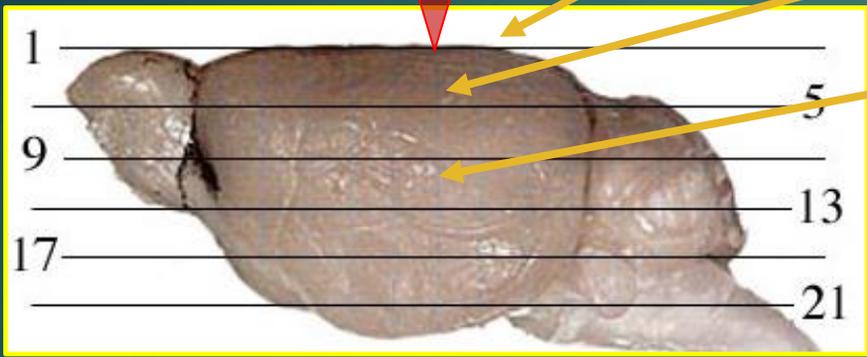
skin
bone
mater

CSF

Cortex

Gray matter

White matter

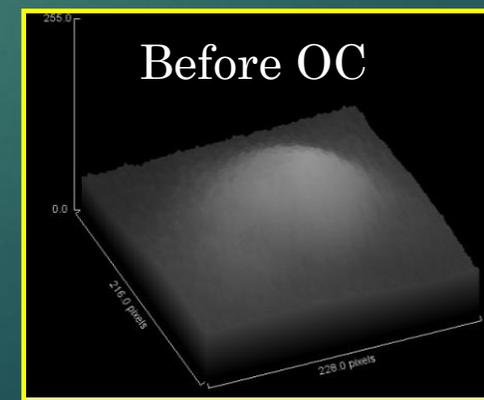


T. Li, et al. JIOHS 10(5), 1743002 (2017).

The thickness of the mouse head from skin surface to plane 13 was 7 mm

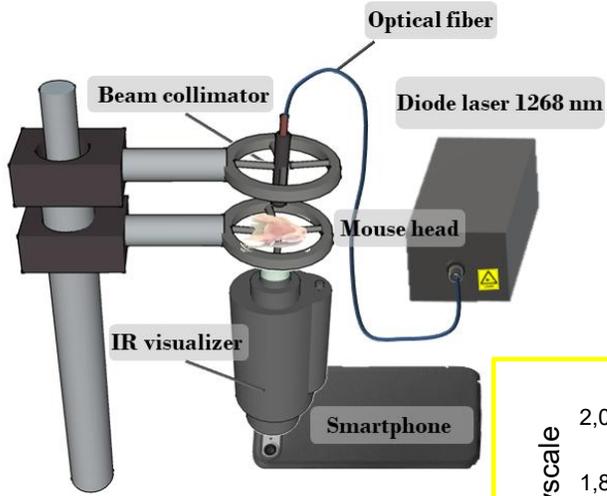


- Optogenetics
- Biomodulation
- Imaging

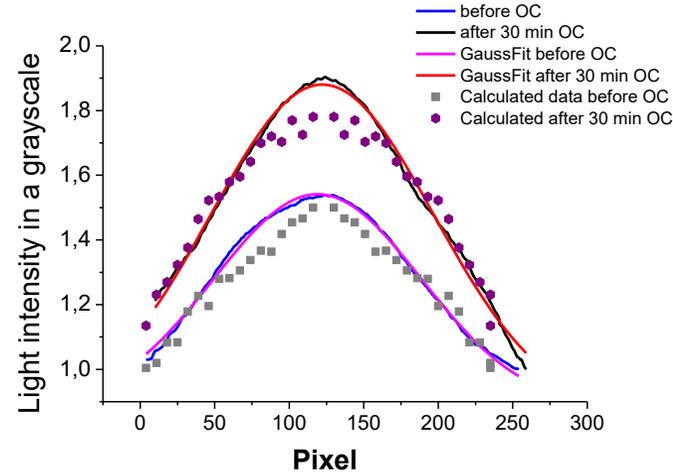


Monte Carlo simulation of radiative transfer for a four-layer mouse head model

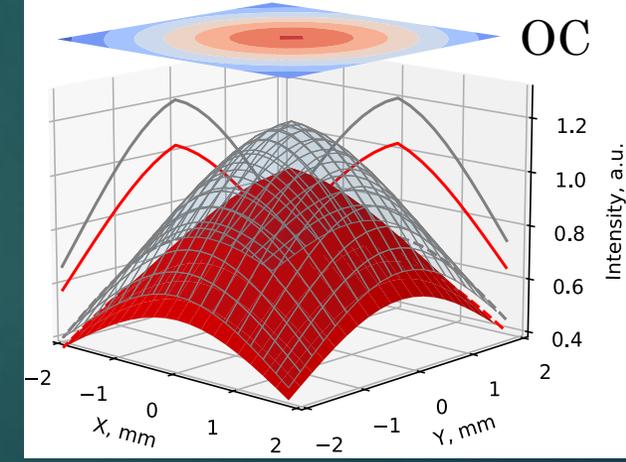
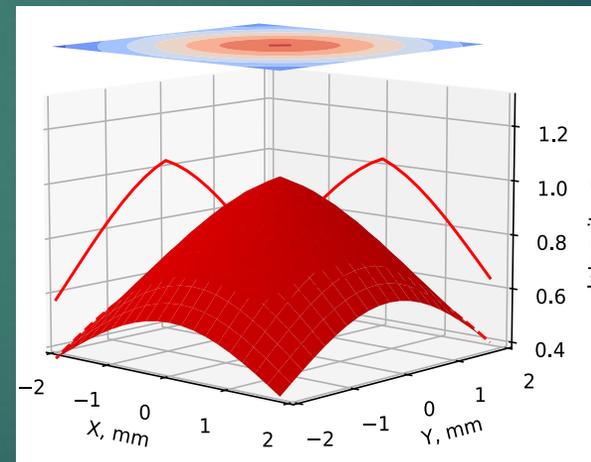
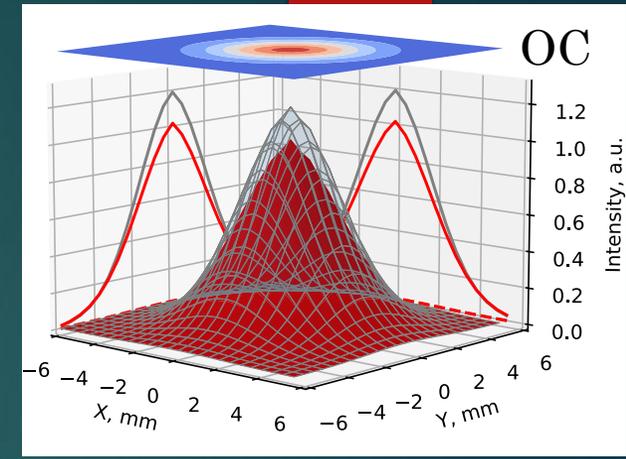
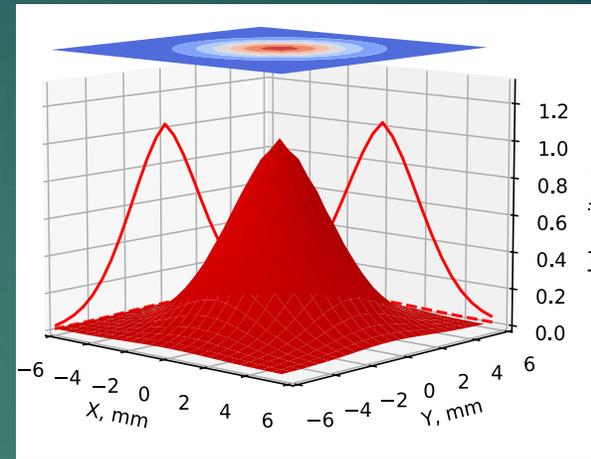
P.A. Timoshina, D.K. Tuchina, Y.A. Zhavoronkov, S.V. Ul'yanov, V.L. Kuzmin, V.V. Tuchin, Transmission of NIR radiation through multi-layer mouse head at scalp skin optical clearing, *Academic Radiology* (2025)



$\lambda=1268$ nm



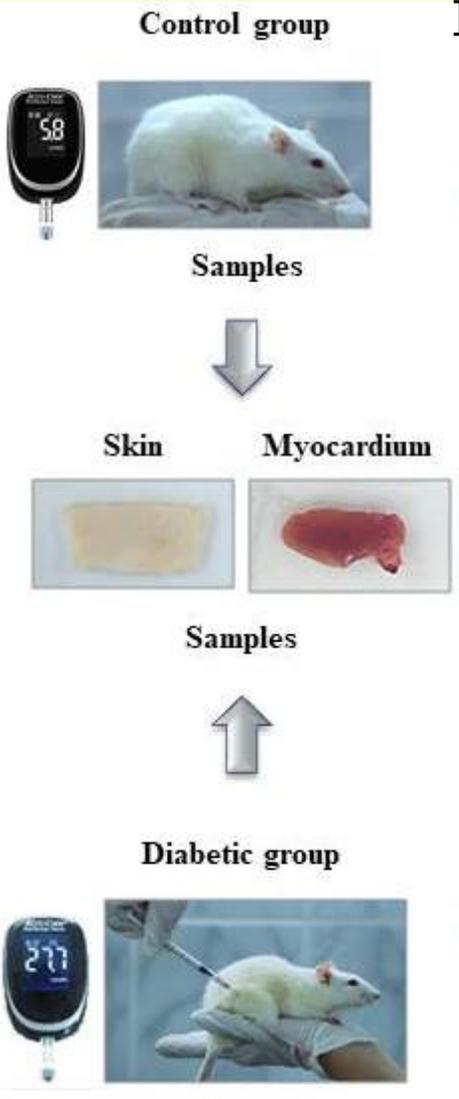
Skin OC allows to significantly increase the power density of laser beams in the internal parts of the mouse brain, up to 2.2 times



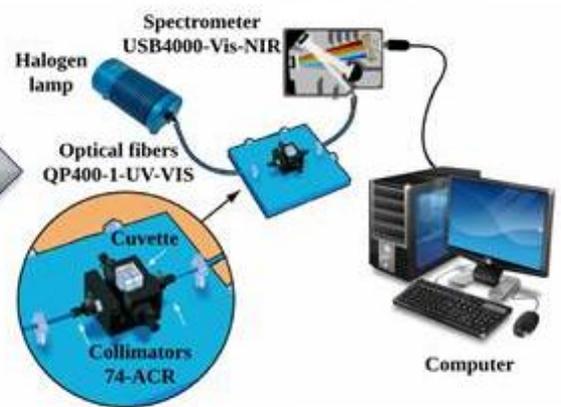
Intensity distribution of a 2 mm diameter incident beam (1268 nm) transmitted through half of the mouse head before (left) and after (right) the OC: the entire transmitted beam (12x12 mm²) (top), its central part (4x4 mm²) (bottom)

Kinetics of OC of tissues in rats with diabetes mellitus

$$T_c(t) \cong 1 - \exp\left(-\frac{t}{\tau_{agent}}\right)$$



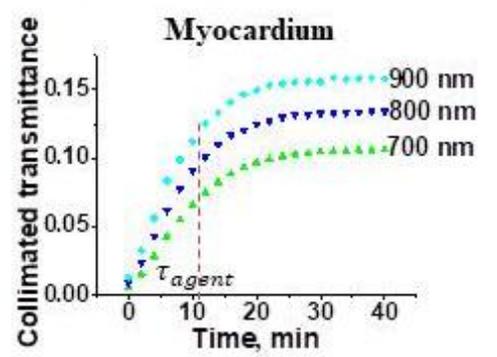
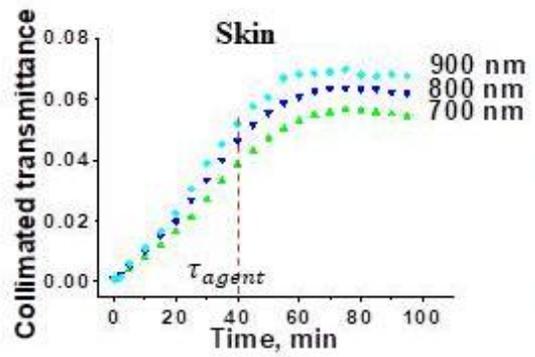
Measurement of thickness



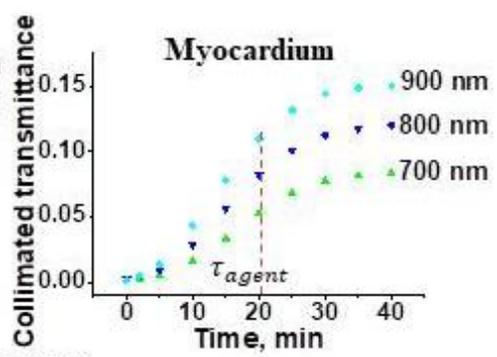
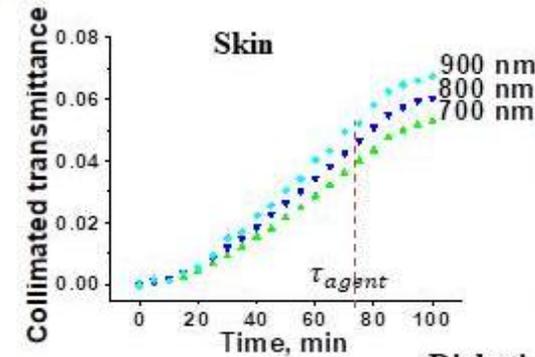
Spectral measurements



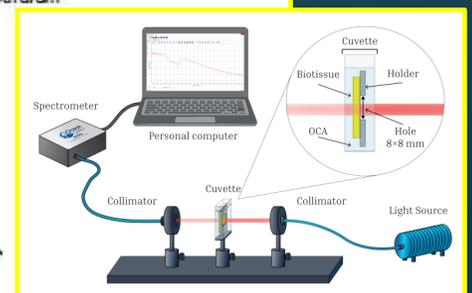
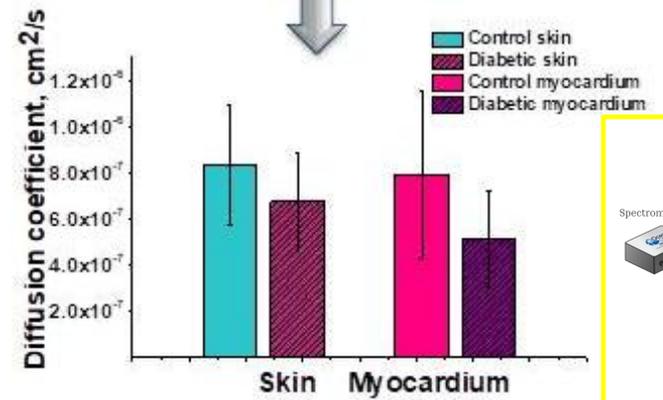
Measurement of weight



Control group



Diabetic group



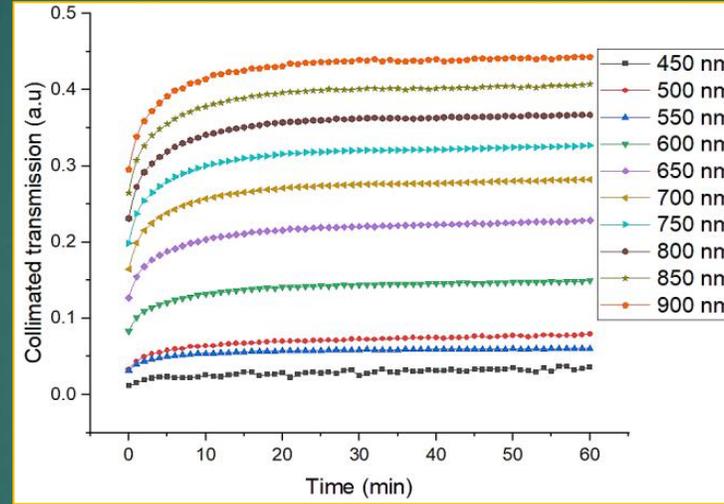
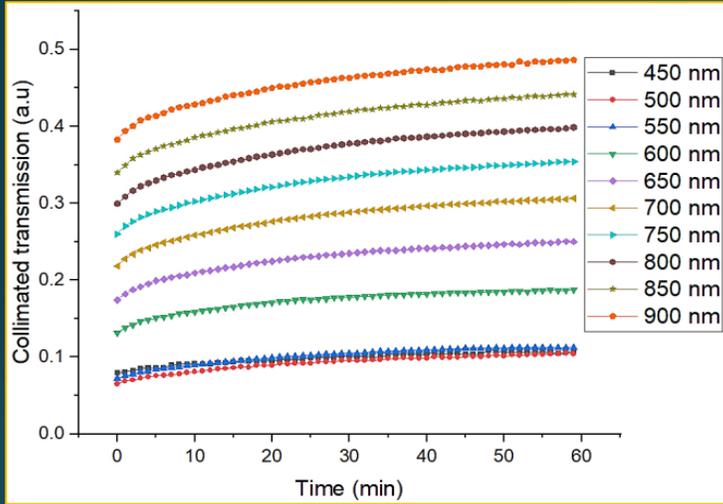
Advanced Drug Delivery Reviews 212 (2024) 115420
 Contents lists available at ScienceDirect
Advanced Drug Delivery Reviews
 journal homepage: www.elsevier.com/locate/adr

Light in evaluation of molecular diffusion in tissues: Discrimination of pathologies
 Luís R. Oliveira^{a,1}, Maria R. Pinheiro^{b,1}, Daria K. Tuchina^{c,d,1}, Polina A. Timoshina^{c,d,e,1}, Maria I. Carvalho^{b,f,2}, Luís M. Oliveira^{b,g,*,2}

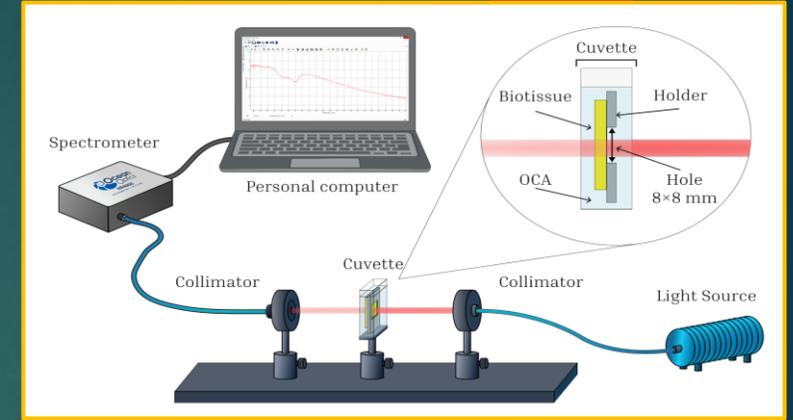
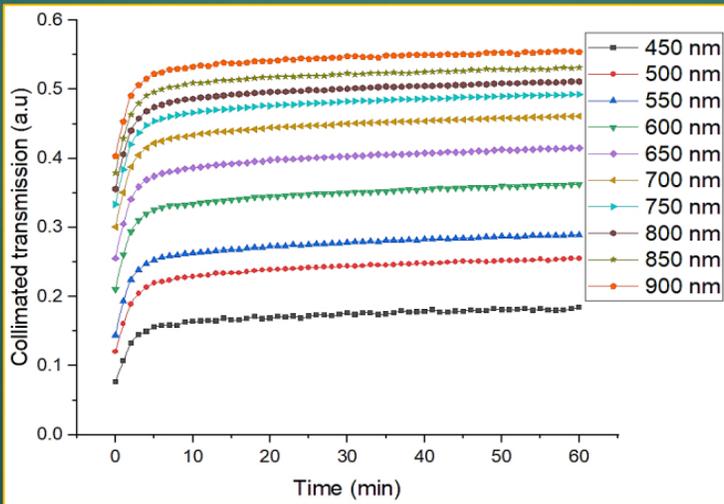
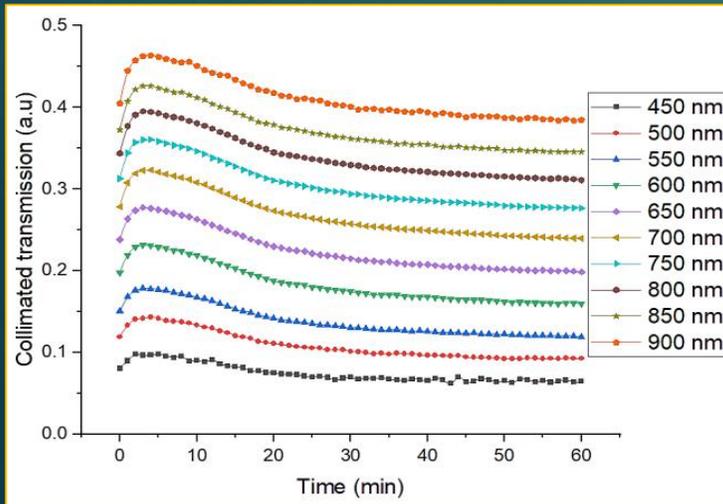
Kinetics of optical clearing of head tissues in rats with diabetes mellitus

A. S. Shanshul, E. N. Lazareva, Yu. I. Surkov, et al., *Izv. Sarat. Univer.*, 2025

Control (C) Gray matter of the brain Diabetes (D)



Control (C) White matter of the brain Diabetes (D)



Tissue	C/D	τ , min	Growth τ , %	l , mm (before/after)
Scalp skin	C	14±10	14	0.45/0.51
	D	16±11		0.44/0.50
Skull bone	C	32±15	12,5	0.90/0.94
	D	36±15		0.94/0.97
Dura mater	C	13±10	15	0.25/0.27
	D	15±11		0.21/0.23
Gray matter	C	11±5	18	0.21/0.23
	D	13±8		0.22/0.24
White matter	C	12±8	17	0.15/0.17
	D	14±6		0.12/0.14

Frontiers of Optoelectronics (2025) 18:6
<https://doi.org/10.1007/s12200-025-00149-3>

Frontiers of Optoelectronics

RESEARCH ARTICLE



Age as a limiting factor for effectiveness of photostimulation of brain drainage and cognitive functions

Terskov Andrey¹ · Shirokov Alexander^{1,2} · Blokhina Inna¹ · Zlatogorskaya Daria¹ · Adushkina Viktoria¹ · Semiachkina-Glushkovskaia Anastasiia³ · Atul Kumar⁴ · Fedosov Ivan⁵ · Evsukova Arina¹ · Semyachkina-Glushkovskaya Oxana¹

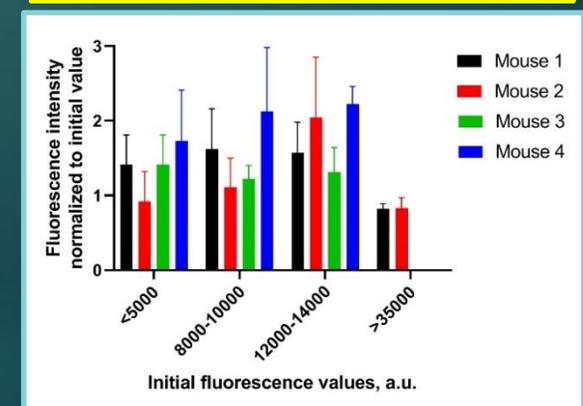
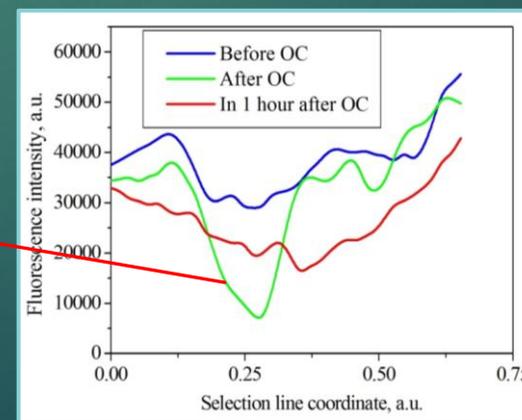
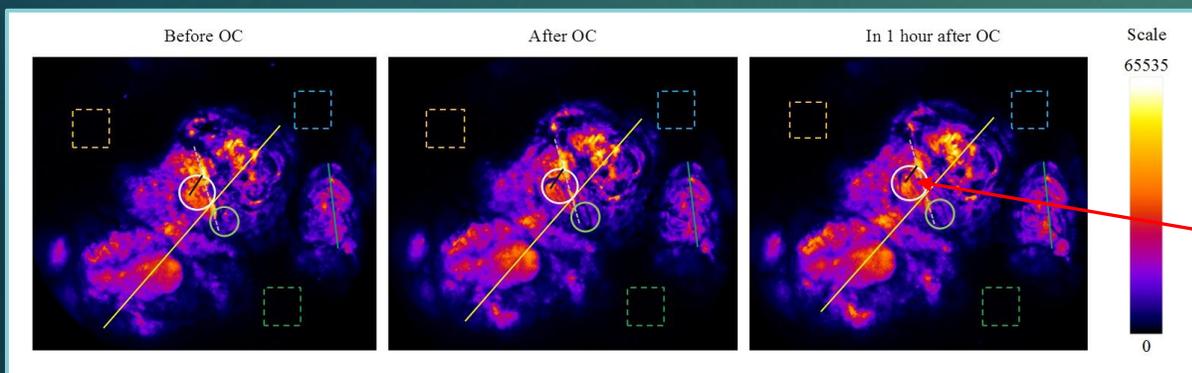
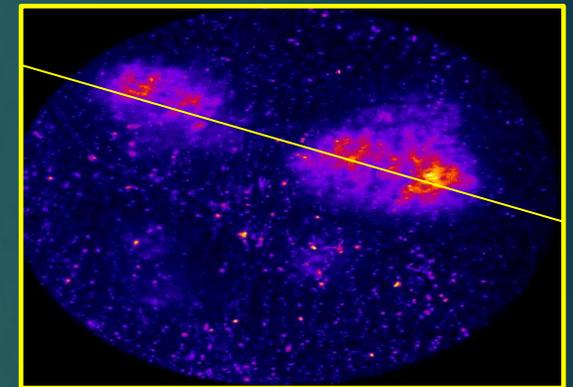
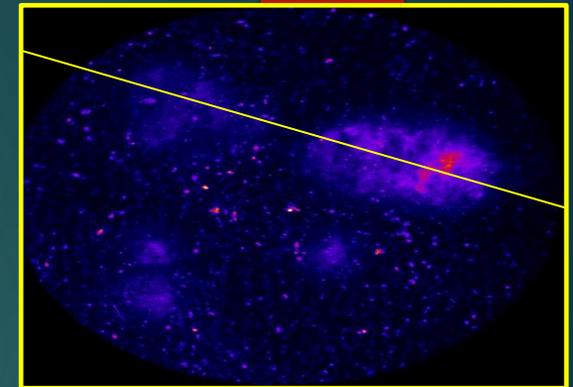
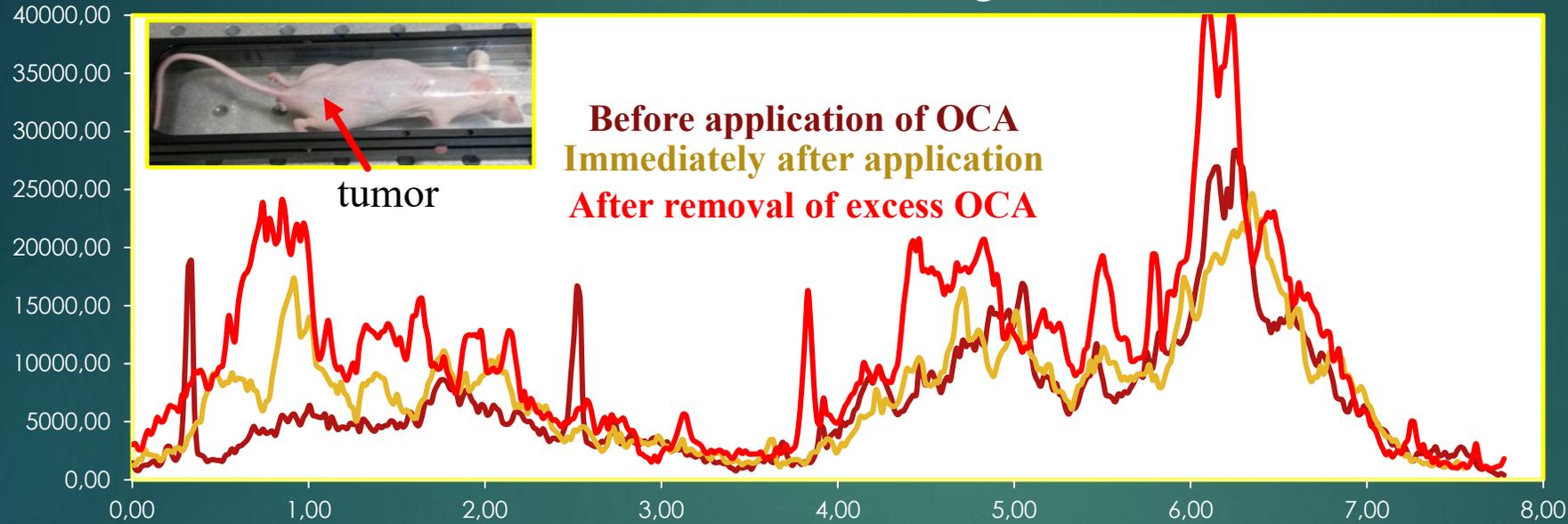


Fluorescent imaging of mouse cancer cells *in vivo*

D.K. Tuchina, I.G. Meerovich, O.A. Sindeeva, V. V. Zherdeva, A. P. Savitsky, A. A. Bogdanov Jr, V. V. Tuchin, Magnetic resonance contrast agents in optical clearing: Prospects for multimodal tissue imaging. *J. Biophotonics* 13(11) e201960249 (2020); *Quantum Electronics* (2021)

20 days after tumor cell enucleation (HEp2-TagRFP) in BALBc/nude mice

OCA: 70% glycerol, 5% DMSO, 25% water
Profiles for fluorescence signal





MRI contrast agents can be successfully used as OCA to improve optical imaging

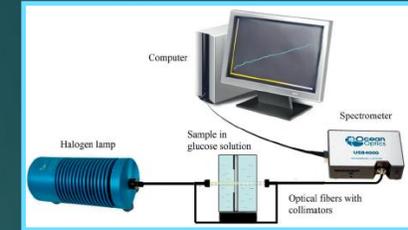
This is a fundamentally new approach to multimodal imaging using MRI and optical methods

D.K. Tuchina, I.G. Meerovich, O.A. Sindeeva, V. V. Zherdeva, A. P. Savitsky, A. A. Bogdanov Jr, V. V. Tuchin, Magnetic resonance contrast agents in optical clearing: Prospects for multimodal tissue imaging. *J. Biophotonics* 13(11) e201960249 (2020); *Quantum Electronics* (2021)

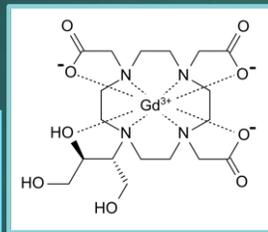
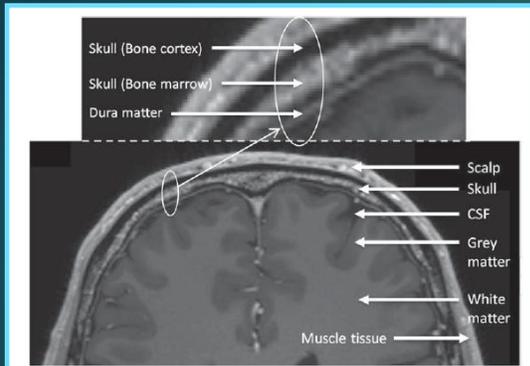
V.V. Tuchin, D.K. Tuchina, A.P. Savitsky, A.A. Bogdanov Jr. Method for visualizing biological tissues and/or organs, patent RU 2 735 463 dated 03.09.2020.

Introduction of MRI and CT agents and saline into mouse skin

$$\frac{l_d}{L} = \sqrt{\frac{D_a^{\text{free}}}{D_a^{\text{tissue}}}}$$

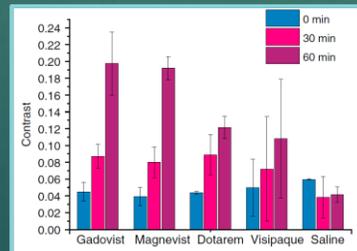
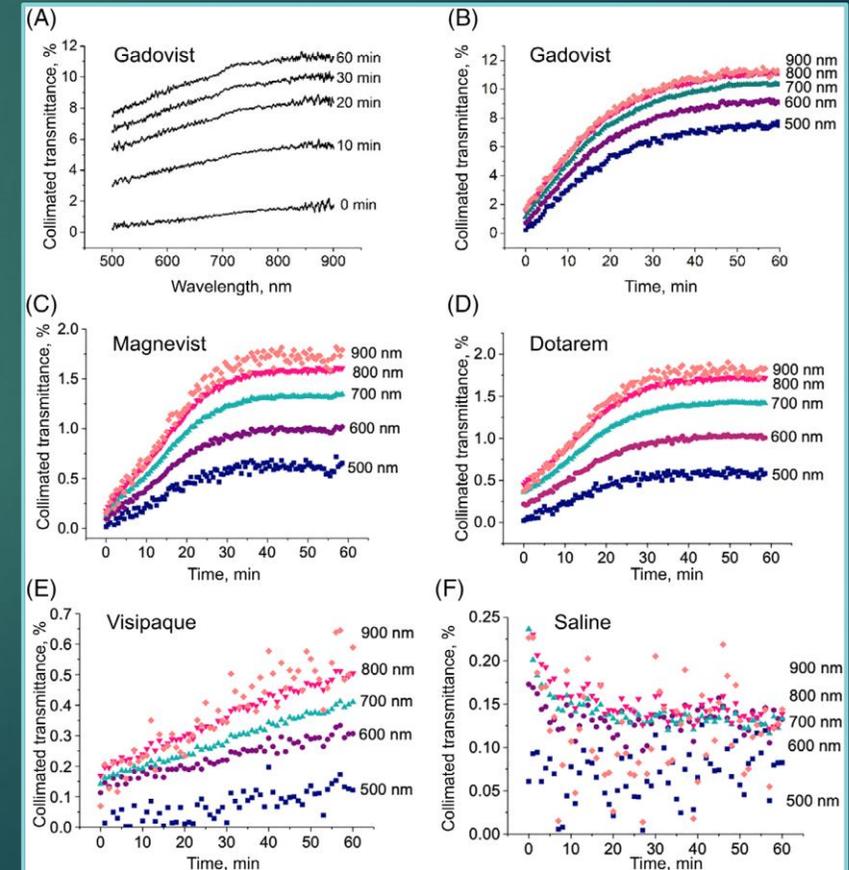


MRI image of the head



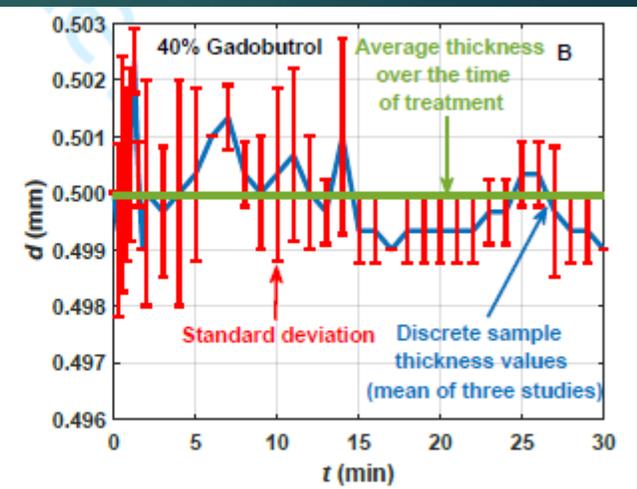
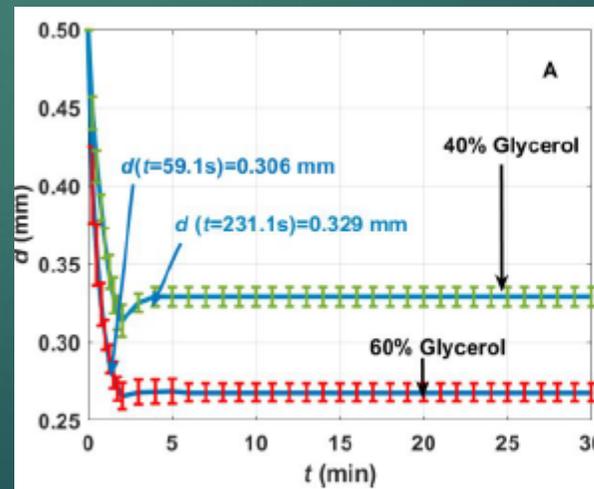
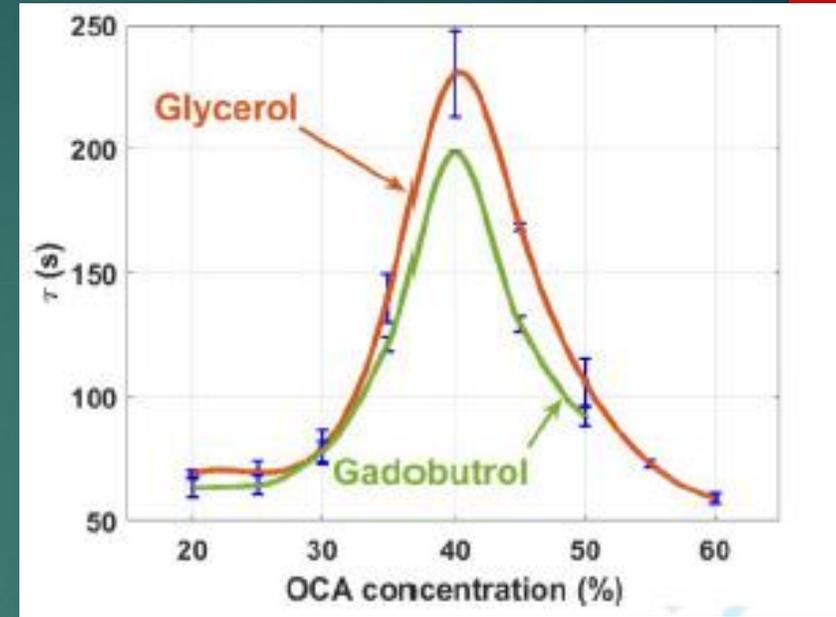
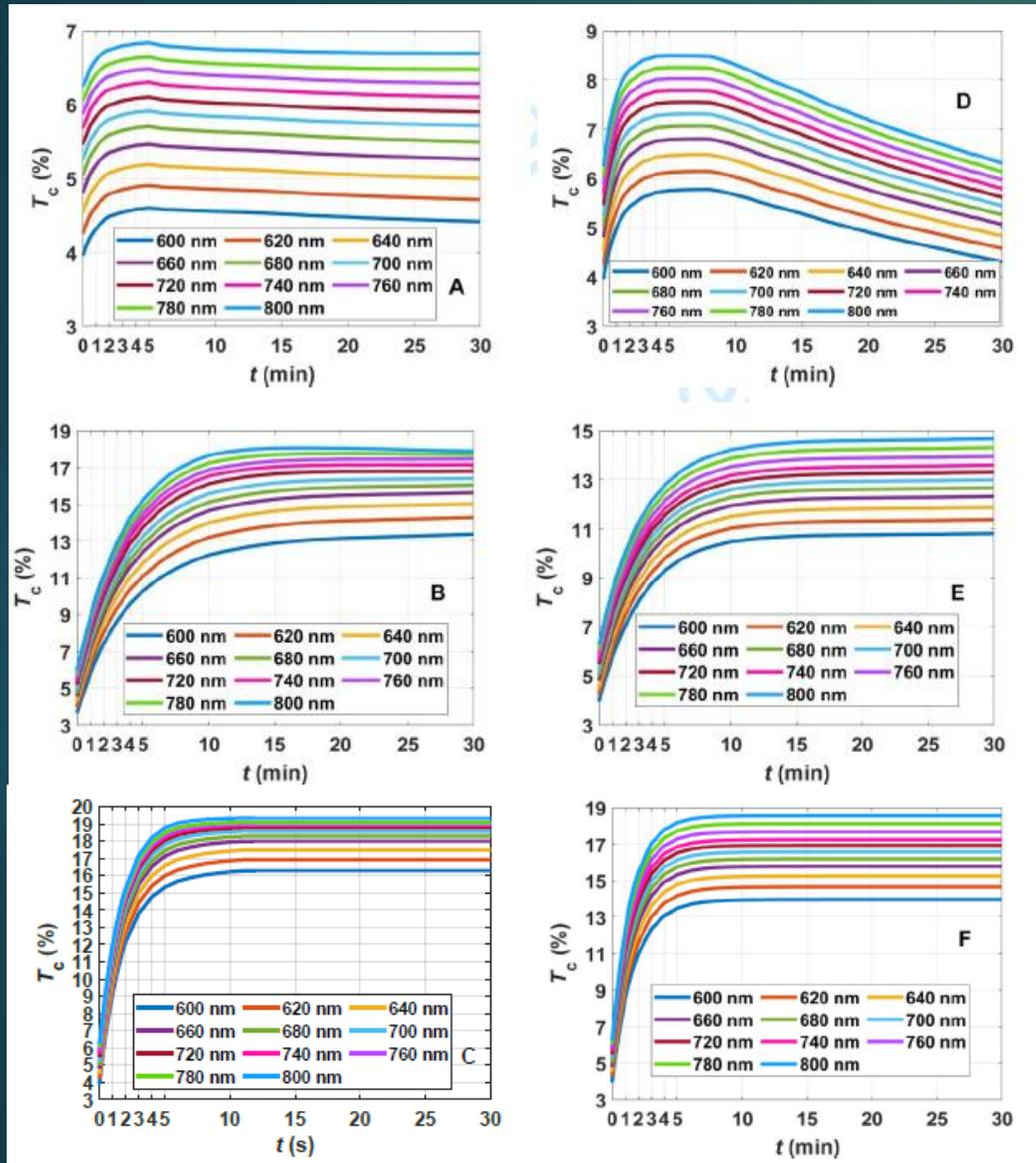
Gadovist
(Gadobutrol
604.72)

MR CA	0 min	30min	60 min
Gadovist®			
Magnevist®			
Dotarem®			
CT CA Visipaque®			
Saline			



MRI agents increase skin transmittance up to 20-30 times

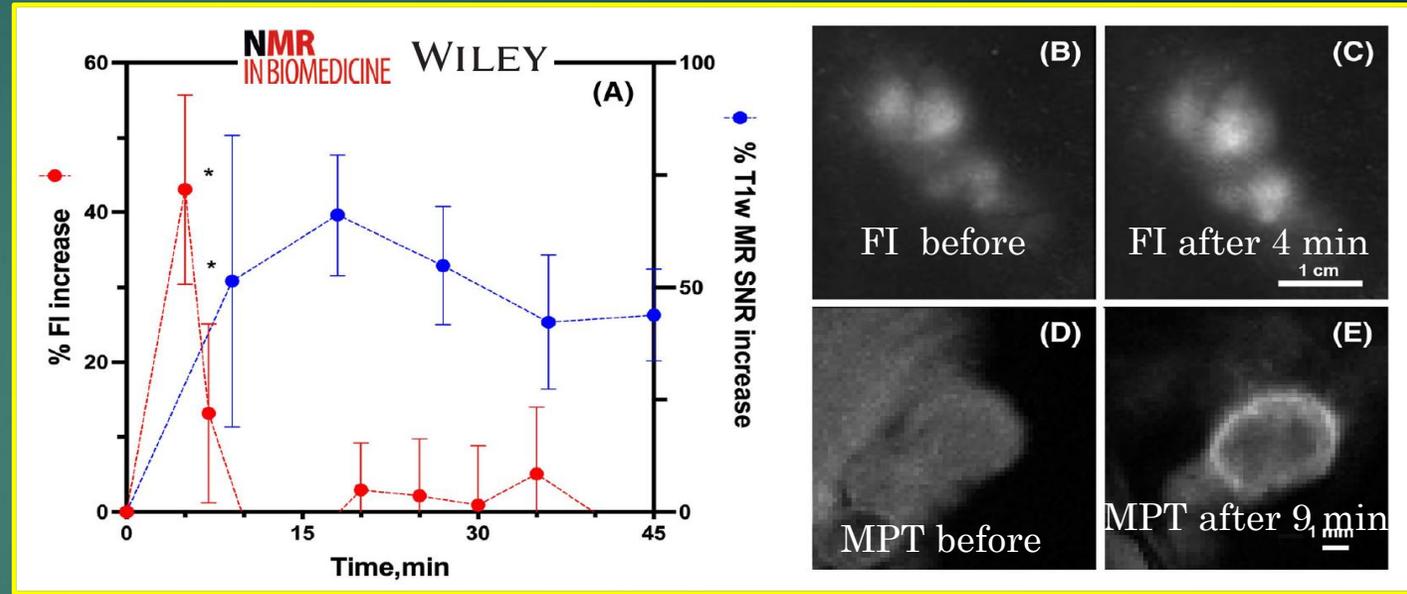
Agent	MR
Trademark	Gadovist
D_a^{tissue} , cm ² /s	$(4.29 \pm 0.39) \times 10^{-7}$
D_a^{free} , cm ² /s	3.9×10^{-6}
Tortuosity, l_d/L	3.0





Tag-RFP fluorescence and MRI of tumor xenografts in mice after intravenous injection of gadobutrol (GB) (MRI contrast)

N.I. Kazachkina, V.V. Zherdeva, I.G. Meerovich, A.N. Saydasheva, I.D. Solovyev, D.K. Tuchina, A.P. Savitsky, V.V. Tuchin, A.A. Bogdanov Jr., "MR and fluorescence imaging of gadobutrol-induced optical clearing of red fluorescent protein signal in an in vivo cancer model," *NMR in Biomedicine*, e4708-1-13 (2022).



A: FI and T1w MRI SNR kinetics measured using the whole tumor ROI after intravenous GB injection (0.3 mmol/kg, $n = 3$). Data are presented as mean \pm SD. Asterisks indicate that the measured mean values are statistically significant compared with baseline values ($P < 0.01$).

B: Tag-RFP FI imaging before intravenous GB injection.

C: Tag-RFP FI imaging 4 min after intravenous GB injection

D: One sagittal T1w GRE MRI slice of the tumor before GB injection.

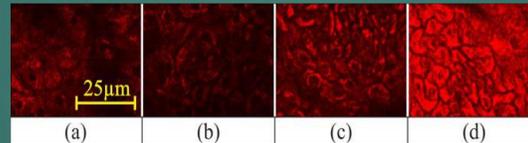
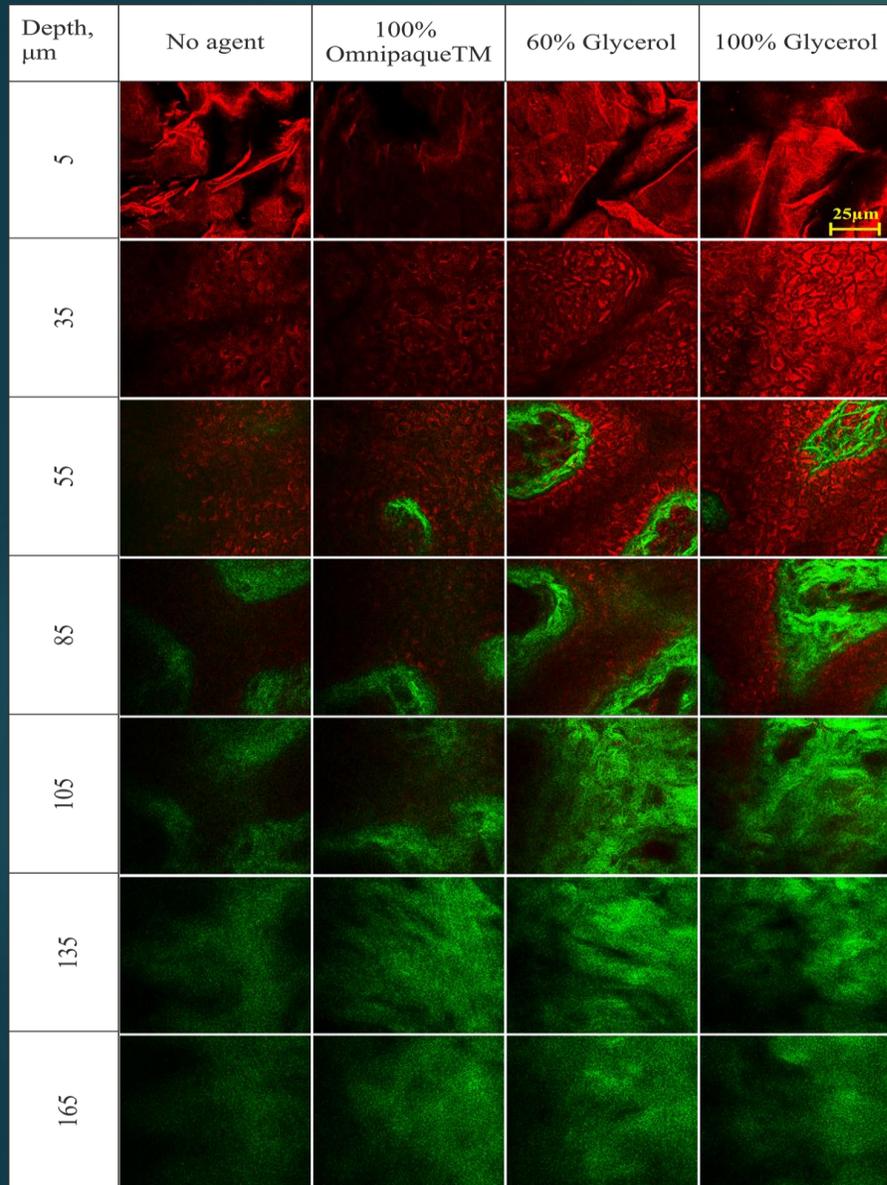
E: Corresponding sagittal T1w GRE MRI slice of the tumor 9 min after GB injection; scale bar, 1 mm



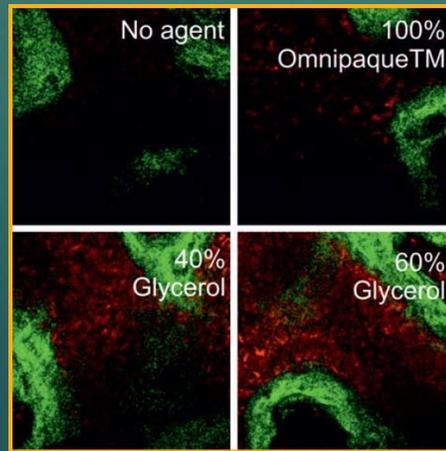
Nonlinear Microscopy

TPEAF and SHG images of skin layers obtained *ex vivo* on porcine ear skin samples for Omnipaque™ and glycerol solutions

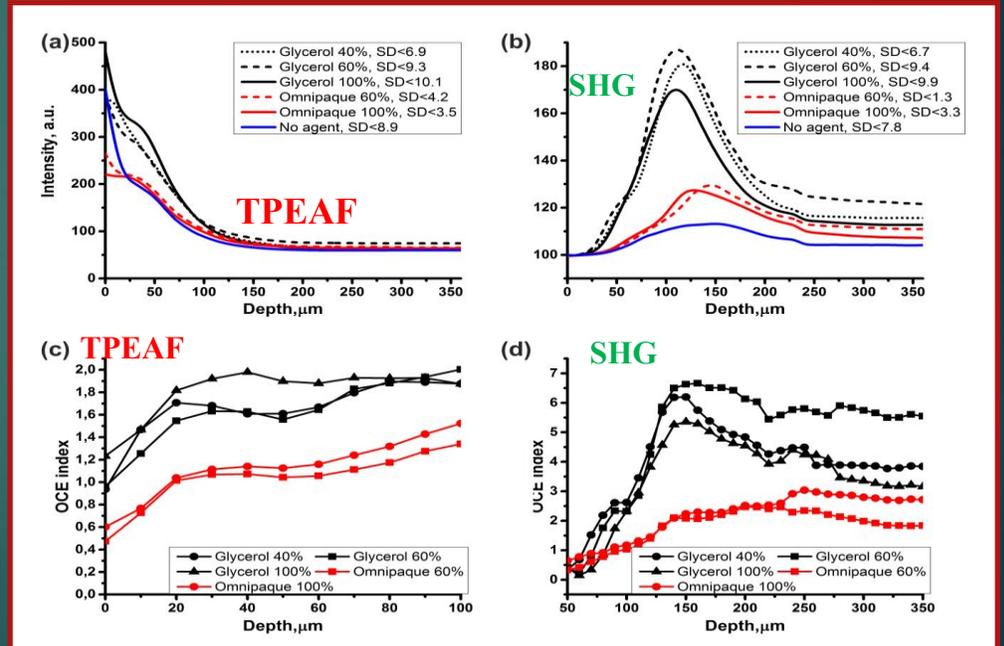
A. Sdobnov, M. E. Darvin, J. Lademann, V. Tuchin, *J. Biophotonics* (2017)



Epidermis on 35 μm depth OCA treatment (b)–(d): 100% Omnipaque, 40% glycerol, 100% glycerol.



	Glycerol			Omnipaque	
OCA					
Concentration, %	40	60	100	60	100
Refractive index, n	1.384	1.413	1.474	1.392	1.432
Osmolarity, Osm/L	5.5	8.2	10.9	0.33	0.465
Viscosity, cp	3.7	10.8	1410	3.1	11.8

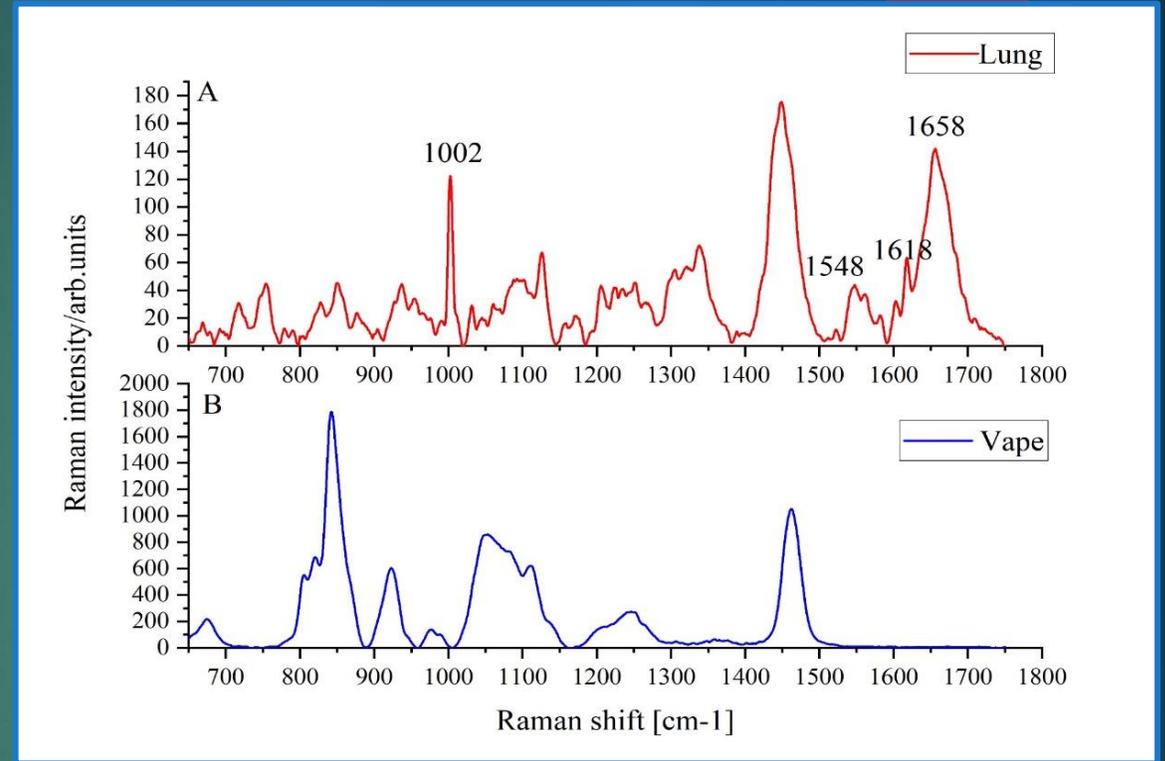
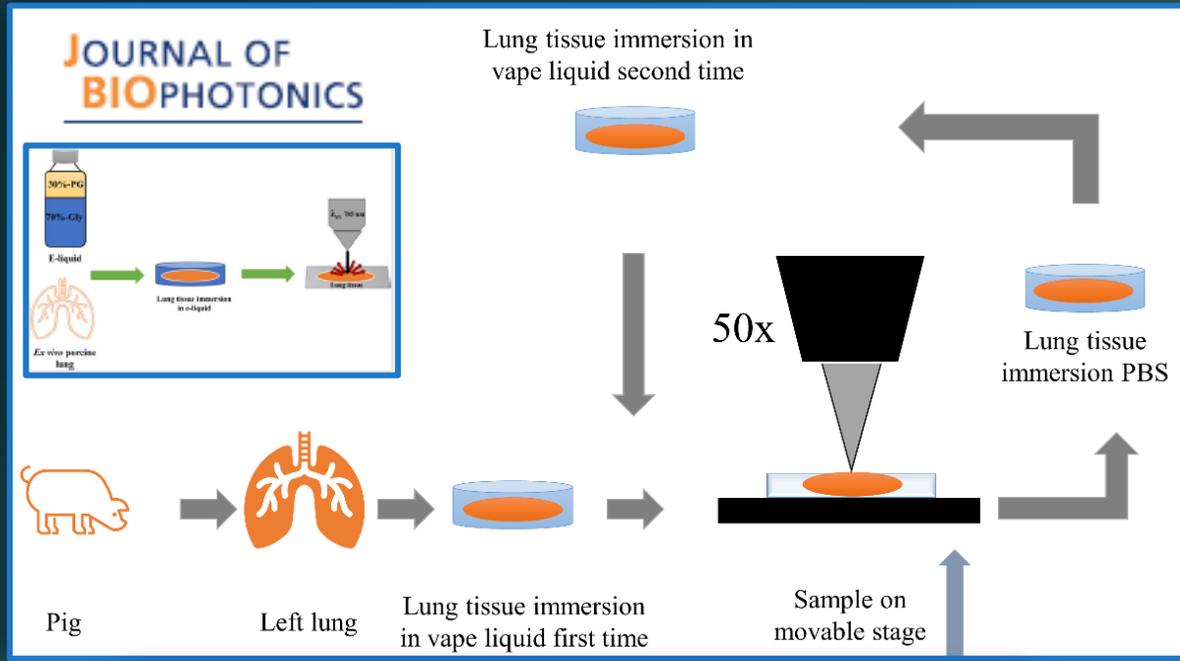


Averaged depth-dependent intensity profiles and OCE indices for TPEAF (a, c) and SHG (b, d) signals

Red – TPEAF signal
Green – SHG signal

Impact of E-cigarette liquid on *ex vivo* porcine lung optical properties studied by confocal Raman micro-spectroscopy

Ali Jaafar, et al. *J. Biophotonics* 17(2) e202300336 (2024)



Average Raman spectra of control lung tissue (A), and vape containing of 70%Gly and 30% PG (B)

Lung tissue:

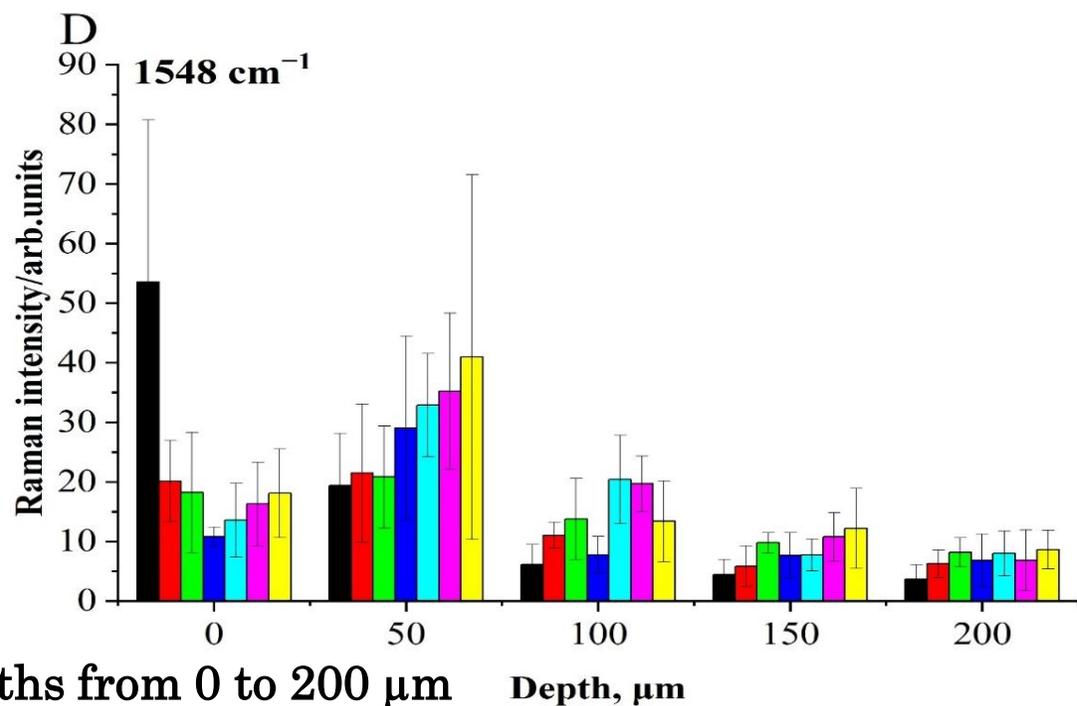
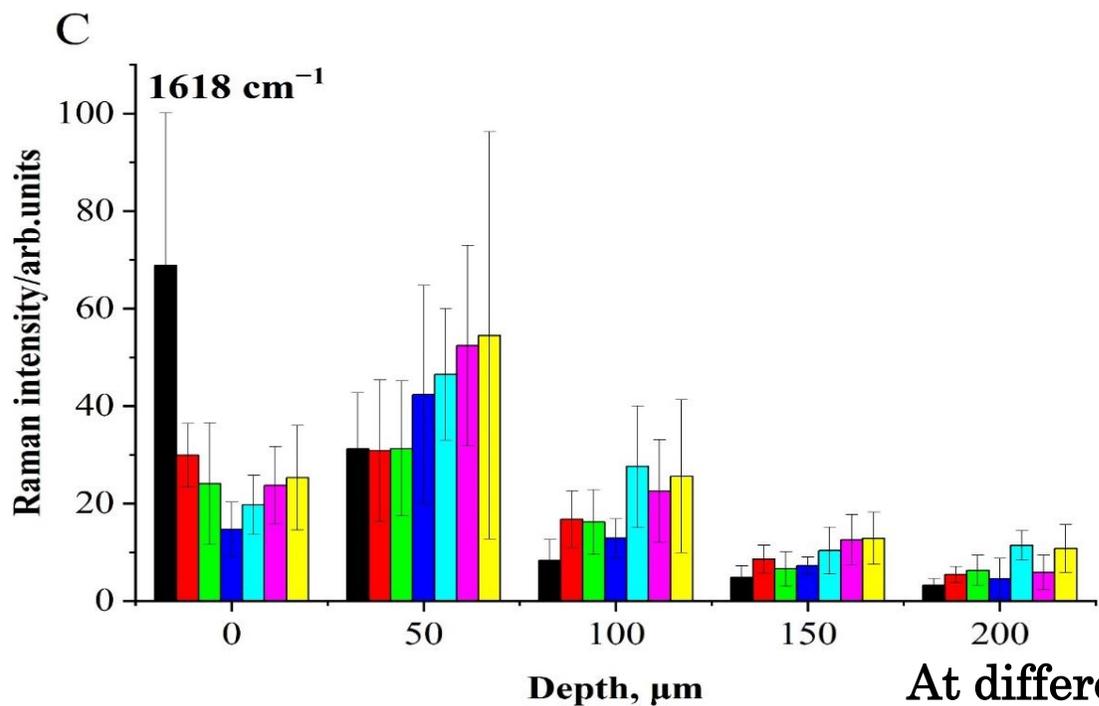
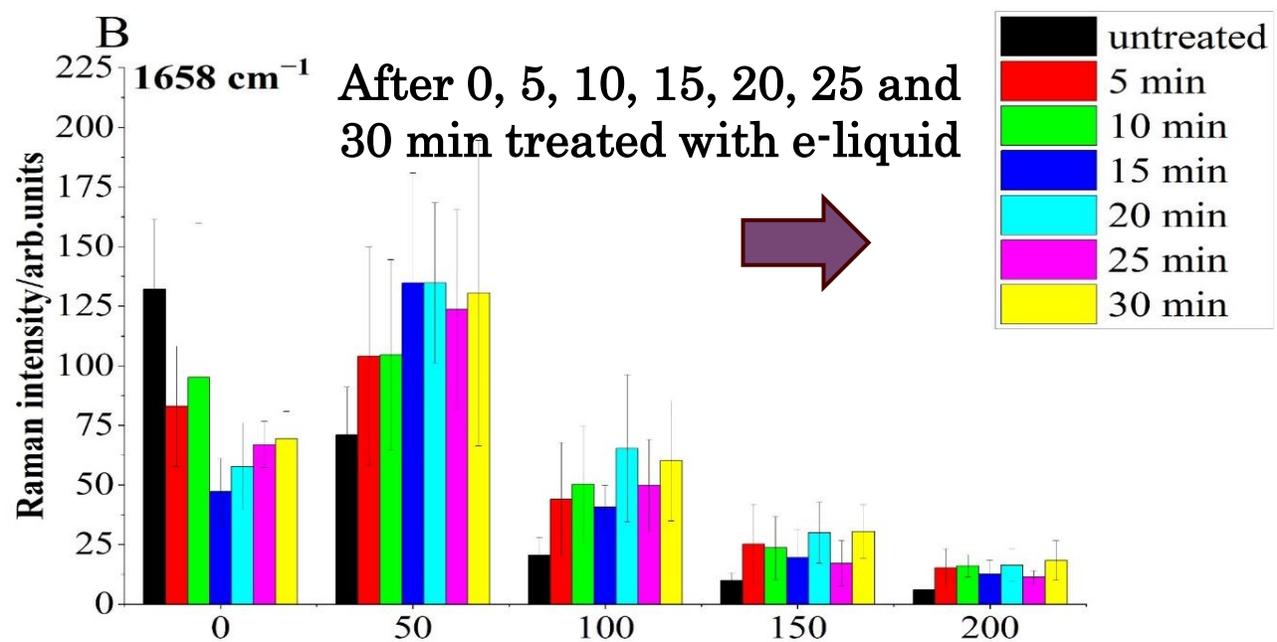
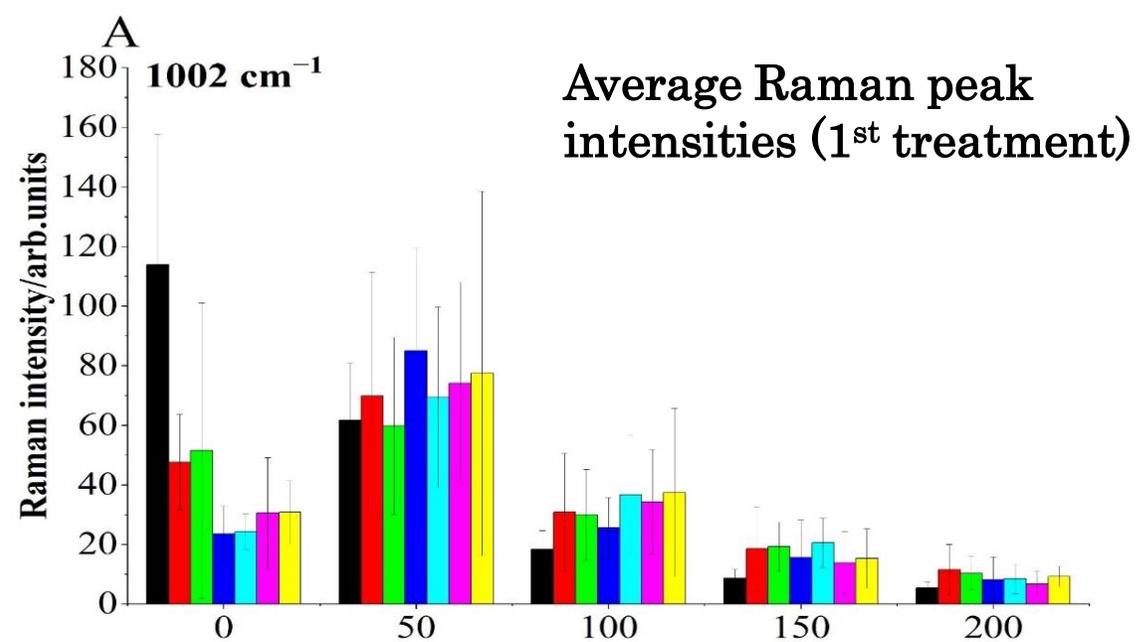
1002 Ring breathing Proteins (Phe)

1548 Proteins (Trp), deoxy-Hb

1618 (C=C), tryptophan

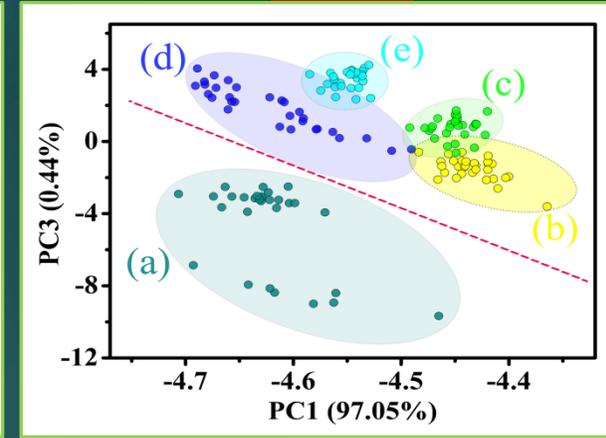
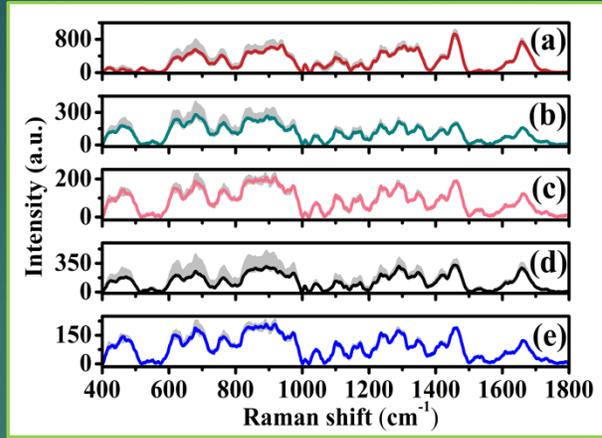
1658 Proteins (α -helix), lipids (unsat. FA) (Amide I)





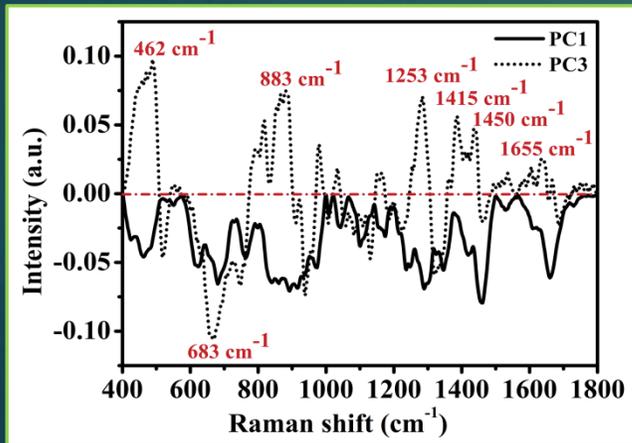
Kinetics of OC of human skin studied *in vivo* using a fiber Raman probe

Q. Lin et al., *Laser Phys. Lett.* (2020)



In vivo Raman spectra and PC scores scatter plots for the Raman spectra acquired from different body sites: : fingernail (a), finger (b), arm (c), palm (d), and wrist (e)

Diagram of the Raman experimental device (a) and detail of Raman probe (b)

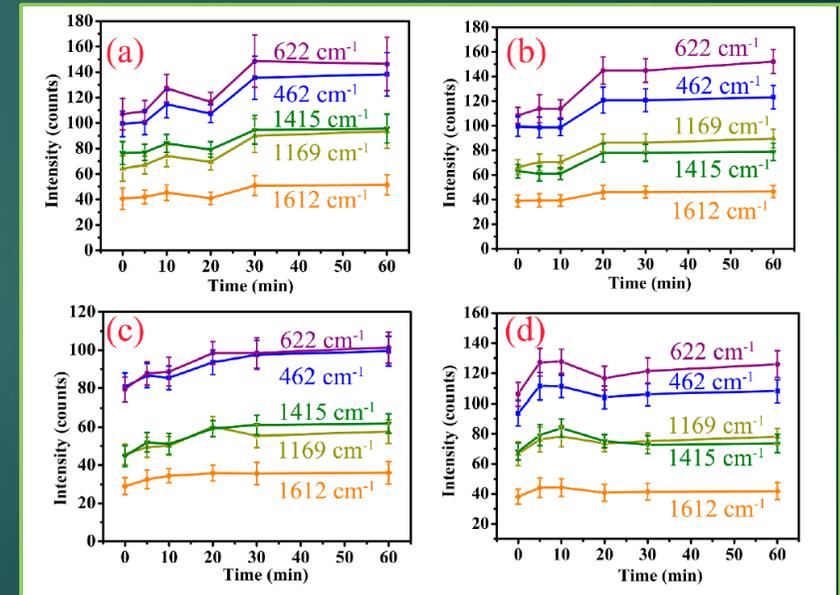


PC loading plots of the 1st (solid-line) and 3rd PCs (dotted-line) for the Raman spectra of different body sites

Raman spectra contribute differently to the classification

The PC variations of the different skin sites were largely dominated by bands at:

- ❖ 462 cm⁻¹ ($\delta(\text{CCC})$, proteins)
- ❖ 683 cm⁻¹ ($\nu(\text{CS})$, amino acid)
- ❖ 883 cm⁻¹ ($\rho(\text{CH}_2)/\nu(\text{CC})/\nu(\text{CN})$, collagen)
- ❖ 1253 cm⁻¹ ($\delta(\text{CH}_2)/\nu(\text{CN})$, nucleus)
- ❖ 1415 cm⁻¹ ($\delta(\text{CH}_3)$, lipids)
- ❖ 1450 cm⁻¹ ($\delta(\text{CH}_2)/\delta(\text{CH}_3)$; keratin, collagen)
- ❖ 1655 cm⁻¹ ($\nu(\text{C=O})$, keratin)



The time dependencies of wrist skin Raman peaks after application of glycerol with different concentration: 30% (a), 50% (b), 70% (c), and 99.9% (d).

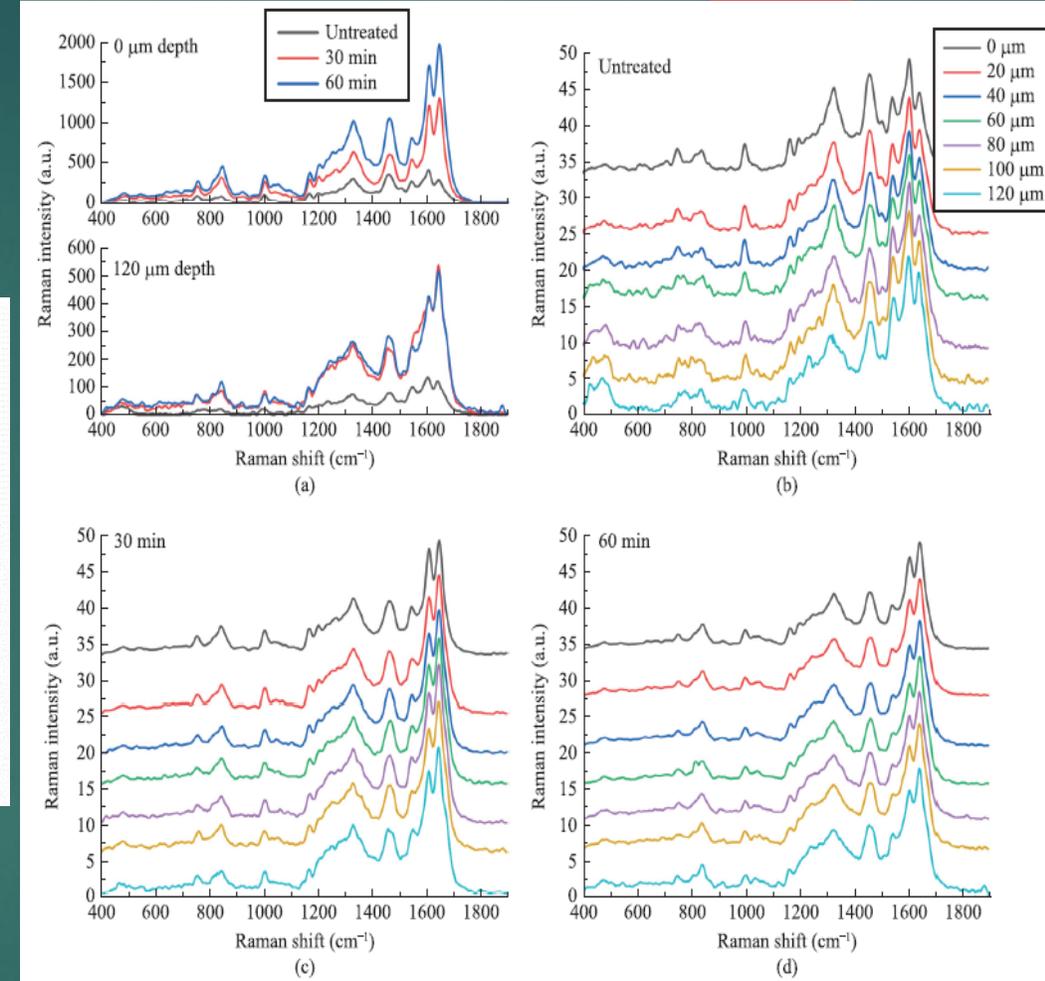
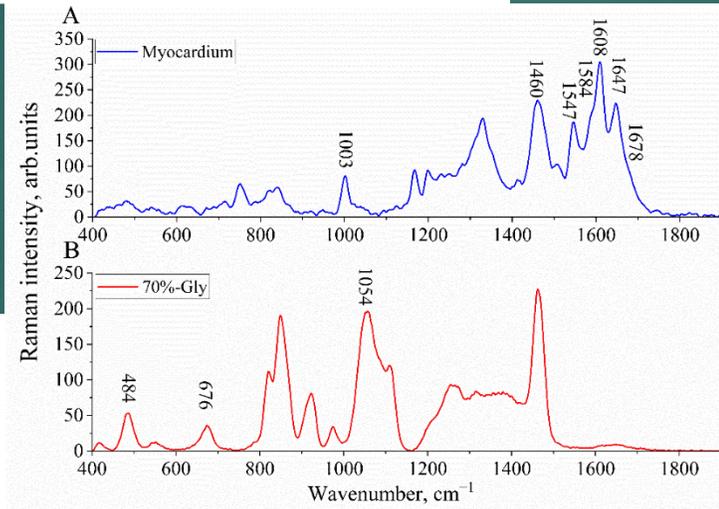
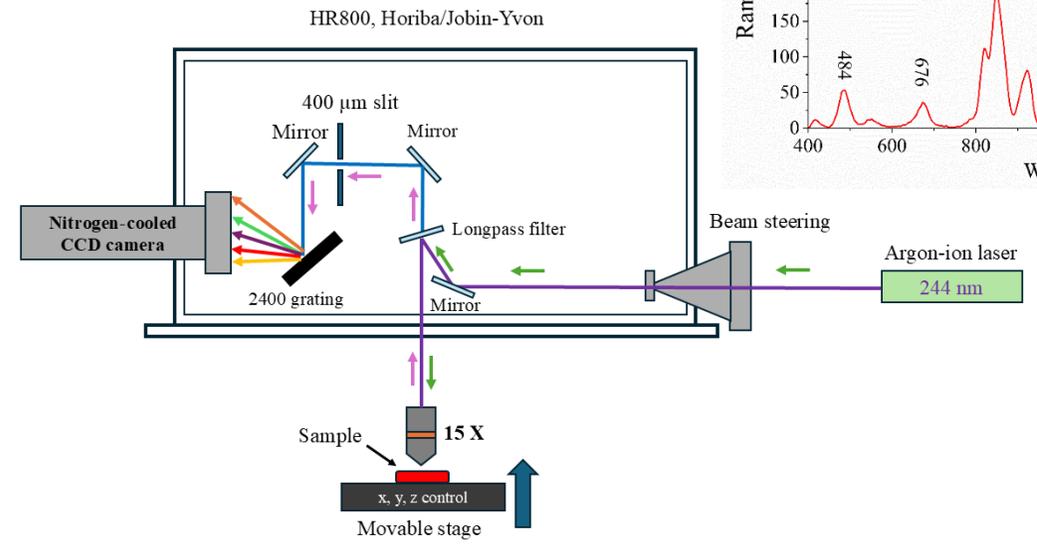
RESEARCH ARTICLE

Impact of glycerol solution on myocardium tissue – Ex vivo deep-UV Raman spectroscopy study

Ali Jaafar¹ · Tamas Vaczi² · Nicolae Tarcea³ · Denis Akimov⁴ · Tobias Meyer-Zedler^{3,4} · Michael Schmitt³ · Jürgen Popp^{3,4*} · Valery V. Tuchin^{5,6*} · Miklós Veres^{2*}



Myocardium samples before, after 30 min, 60 min treatment with 70%-Gly

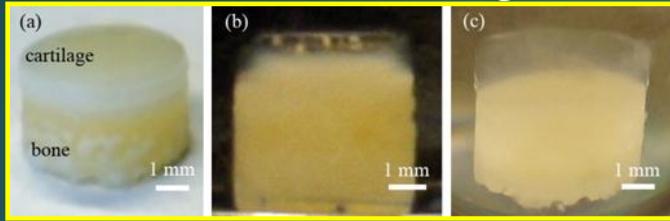
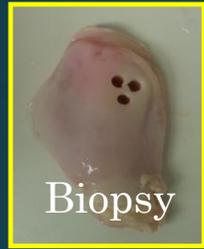


Averaged Raman spectra of *ex vivo* myocardium before and after treatment with 70%-Gly: (a) depths at 0 and 120 μm , (b) untreated, (c) 30 and (d) 60 min treatment. Spectra were offset along the ordinate

Raman micro-spectrometer Horiba/Jobin-Yvon. The paths of the laser and Raman signal are showed by arrows

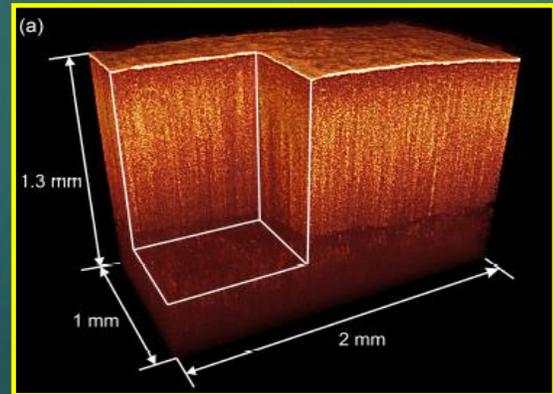
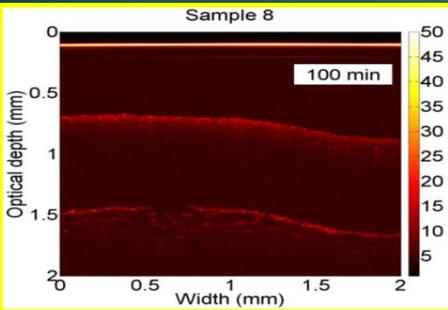
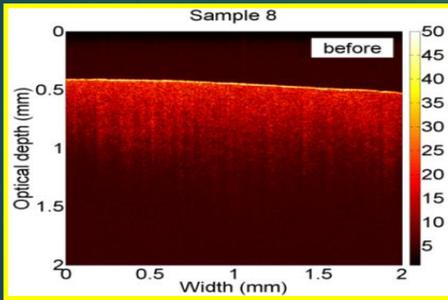
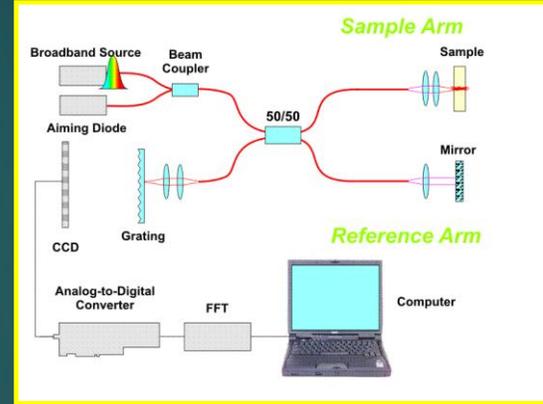
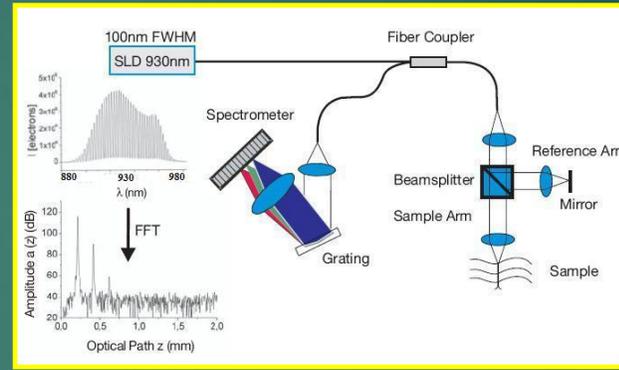
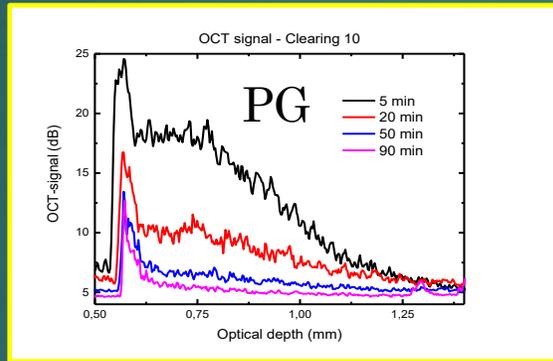
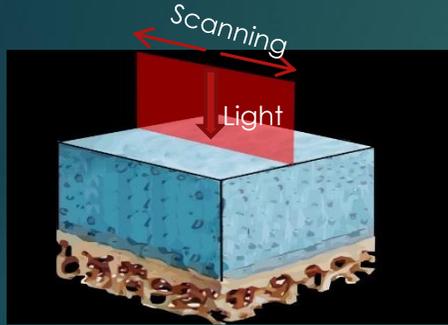
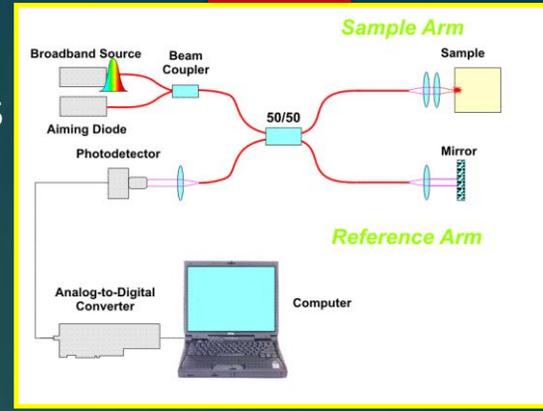
OCT/Cartilage/Omnipaque/PG as OCAs

A. Bykov et.al., Imaging of subchondral bone by OCT upon optical clearing of articular cartilage, J. Biophotonics, 2015

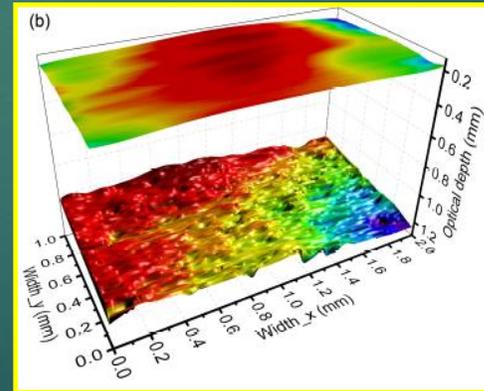


OC cartilage

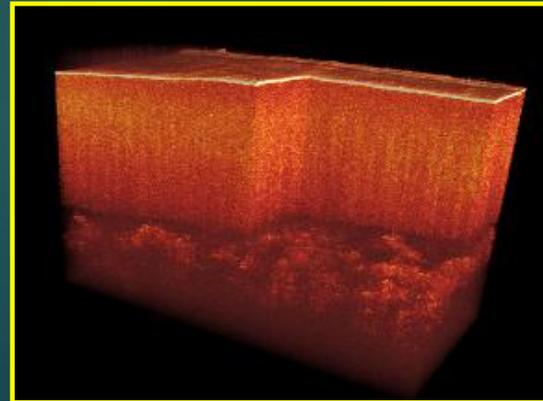
PG Omnipaque



3D OCT image



Roughness of the cartilage-bone interface $S_a = 10 \mu\text{m}$



3D OCT image

A rapid Stokes imaging method

Jiawei Song, Nan Zeng, Hui Ma, and Valery V. Tuchin, A rapid Stokes imaging method for characterizing the optical properties of tissue during immersion optical clearing, IEEE Journal of Selected Topics in Quantum Electronics (2023)

$$S = \begin{bmatrix} S_0 \\ S_1 \\ S_2 \\ S_3 \end{bmatrix} = \begin{bmatrix} I_H + I_V \\ I_H - I_V \\ I_{45^\circ} - I_{135^\circ} \\ I_R - I_L \end{bmatrix}$$

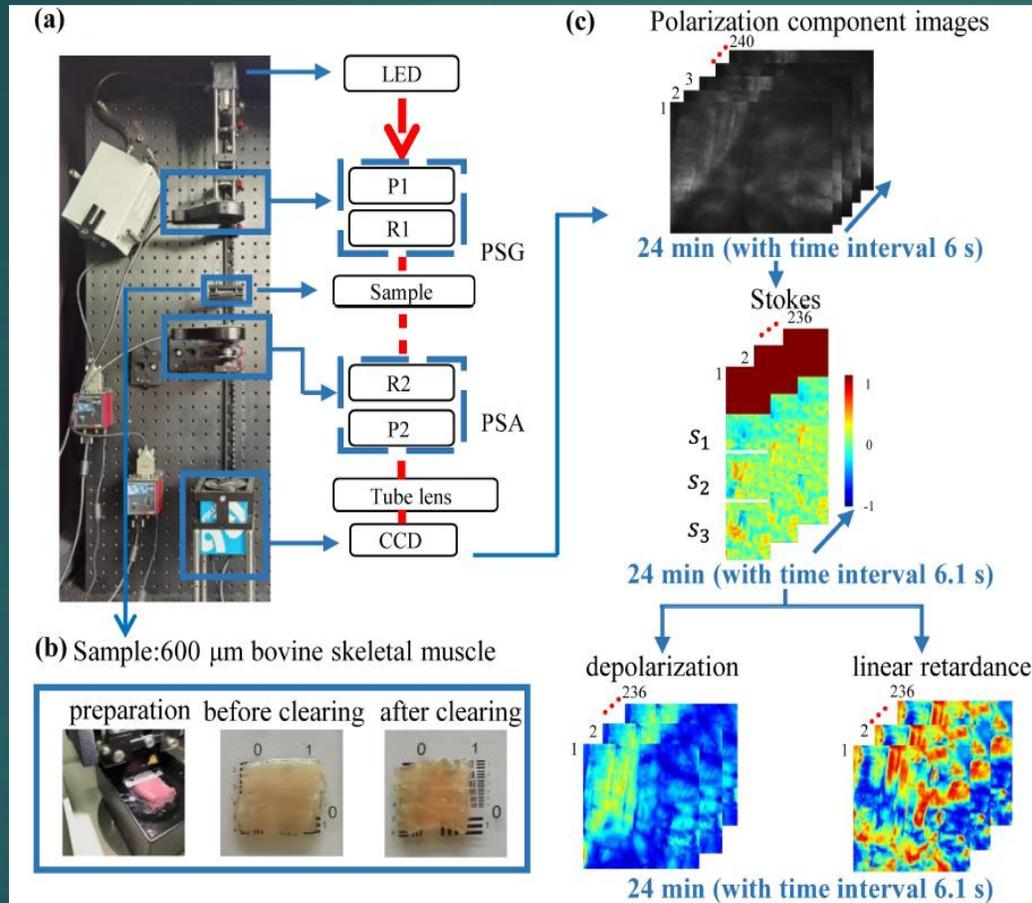
Stokes parameters

$$\delta = \cos^{-1} \left(\frac{\vec{S}_{in} \cdot \vec{S}_{out}}{|\vec{S}_{in}| |\vec{S}_{out}|} \right)$$

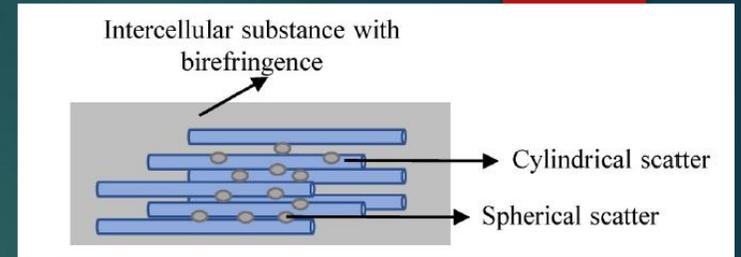
Linear retardance

$$\Delta_c = 1 - \sqrt{s_1^2 + s_2^2 + s_3^2}$$

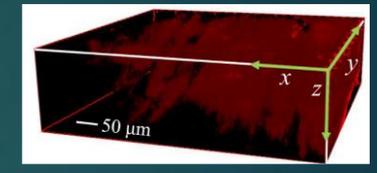
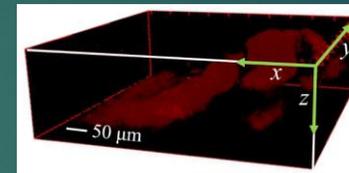
Depolarization



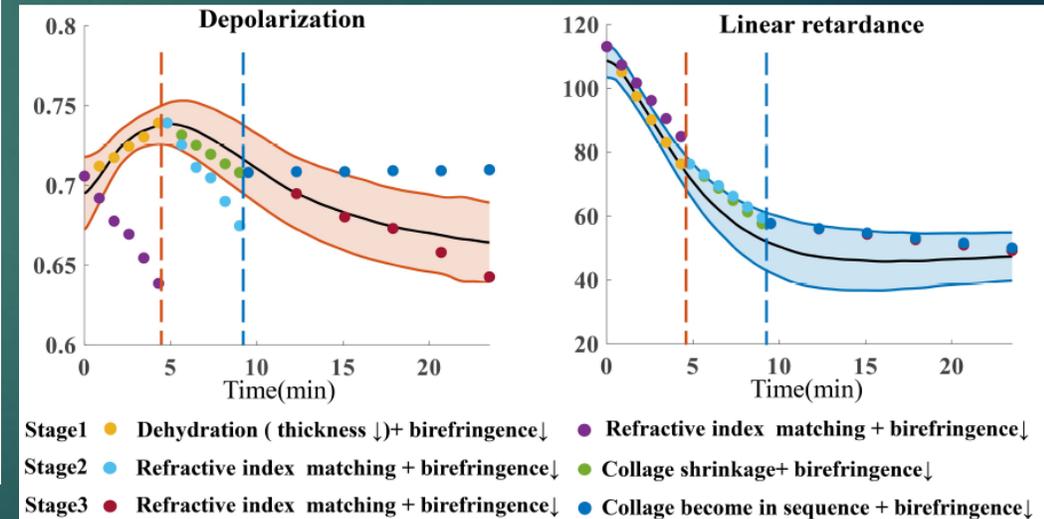
Schematic diagram of the assessment of OC with rapid Stokes imaging, bovine skeletal muscle for 24 min with 80% glycerol solution. The flow chart of data analysis, from light intensity images, Stokes images to the derived polarization parameter images



Sphere-cylinder birefringence model (SCBM) to mimic the TOC process

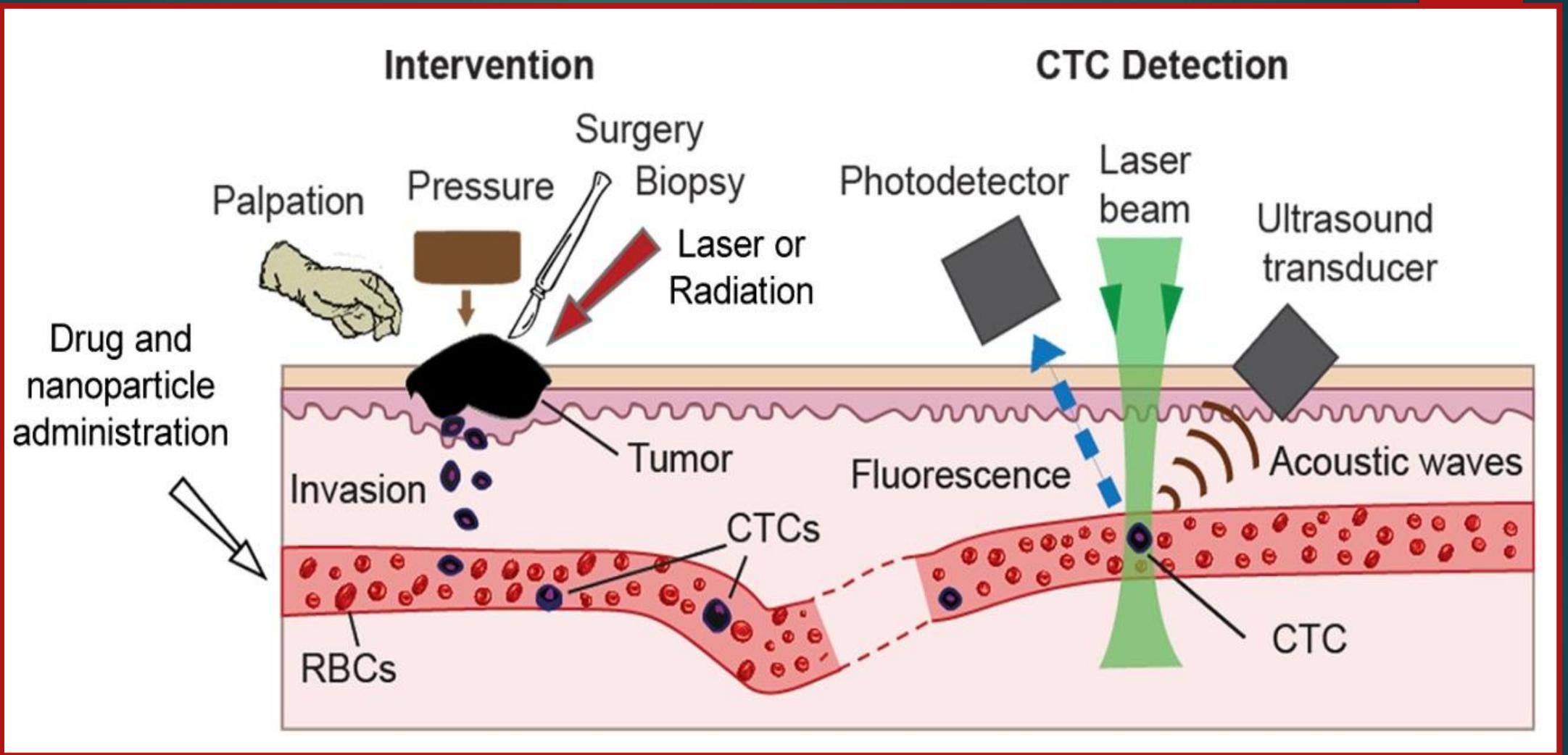


Three-dimensional SHG images of the sample before (left) and after (right) being immersed in 80% glycerol for 10 min



Monte Carlo simulations for three-stage characteristics with 80% glycerol solution during tissue clearing, changes of two polarization parameters depolarization and linear retardance are simulated

In vivo optoacoustic (OA) cytometry



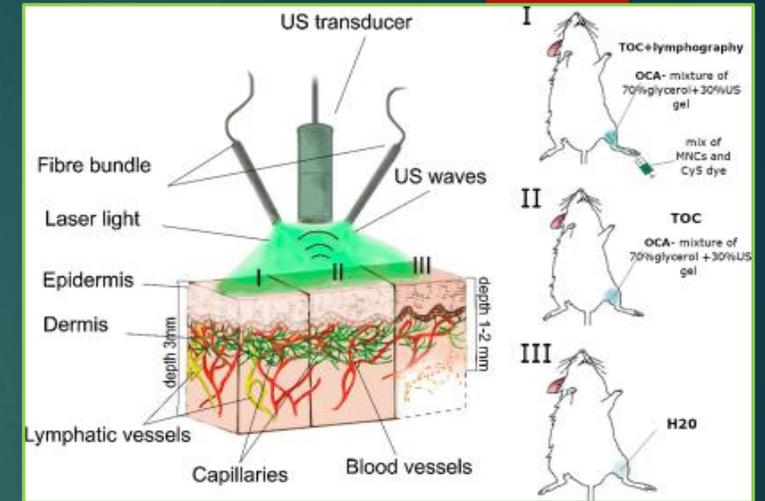
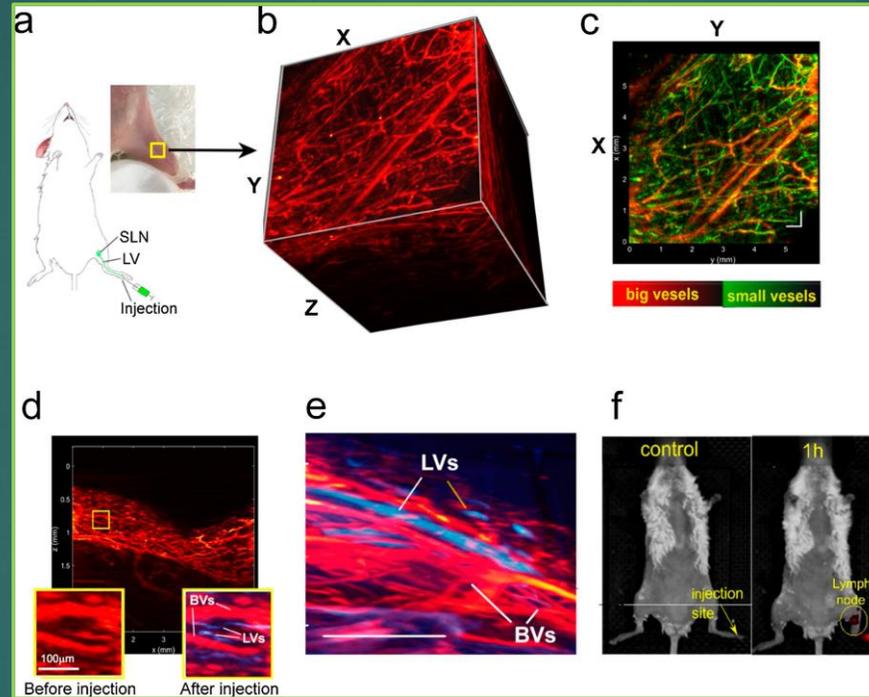
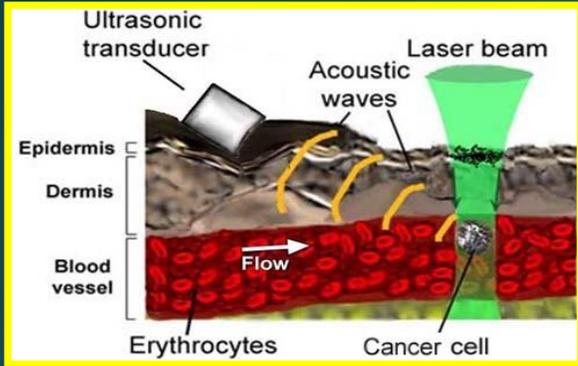
Optoacoustic (OA) cytometry *in vivo*, lympho- and angiography

M.V. Novoselova et al., Optical clearing for PA lympho- and angiography beyond conventional depth limit *in vivo*, *Photoacoustics* 20 100186 (2020)

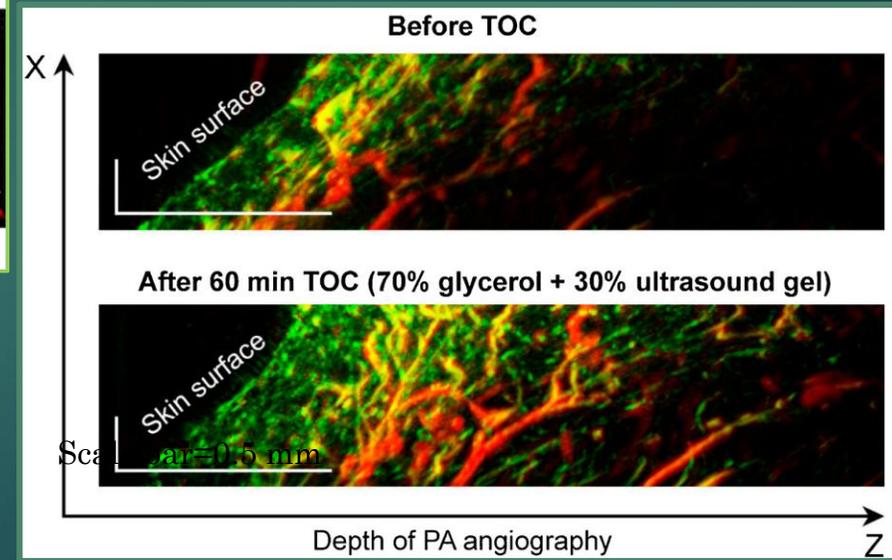
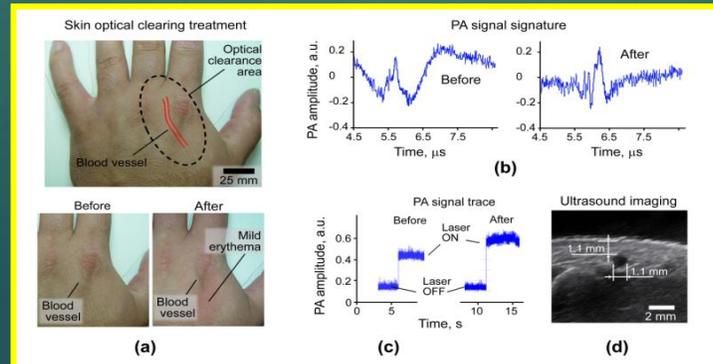
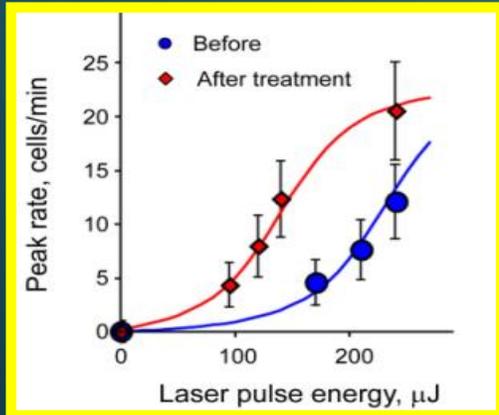
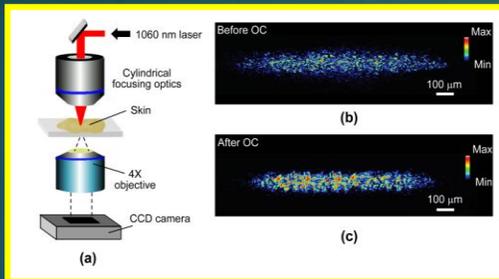
OA *in vivo* cytometry

Y.A. Menyayev et al., Skin optical clearing for *in vivo* photoacoustic flow cytometry, *Biomed. Opt. Express* 4 (12), 3030-3041 (2013)

3D OA lympho-/angiography of mouse limb *in vivo*

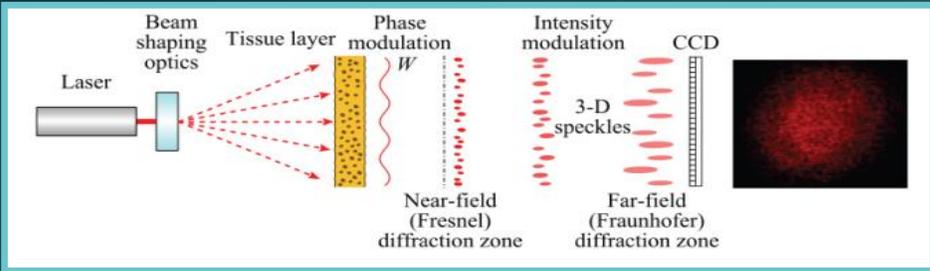


Raster scanning optical-acoustic mesoscopy (RSOM) scheme and experimental protocol



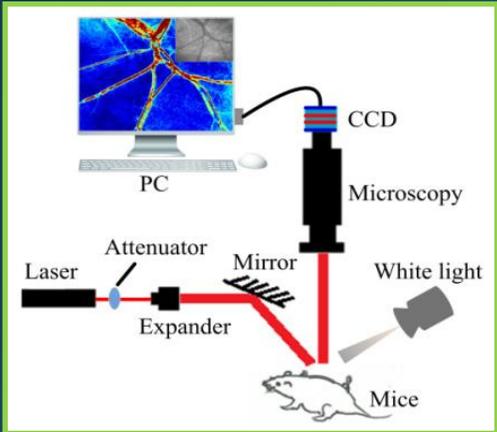
Topical application of OCA to the skin surface of a mouse limb during RSOM imaging

Laser speckle contrast imaging microscopy



$$K = \sigma / \langle I \rangle \sim 1 / \langle V \rangle,$$

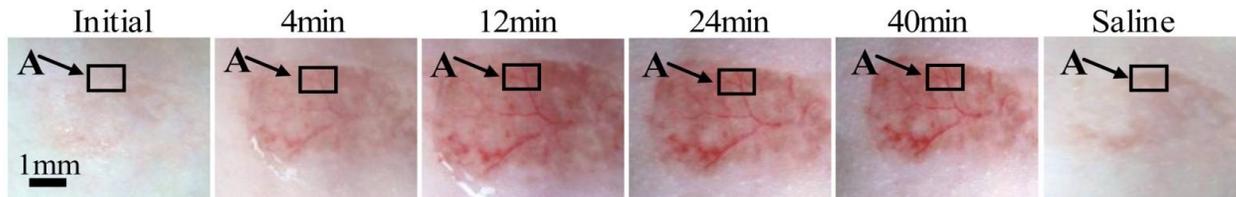
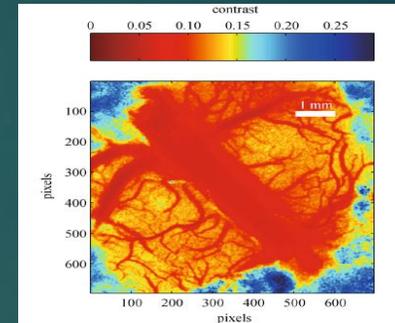
σ is the standard deviation of the intensity fluctuations
 $\langle I \rangle$ is the mean intensity, and $\langle V \rangle$ is the mean velocity



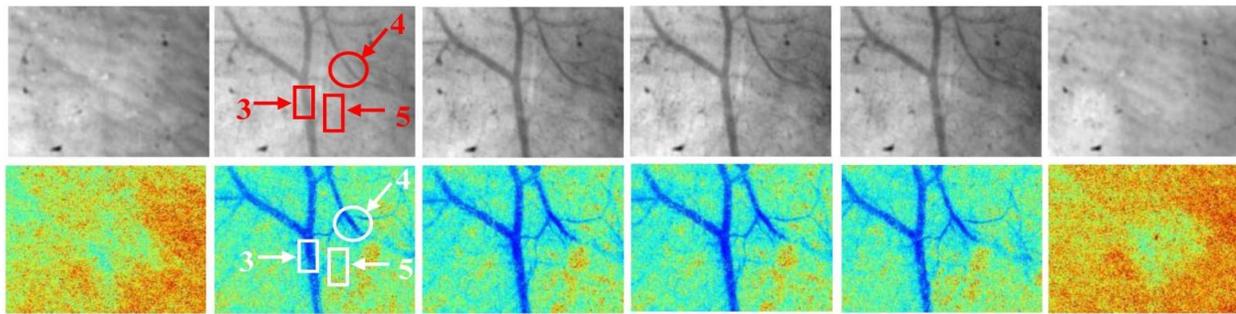
Blood vessel visibility at topical treatment of rat skin *in vivo* by a mixture of PEG-400 and thiazone

Zhu D., et al. *J. Biomed. Opt.* 15(2), 026008 (2010)

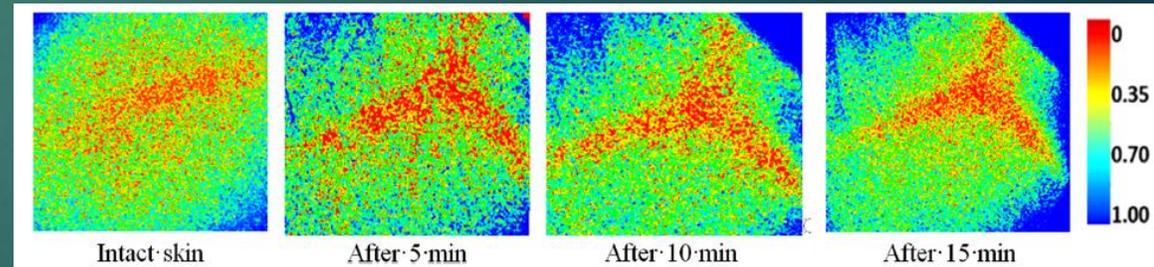
Imaging of brain blood vessels



(a)



(b)

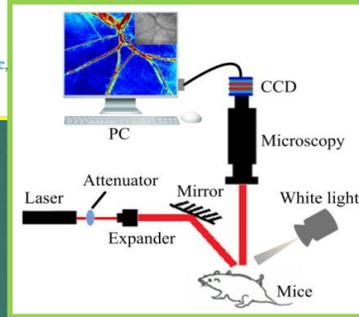


LSCI of cerebral vessels at application of 60% glycerol solution to skin surface of the newborn mouse in the fontanelle area



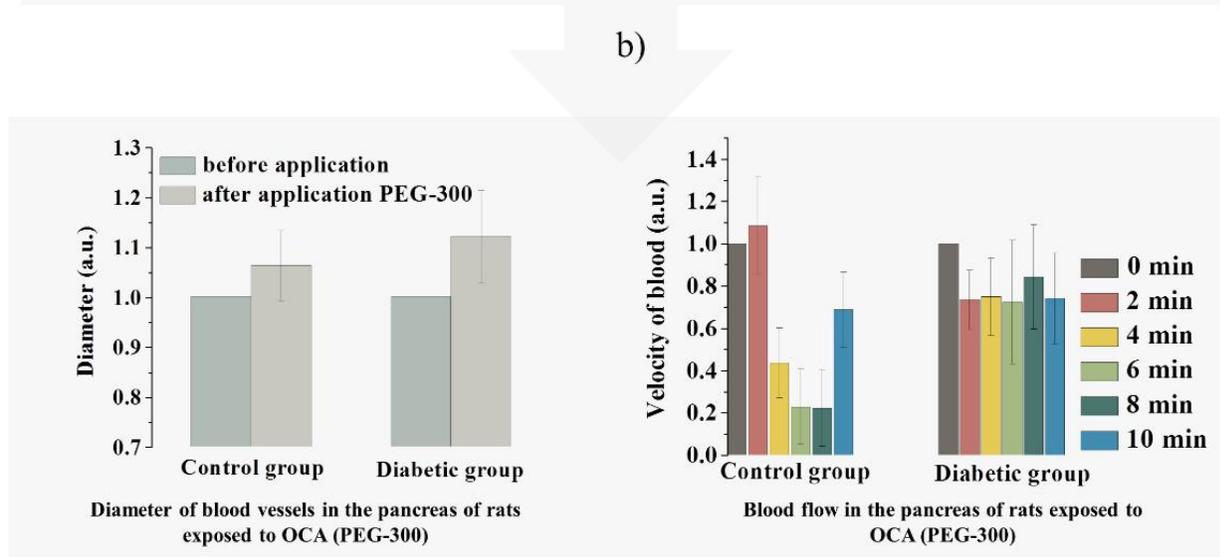
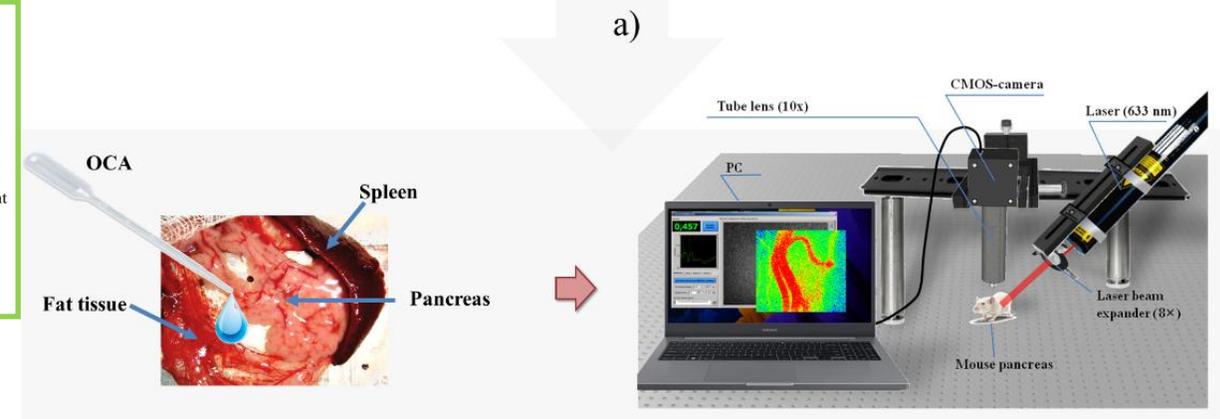
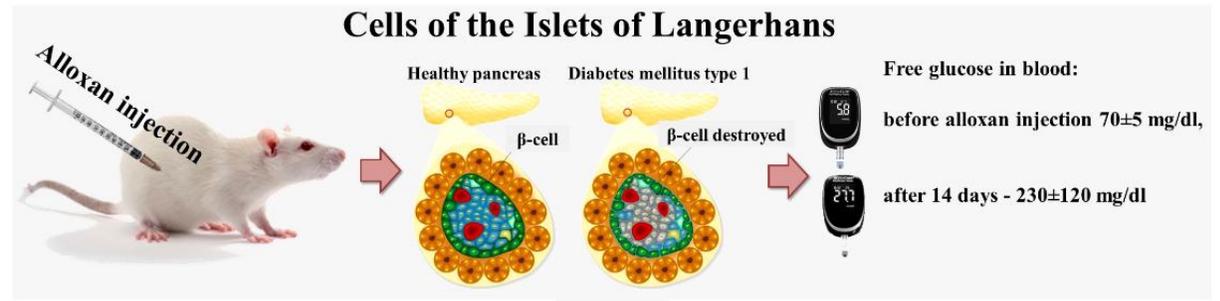
Light in evaluation of molecular diffusion in tissues: Discrimination of pathologies

Luís R. Oliveira ^{a,1}, Maria R. Pinheiro ^{b,1}, Daria K. Tuchina ^{c,d,1}, Polina A. Timoshina ^c, Maria I. Carvalho ^{b,f,2}, Luís M. Oliveira ^{b,g,*,2}



Schematic representation of the stages of studying pancreatic microcirculation in rats with alloxan-induced diabetes mellitus using laser speckle-contrast imaging with OCA application:

- Experimental type 1 diabetes in rats was induced by a single subcutaneous injection of alloxan at a dose of 220 mg/kg body weight
- Setup for studying pancreatic microcirculation in rats with diabetes
- Analysis and processing of the obtained results



c)

BIOLOGICAL IMAGING

Achieving optical transparency in live animals with absorbing molecules

Zihao Ou, Yi-Shiou Duh, Nicholas J. Rommelfanger, Carl H. C. Keck, Shan Jiang, Kenneth Brinson Jr., Su Zhao, Elizabeth L. Schmidt, Xiang Wu, Fan Yang, Betty Cai, Han Cui, Wei Qi, Shifu Wu, Adarsh Tantry, Richard Roth, Jun Ding, Xiaoke Chen, Julia A. Kaltshmidt, Mark L. Brongersma*, Guosong Hong*

Ou et al., *Science* 385, 1061 (2024), 6 September 2024

communications biology Research highlight



<https://doi.org/10.1038/s42003-024-07012-9>

INTRODUCTION: A challenge in trying to image biological matter is that its complex structure causes opacity because of unwanted light scattering. This scattering results from refractive index mismatches among the components of biological tissues, limiting the penetration depth of optical imaging. The desire to see inside biological tissue and uncover the fundamental processes of life has spurred extensive research into deep-tissue optical imaging methods, such as two-photon microscopy, near-infrared-II fluorescence imaging, and optical tissue clearing. However, these methods either lack sufficient penetration depth and resolution or are unsuitable for living animals. Therefore, the ability to achieve optical transparency in live animals

holds promise for transforming many of our imaging techniques.

RATIONALE: We hypothesized that strongly absorbing molecules can achieve optical transparency in live biological tissues. By applying the Lorentz oscillator model for the dielectric properties of tissue components and absorbing molecules, we predicted that dye molecules with sharp absorption resonances in the near-ultraviolet spectrum (300 to 400 nm) and blue region of the visible spectrum (400 to 500 nm) are effective in raising the real part of the refractive index of the aqueous medium at longer wavelengths when dissolved in water, which is in agreement with the Kramers-Kronig

'Transparent mice': deep-tissue live imaging using food dyes

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Tartrazine cannot make live tissues transparent

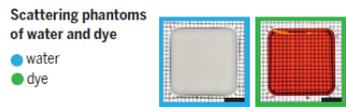
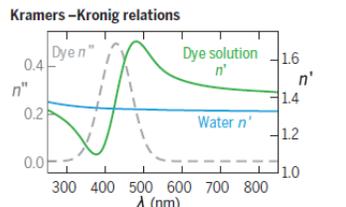
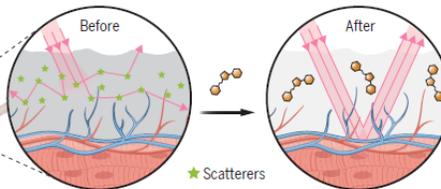
Shigenori Inagaki¹ & Takeshi Imai^{1*}

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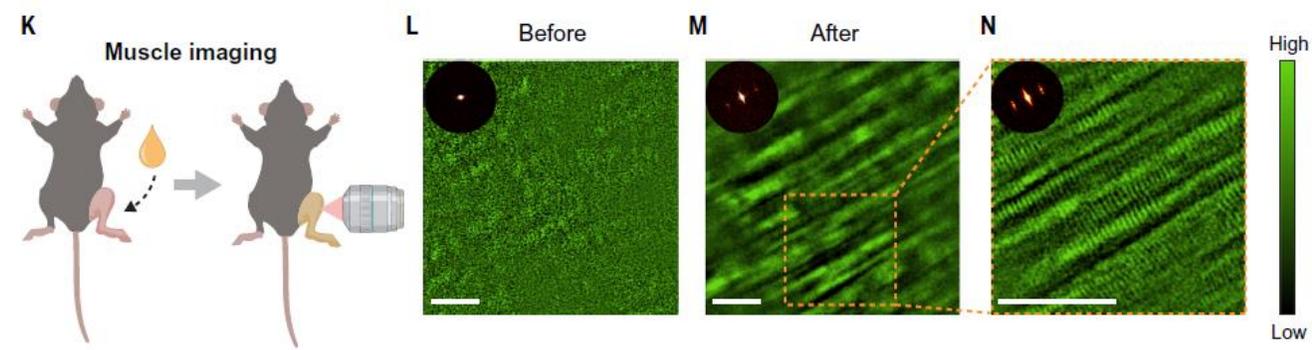
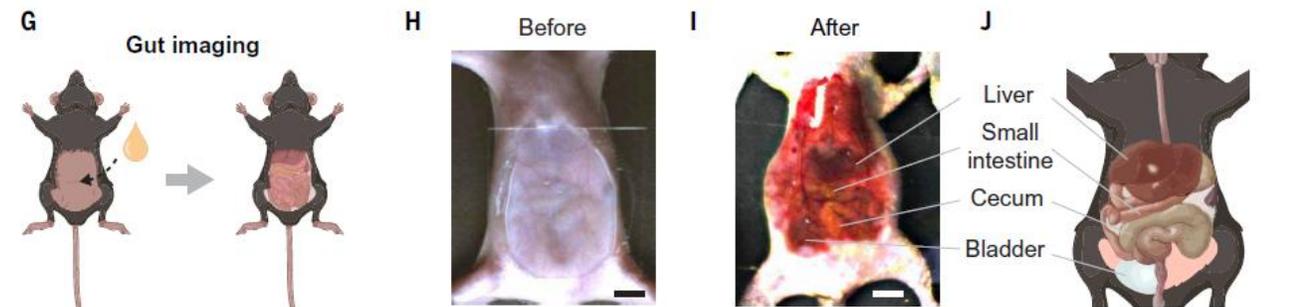
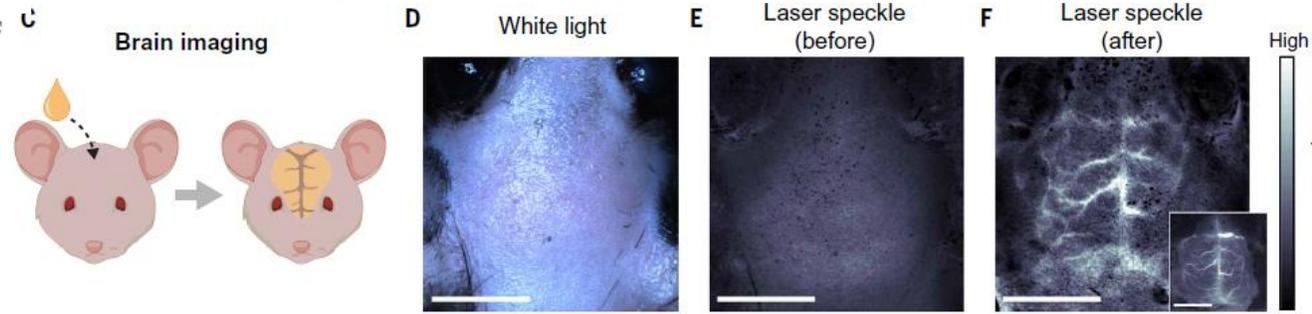
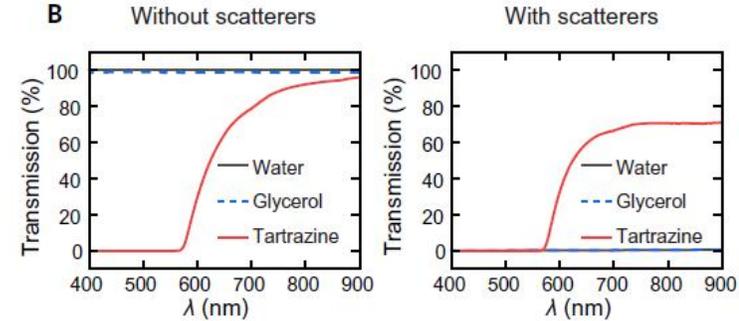
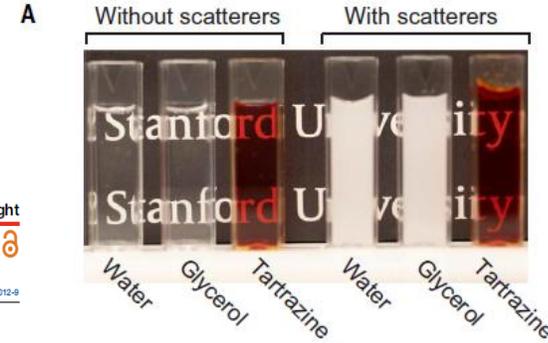
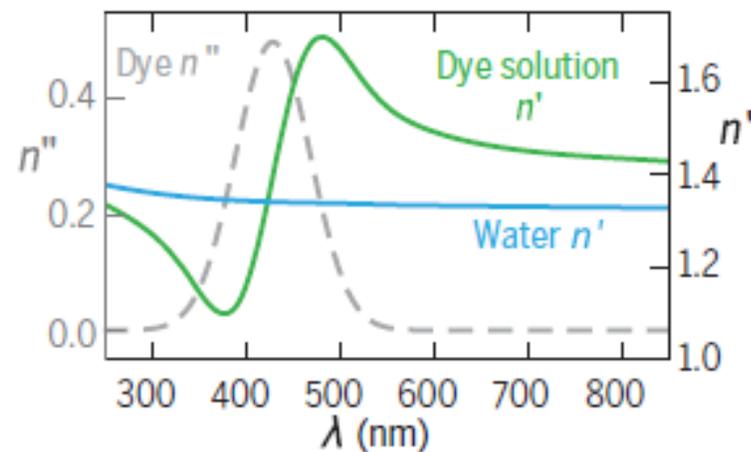
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Live animal optical clearing



Achieving optical transparency in live mice with absorbers dissolved in water can modify the RI of the aqueous medium to match that of lipids. This approach can render various sa chicken breast tissue, and live mouse body for visualizing Scale bars, 5 mm. [The schematic was prepared using Bi

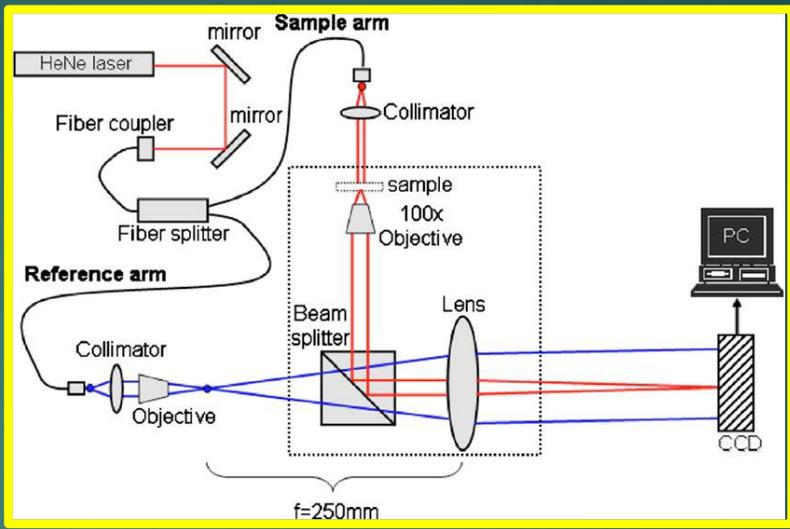
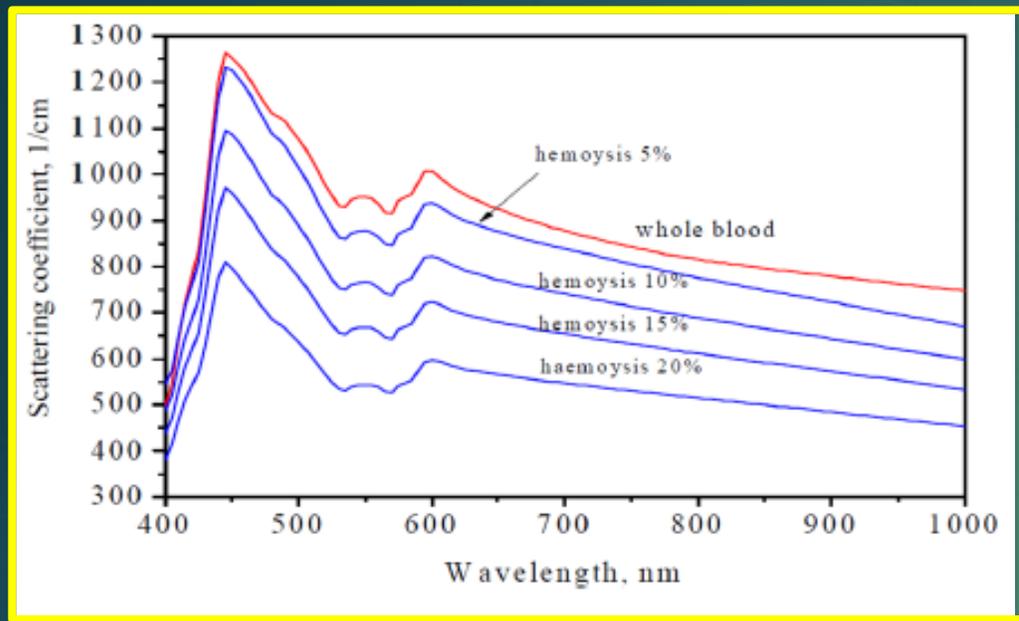
Kramers -Kronig relations



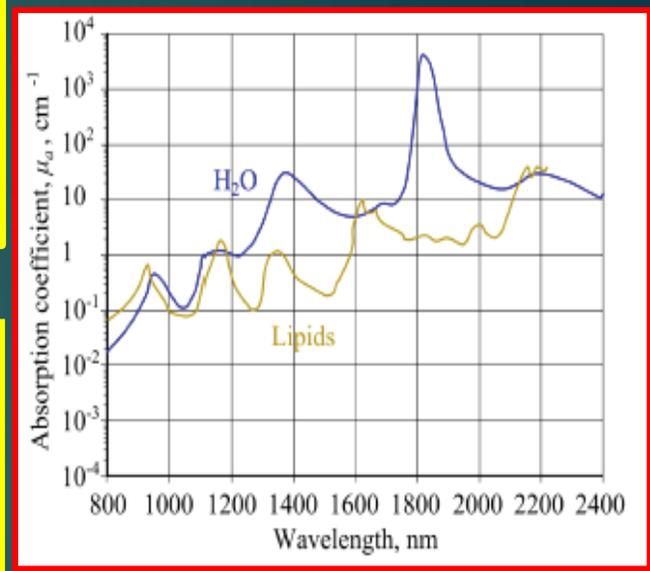
Self optical clearing at RBC hemolysis

V.V. Tuchin, et al. Optics Express 2004

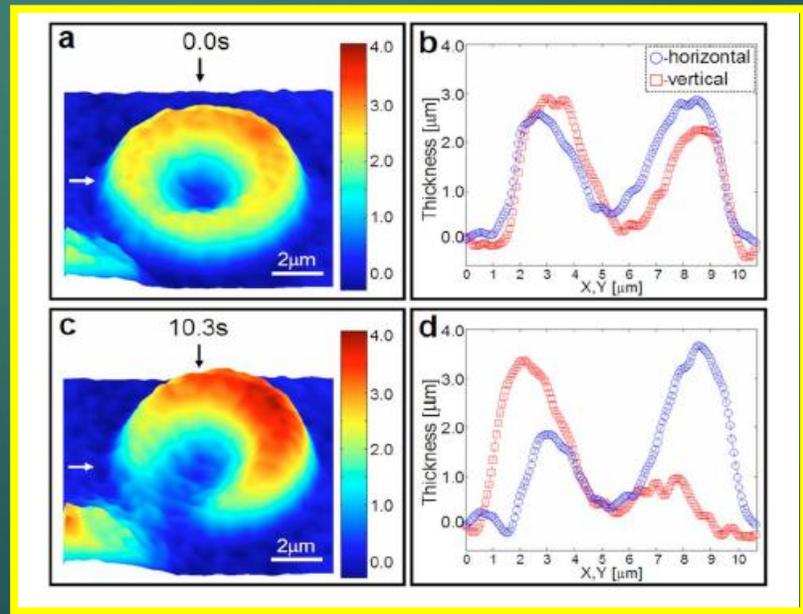
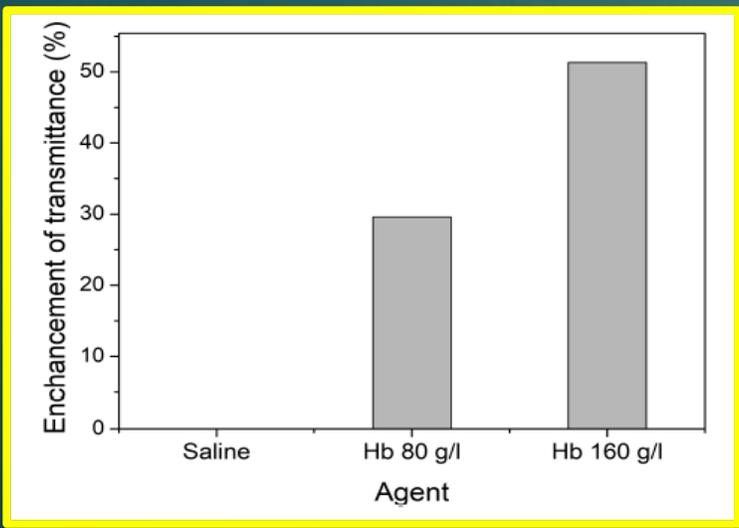
G.Popescu,...M. Feld, J. Biomed. Opt. 2005



SWIR tissue windows

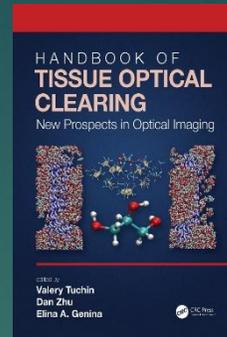


Hilbert phase microscopy



Optical clearing of blood and tissues using blood components

Olga S. Zhernovaya, Elina A. Genina, Valery V. Tuchin, and Alexey N. Bashkatov

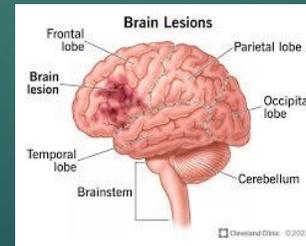
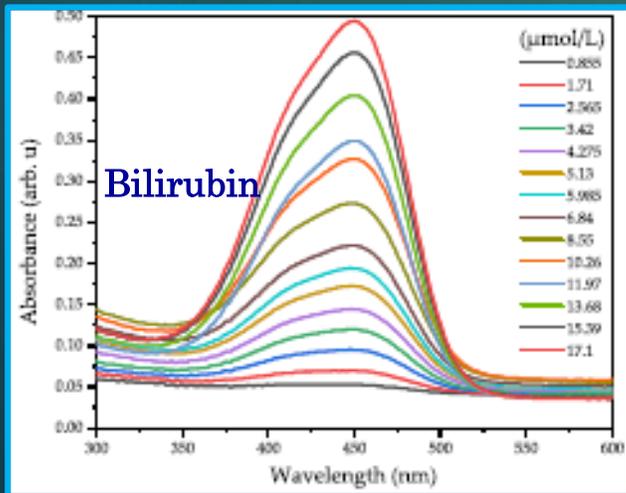


Temporal NIR reflectance of rat skin after injection of hemoglobin (120 g/L) and blood (2:1, in heparin)

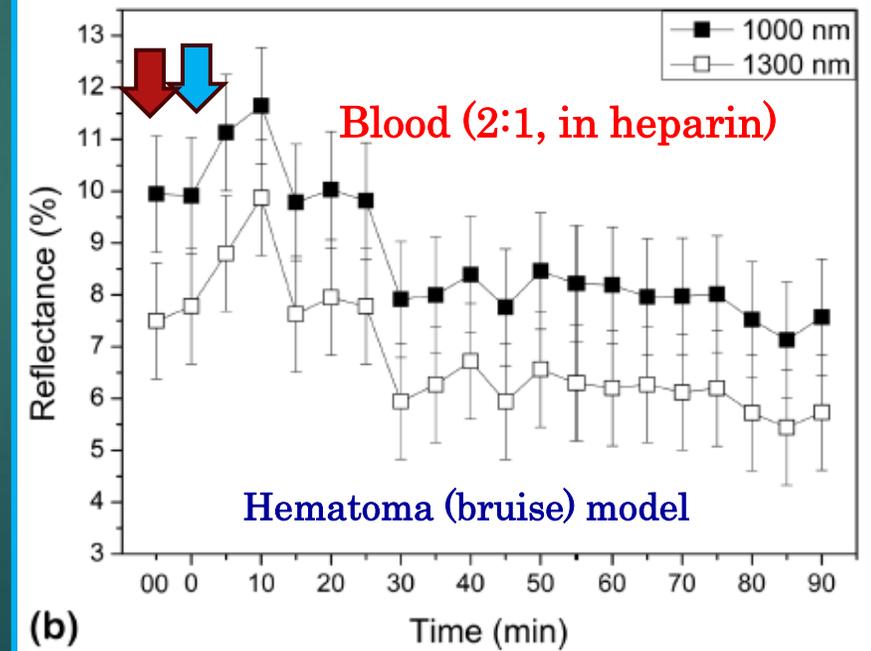
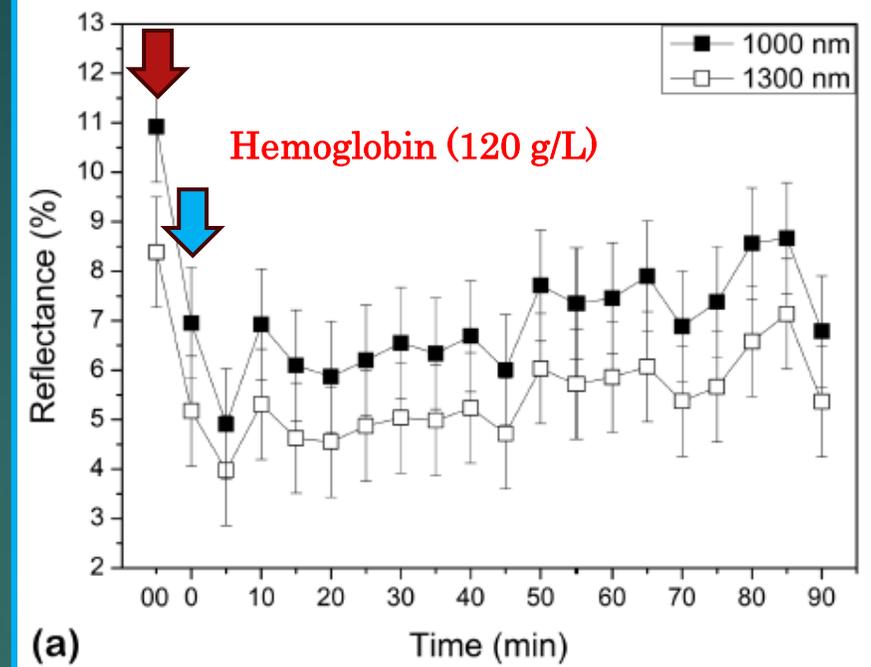
Reflectance of skin before injection

Reflectance of skin immediately after injection

Hematoma (bruise) change color with time – hemoglobin transfer to bilirubin

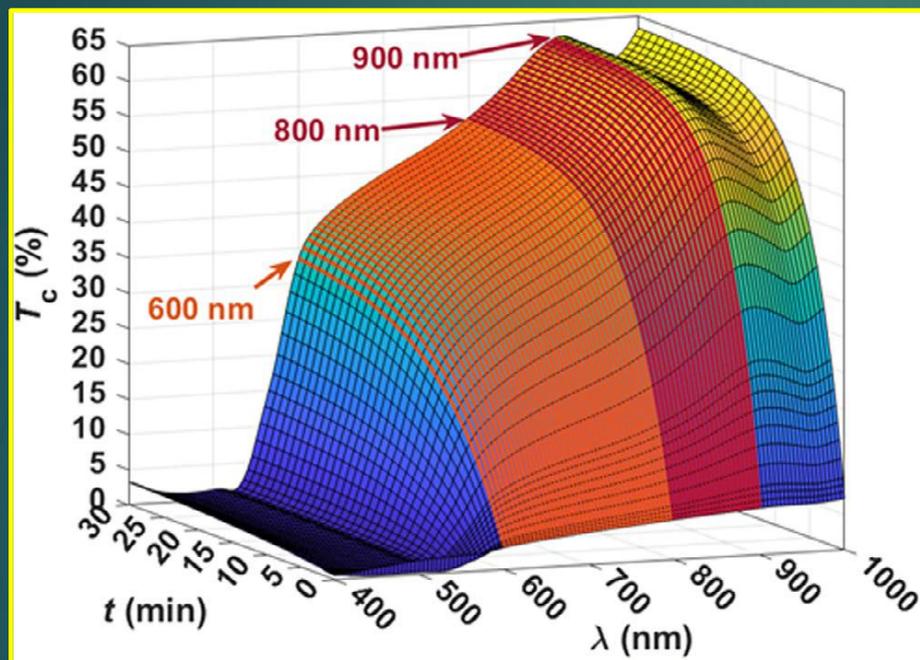


Piglet brain after cortical injury produced by the intracranial balloon, Paiva *et al.* Experimental and therapeutic medicine 25: 20, 2023

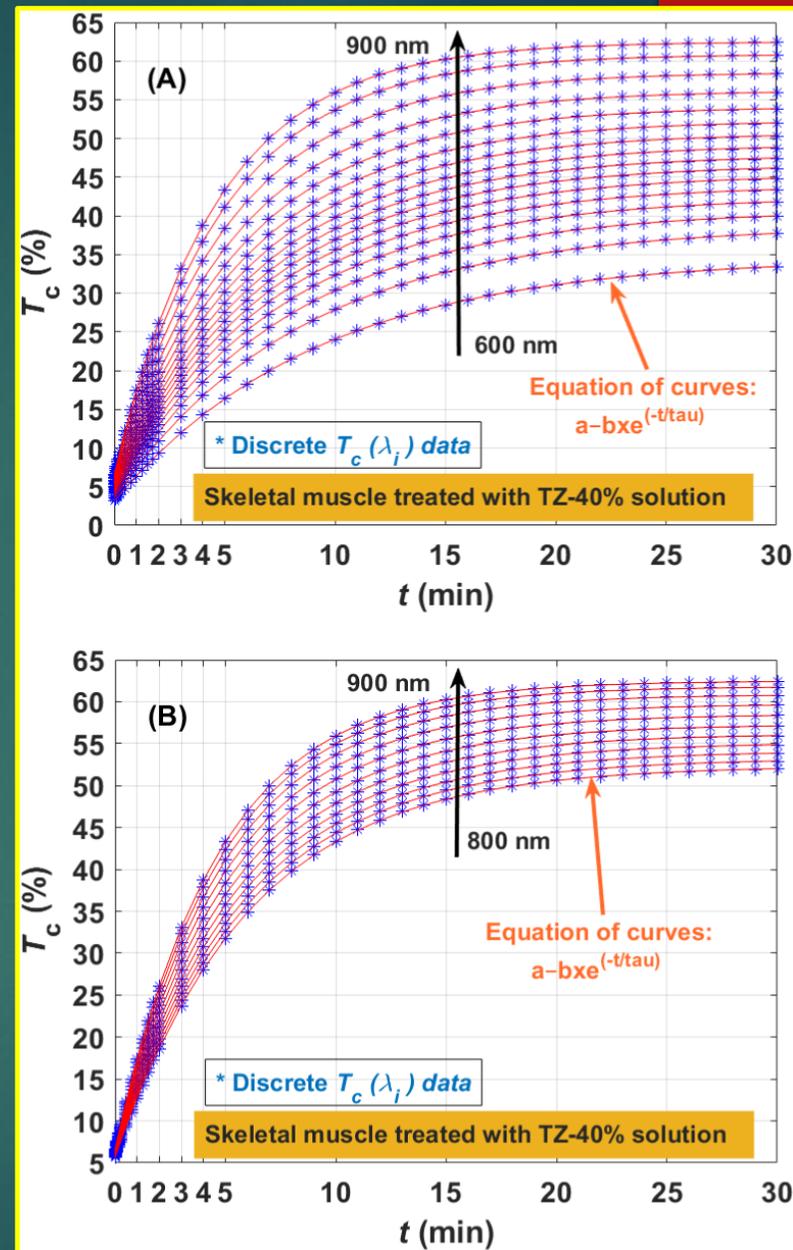


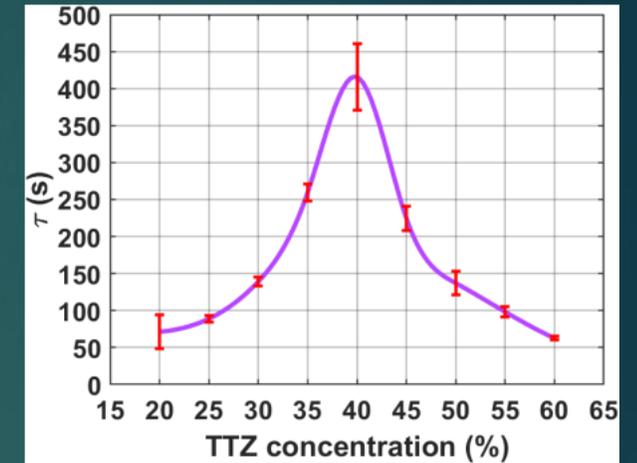
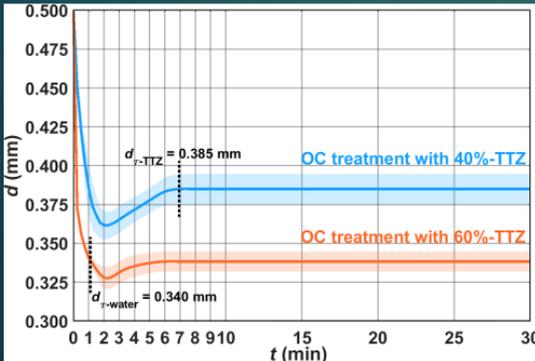
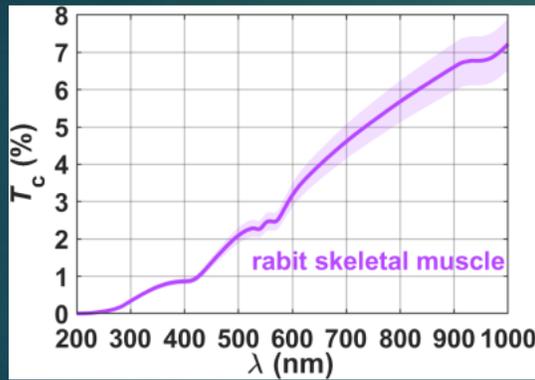
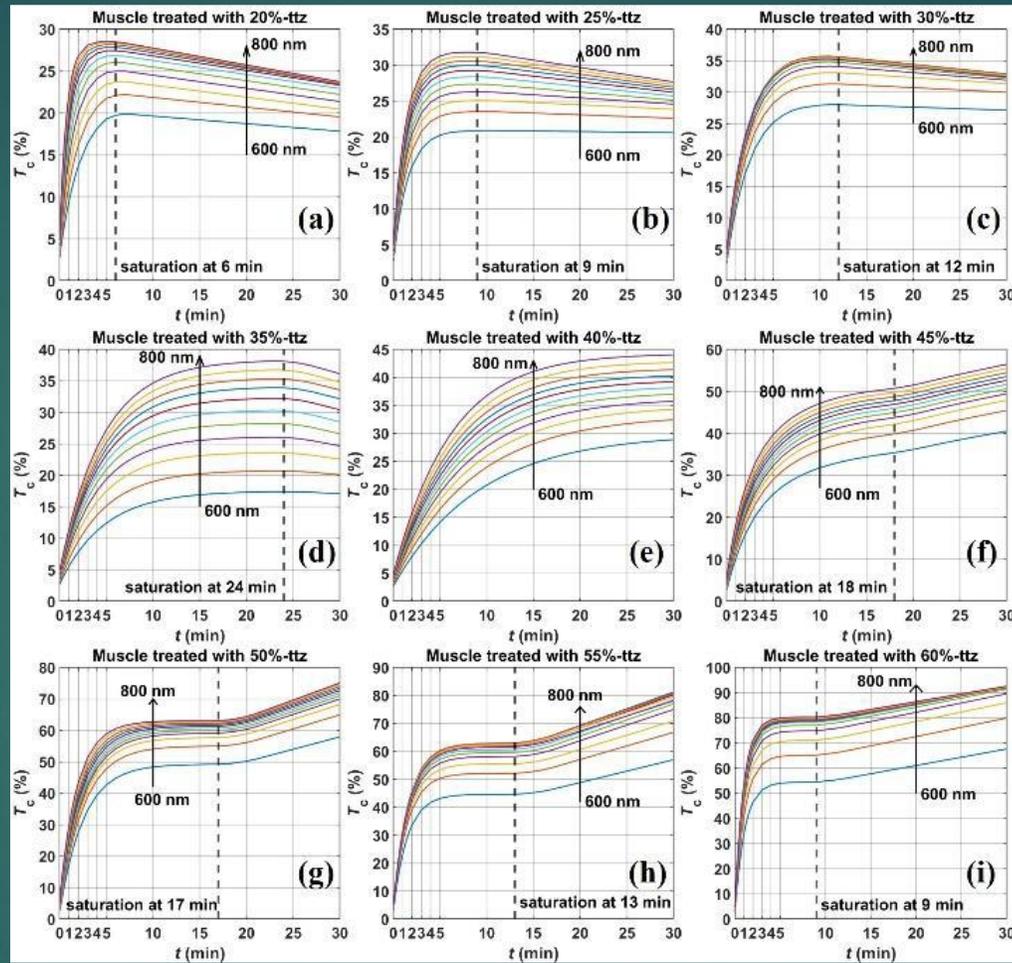
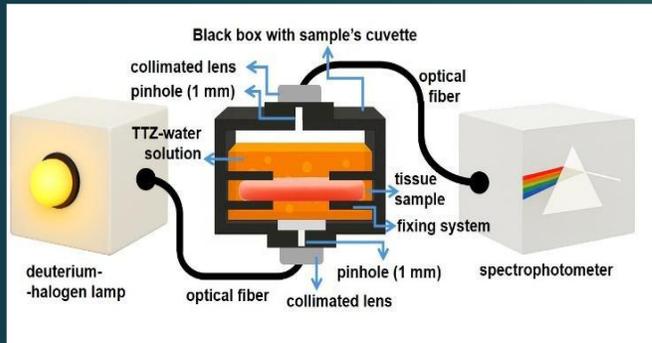
RESEARCH ARTICLE

Tartrazine for Optical Clearing of Tissues: Stability and Diffusion Issues

Ana R. Guerra¹ | Luís R. Oliveira¹ | Gonçalo O. Rodrigues^{1,2} | Maria R. Pinheiro^{1,3} | Maria I. Carvalho^{1,3} | Valery V. Tuchin^{4,5,6} | Luís M. Oliveira^{1,2}Kinetics of $T_c(\lambda)$ at treatment with TZ solution (40%)

Luís M. Oliveira et al. "Ultraviolet transparency windows created by bonding tartrazine molecules to tissue proteins" (SFM-25)

Kinetics of T_c for wavelengths between 600 and 900 nm (A) and between 800 and 900 nm (B)



For TTZ, the value of $D_{TTZ,water} \sim 4.8 \times 10^{-6} \text{ cm}^2/\text{s}$, i.e. about $13.6 \times$ higher than the $D_{TTZ,tissue} = 3.6 \times 10^{-7} \text{ cm}^2/\text{s}$ that is obtained experimentally in this study. For water diffusion, this ratio is 12.1 ($2.3 \times 10^{-5} \text{ cm}^2/\text{s} / 1.9 \times 10^{-6} \text{ cm}^2/\text{s}$). Consequently, the impact of tissue structure (barrier) on water transport is only slightly less than on transport of TTZ molecules (534 g/mol)

Computer-guided optical clearing for transcranial laser speckle imaging of cortical blood flow through synergistic tartrazine-induced cranial bone transparency

(Yu. Surkov et al., JIOHS, accepted, October 2025)

Mouse scalp was surgically excised without damaging the periosteum

Equipment: LSCI system (632 nm), OCT (930 nm) and OCT (1325 nm)

Static speckle-contrast maps (K_{static}) were calculated from the reconstructed static raw speckle image stack

Dynamic speckle contrast: $K_{dynamic} = K_{full} - K_{static}$

Relative blood flow index ($rBFI$) maps:

$$rBFI_{full} = 1/K_{full}^2, \quad rBFI_{dynamic} = 1/K_{dynamic}^2$$

$$CNR(t) = (\langle K_{ROI}(t) \rangle - \langle K_{bg}(t) \rangle) / \sigma_{bg}$$

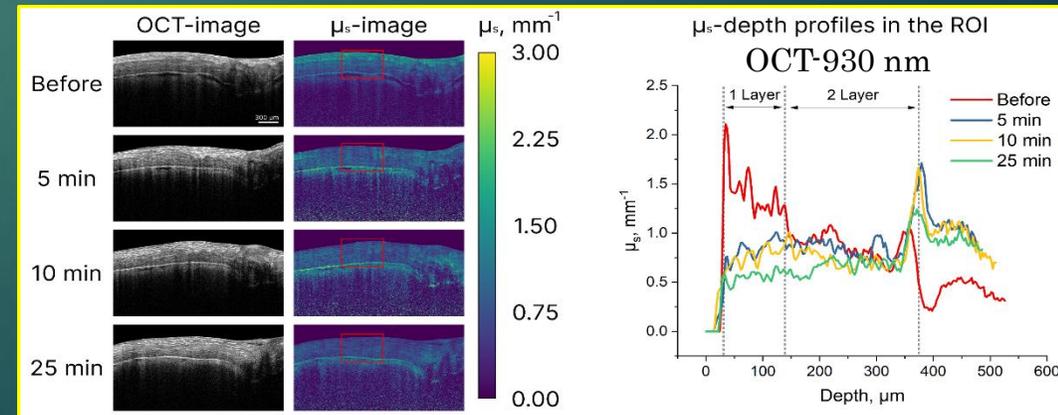
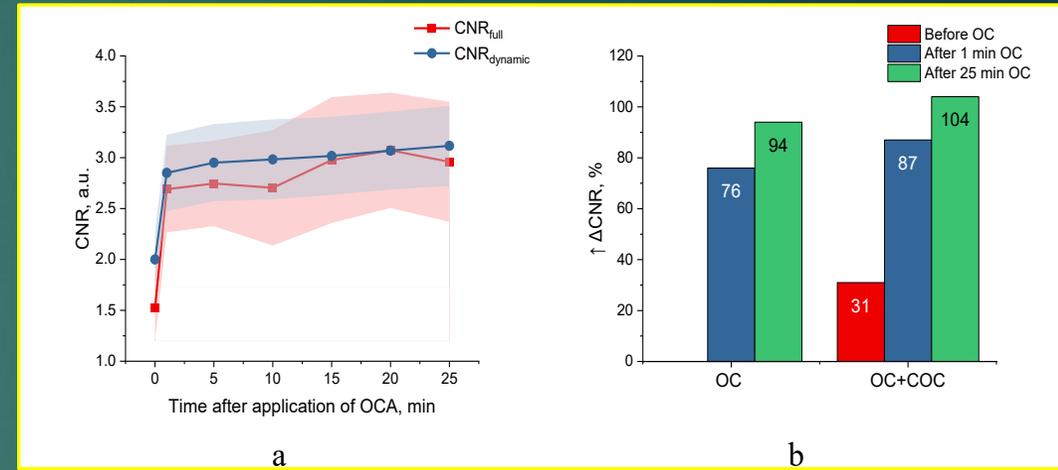
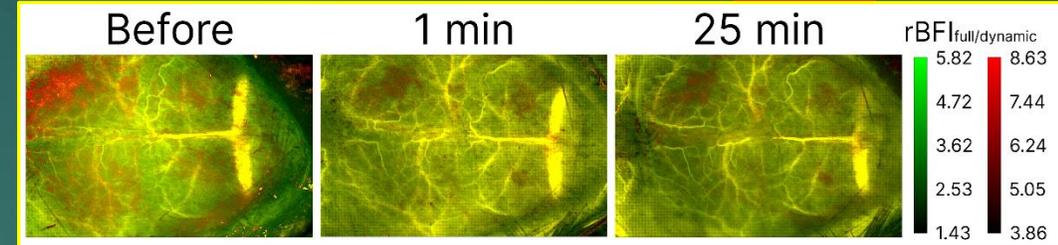
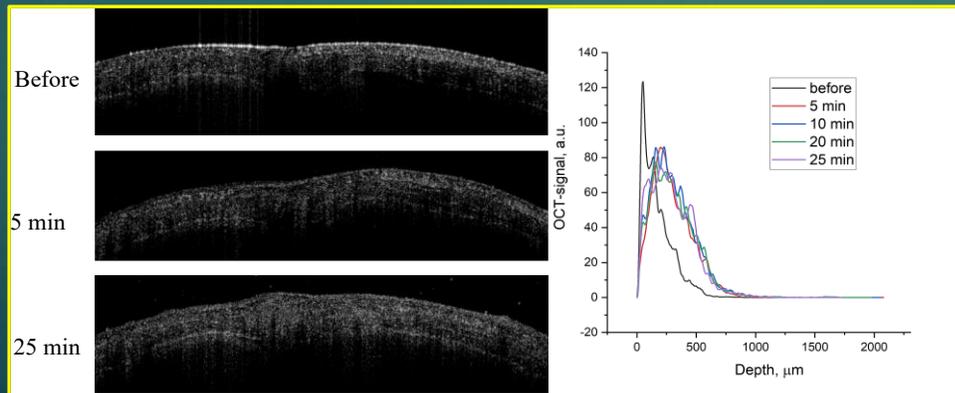
$\langle \cdot \rangle$ the mean value within the vessel ROI

bg – neighboring parenchymal background area free of large vessels

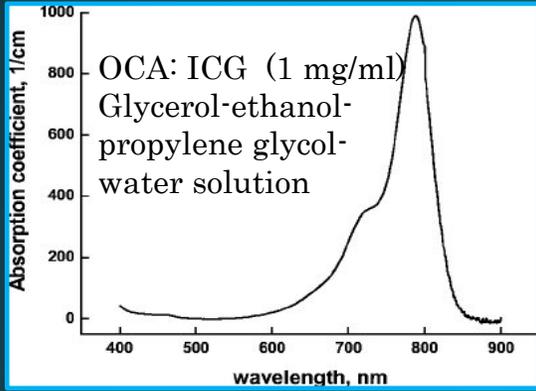
σ_{bg} – standard deviation within that background

COC – computational optical clearing (PCA-based filtering that selectively removes static scattering, like physical optical clearing implemented algorithmically)

OCT-1325 nm



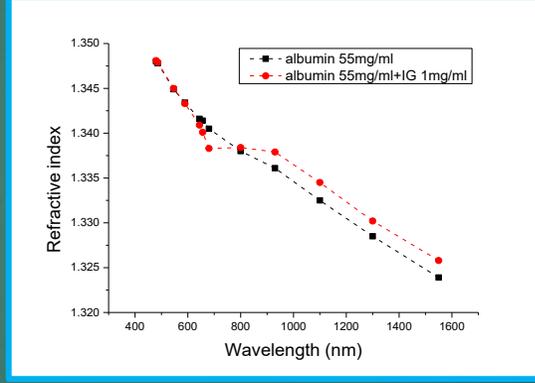
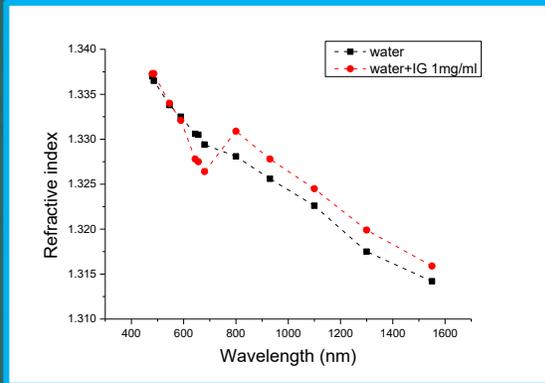
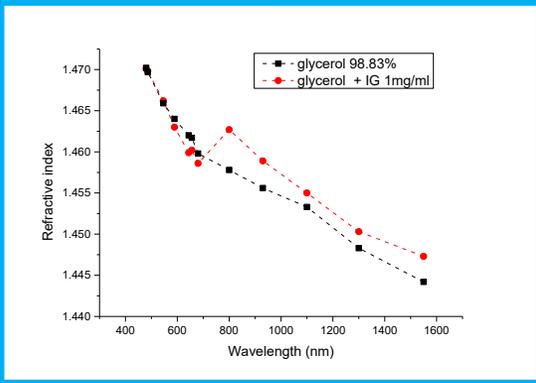
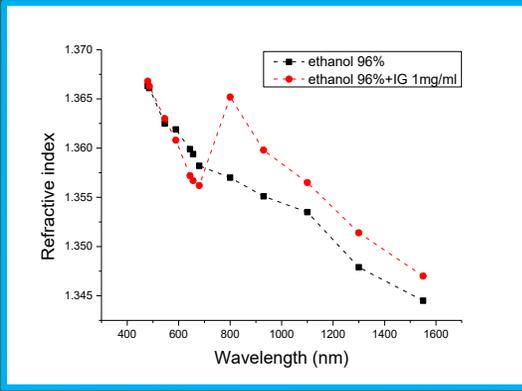
Dispersion of ICG in water, ethanol, glycerol, and albumin (presented on LALS -24)



E. Genina et al., JBO 9(4) (2004)



Multi-wavelength refractometer



Letter
Vol. 50, No. 171 September 2025/Optics Letters 5226

Optics Letters

Indocyanine green (ICG) enhances penetration of 1300 nm optical coherence tomography imaging for *in vivo* murine skin

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Optical scattering in biological tissues presents a major challenge for achieving deep penetration in optical coherence tomography (OCT). Recent approaches leveraging the Kramers-Kronig (KK) relations suggest that strongly absorbing dyes can reduce scattering by modulating the tissue's refractive index. In this study, we investigate the use of indocyanine green (ICG), an FDA clinically approved near-infrared dye, as an optical clearing agent (OCA) for 1300 nm OCT imaging. Due to its strong absorption near 780 nm and its binding affinity to plasma proteins and lipids, ICG presents a promising candidate for KK-based optical clearing in fatty tissues. We validated ICG's clearing potential using 1300 nm OCT on the abdominal skin of a non-pigmented mouse for *in vivo* imaging. Our findings indicate that ICG enhances imaging contrast and increases penetration depth, demonstrating its potential for non-invasive, contrast-enhanced 1300 nm OCT imaging. These findings could benefit dermatological applications of OCT by enhancing image quality to reveal greater detail in the skin. © 2025 Optica Publishing Group. All rights reserved for text and data mining (TDM), Artificial Intelligence (AI) training, and similar technologies, are reserved.

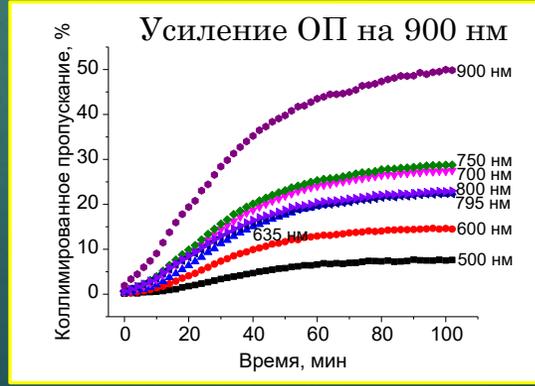
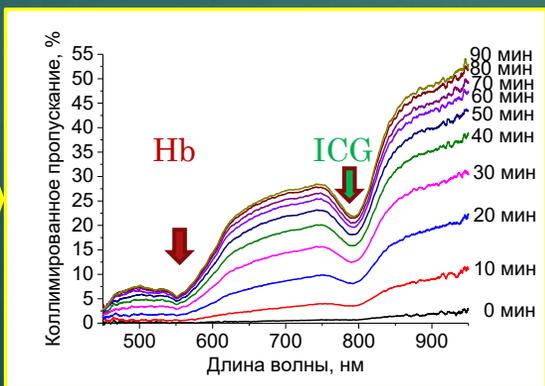
<https://doi.org/10.1364/OL.569764>

To overcome this challenge, conventional optical clearing agents (OCAs) such as dimethyl sulfoxide (DMSO), glycerol, and propylene glycol (PG) have been employed to enhance light penetration by reducing refractive index (RI) mismatch between tissue components [12–14]. While these OCAs can substantially improve penetration depth, they present notable drawbacks. For example, DMSO, despite its strong clearing effect, offers limited optical contrast enhancement [12]. Glycerol and PG, meanwhile, induce tissue dehydration that can alter the native tissue morphology, potentially confounding diagnostic interpretation [12, 13]. Recent advances have explored an alternative mechanism for optical clearing by increasing the refractive index of aqueous tissue components using strongly absorbing, water-soluble dye molecules. As predicted by the Lorentz oscillator model and Kramers-Kronig (KK) relations, dyes with sharp absorption resonances can increase the real component of the tissue's RI at wavelengths longer than that of the resonance [15, 16]. This approach, termed KK-based optical clearing, reduces the RI mismatch between low-index aqueous media and high-index lipid or collagen-rich domains. Previously, our group demonstrated that dyes such as tartrazine and 4-aminoantipyrene significantly enhanced OCT penetration depth at an imaging wavelength of 840 nm in murine skin [15].

In this study, we build upon the established benefits of 1300 nm OCT, which offers deeper tissue penetration due to its longer wavelengths (0.9 μm to 1.7 μm) [17] and is becoming more prevalent for dermatological diagnostics [7]. We investigate the use of indocyanine green (ICG) as a novel OCA for enhancing 1300 nm OCT imaging. ICG is an FDA clinically approved contrast agent with a strong absorption peak near 780 nm [18], making it a promising candidate for KK-based optical clearing at 1300 nm wavelengths. Furthermore, ICG has a known affinity for lipoproteins, which suggests its potential to enhance optical contrast within fat layers of the skin [19, 20]. Previous work has explored the use of ICG for generating contrast in OCT images. Ehlers *et al.* used ICG to improve tissue layer boundary and wound boundary contrast for intraprostatic OCT imaging at ~800 nm [21]. Further, Yasopob *et al.* implemented a pump-probe scheme that tracks photobleaching

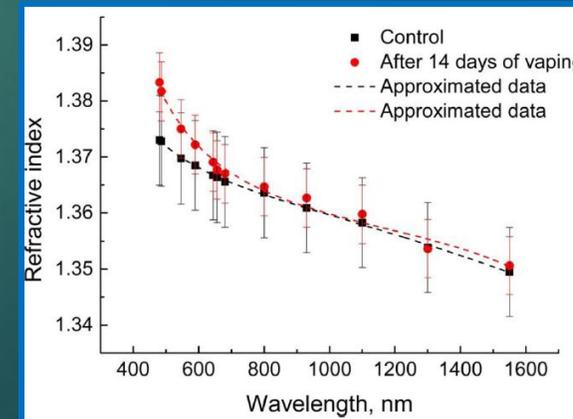
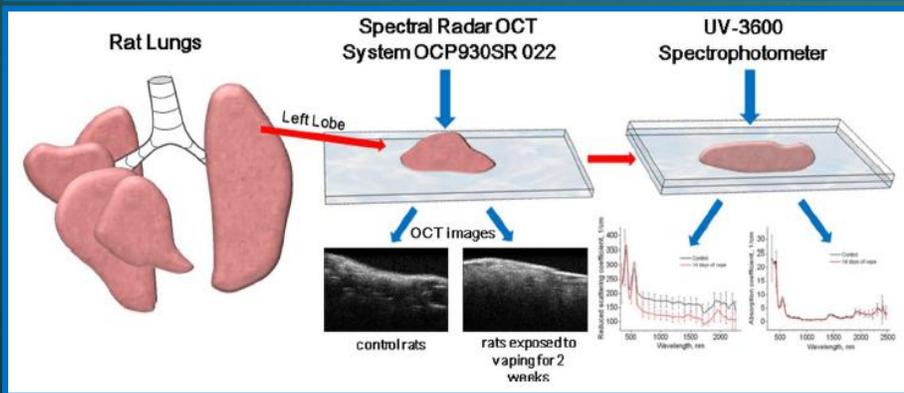
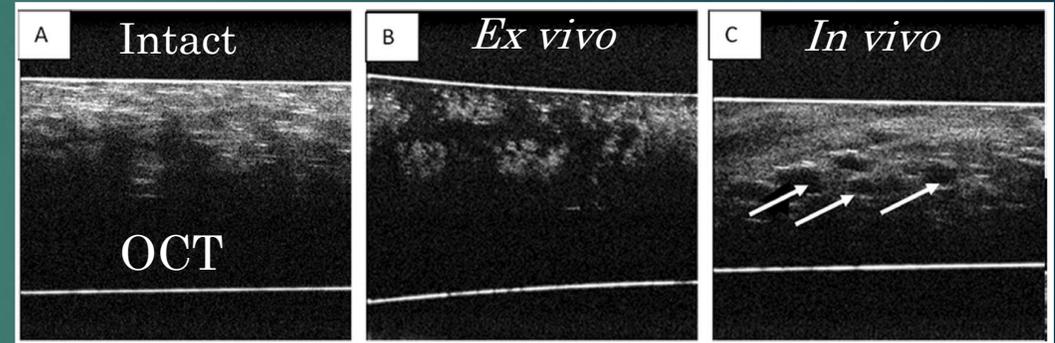
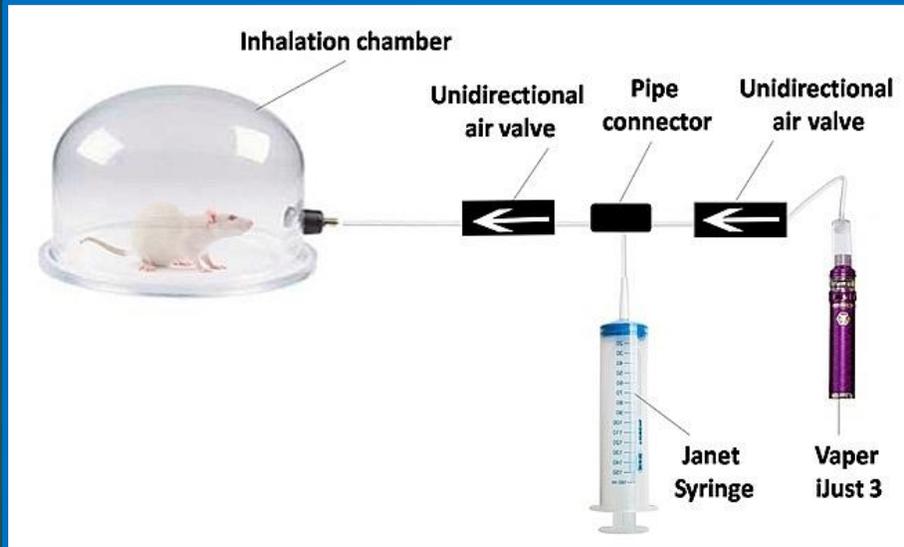
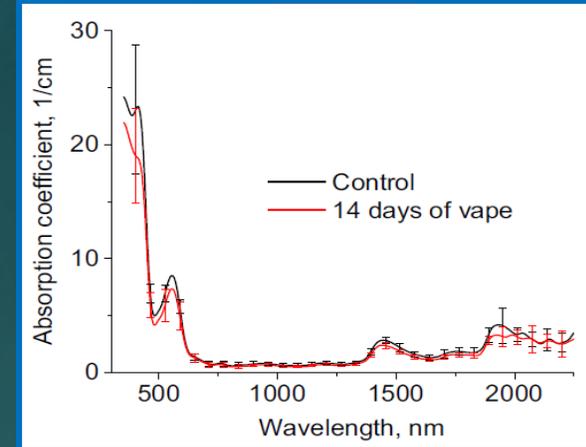
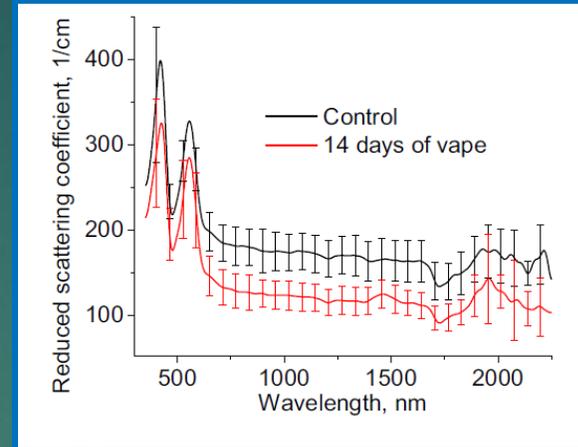
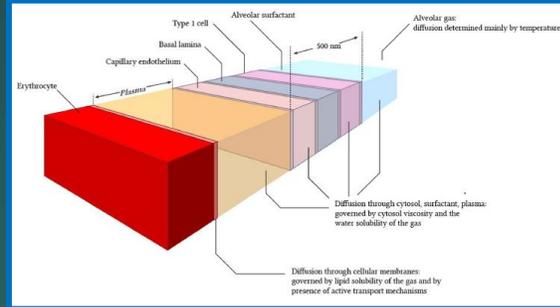
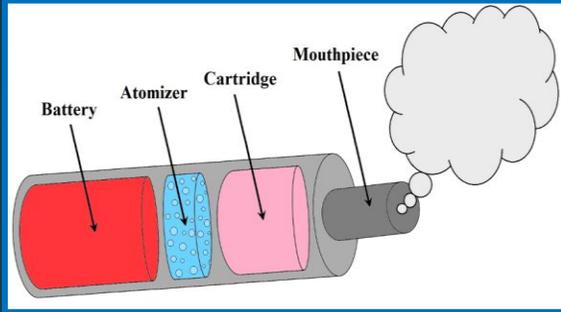
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Мышечная ткань крысы, ОПА 70%-раствор глицерина (25% воды и 5% ДМСО + ICG 5×10⁻³ мг/мл)



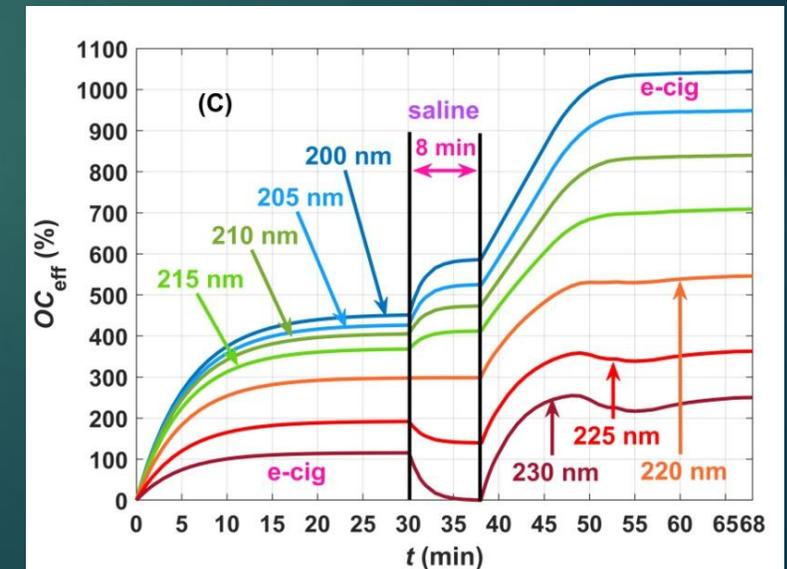
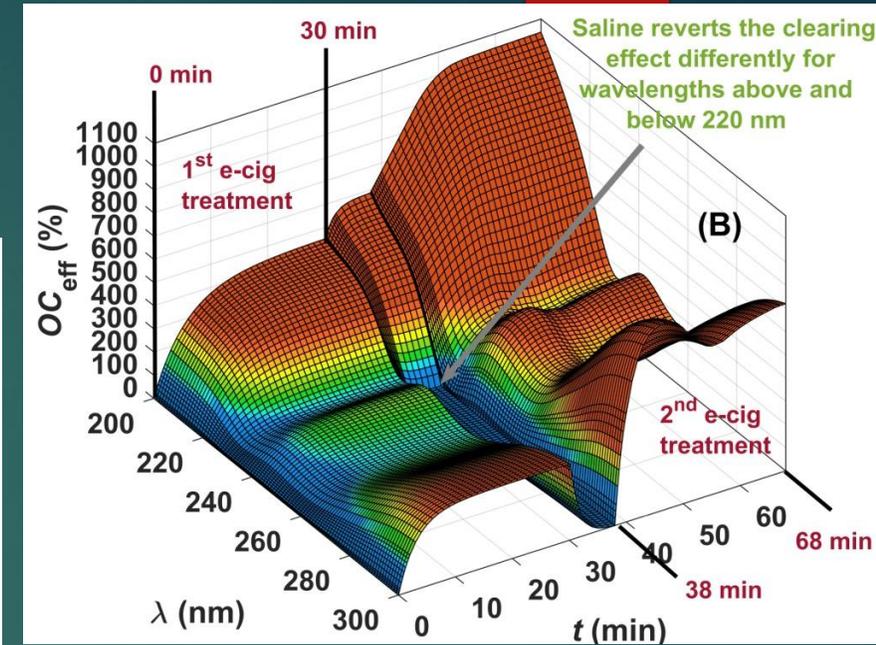
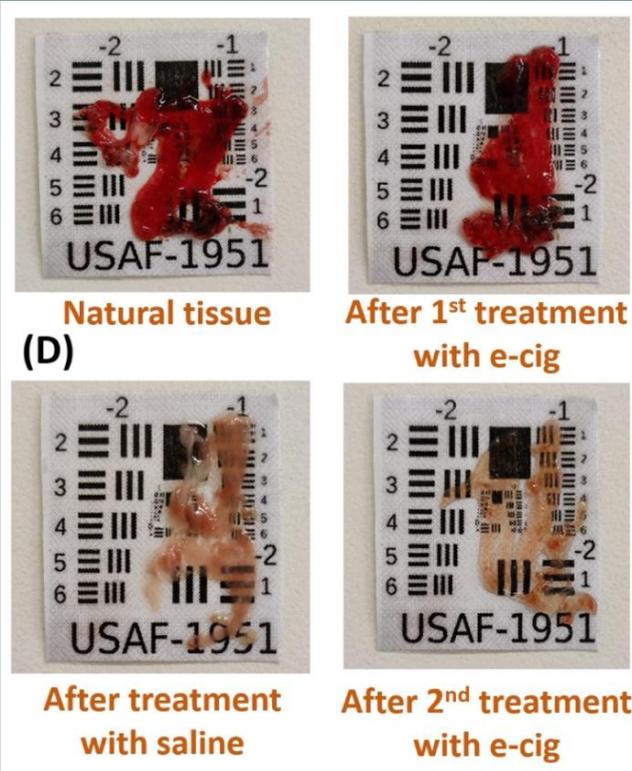
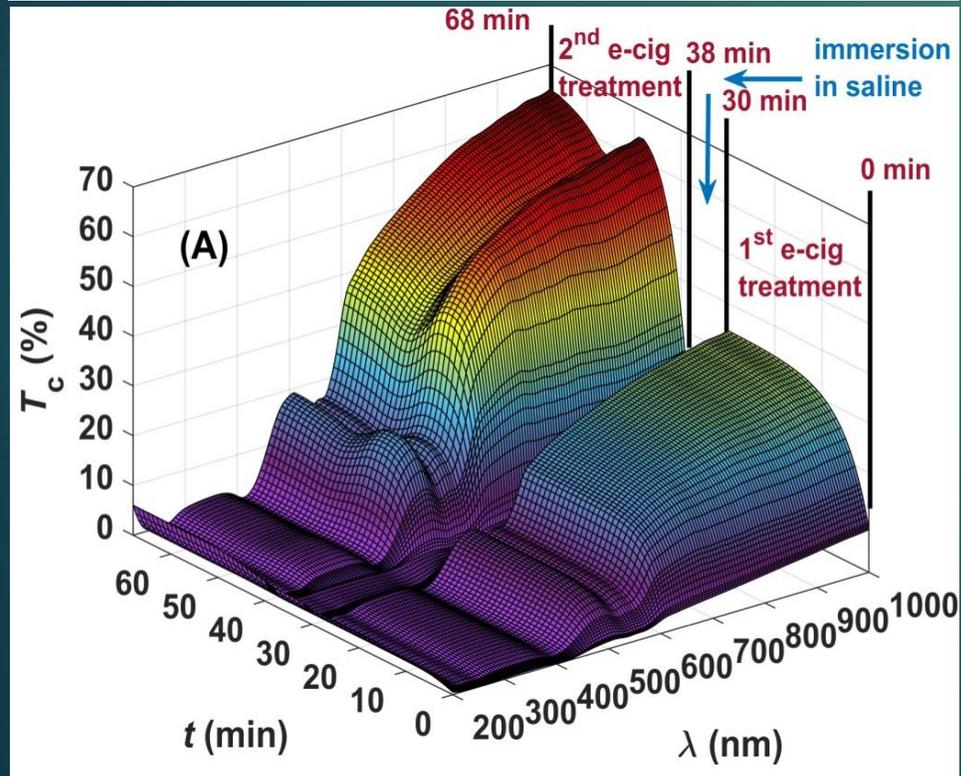
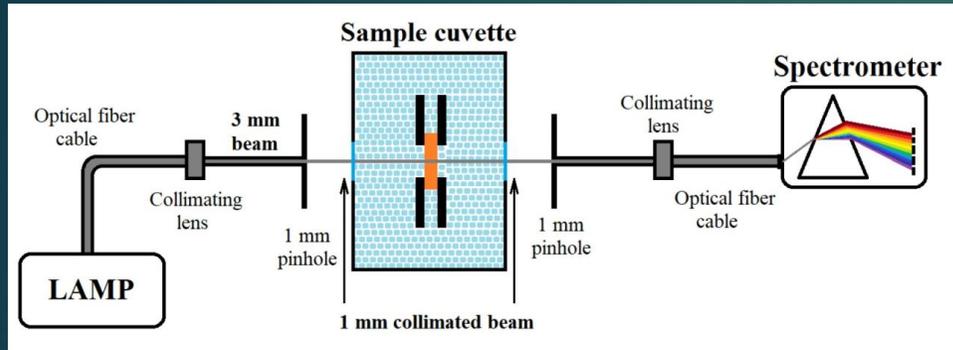
OC of lung tissue and e-liquid as an OCA

A.B. Bucharskaya, et al., *Biophys. Rev.* 14 (2022)



Rabbit lung tissue

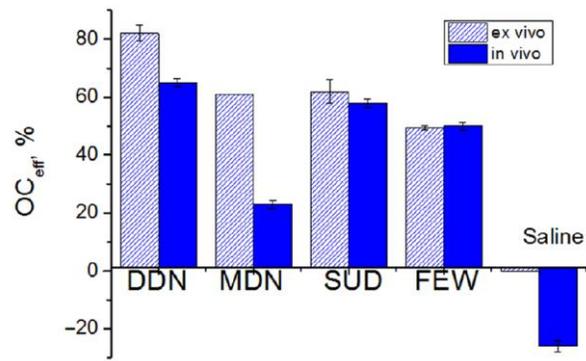
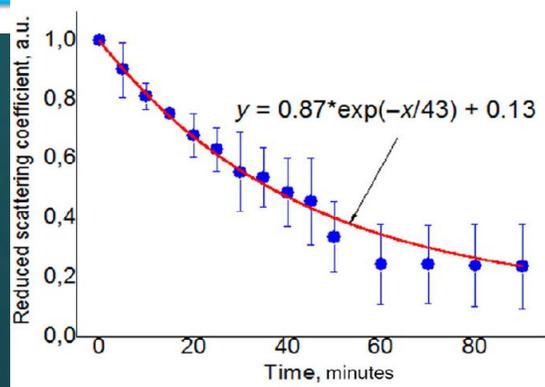
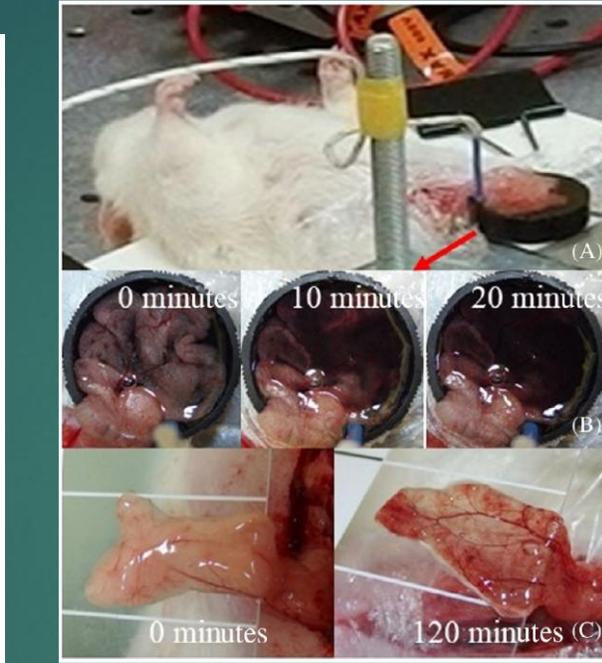
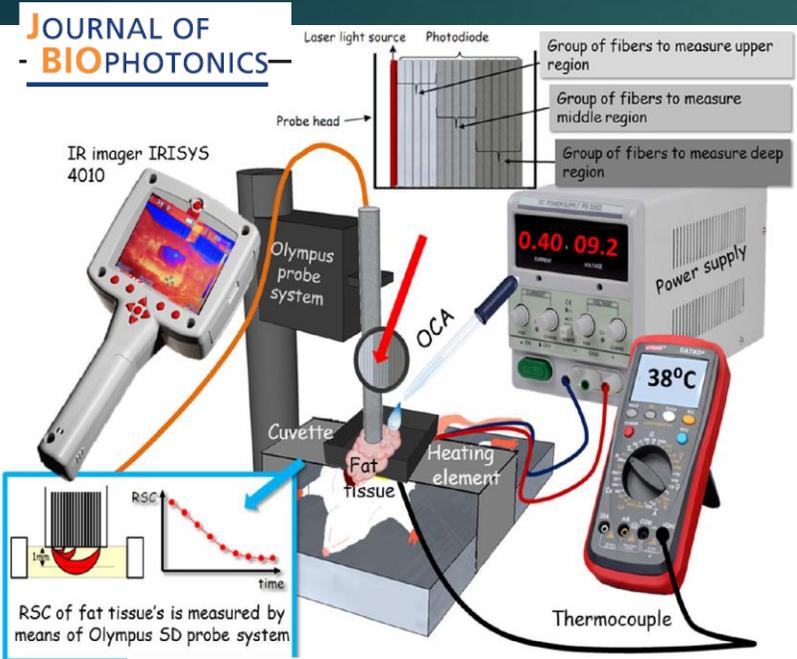
$$OC_{eff}(\%) = \frac{T_c(\lambda, t) - T_c(\lambda, t = 0)}{T_c(\lambda, t = 0)} \times 100\%$$



In vivo immersion optical clearing of adipose tissue

Motivation: Conventional or Laser Surgery, to see and avoid dissection of blood vessels

I. Y. Yanina, et al., "Immersion optical clearing of adipose tissue in rats: ex vivo and in vivo studies," *J. Biophotonics* e202100393 (2022)



Ex vivo	Intact	FEW	DDN	MDN	SUD
Damage severity		Low	Middle	Middle	Above middle
Signs		Cells have round shape with thickened membranes	Nuclei are absent, membranes are crenulated	Nuclei are absent, membranes are thickened, eosinophilic and thinned	Broken adipocyte septa
Histological images					
In vivo	Intact	FEW	DDN	MDN	SUD
Damage severity		Low	Middle	Middle	Middle
Signs		Single broken or crenulated adipocyte septa	Swelling of the intercellular membranes of adipose tissue	Severe vascular hyperemia and moderate thickening of membranes	The diapedesis hemorrhages
Histological images					

1 FEW: 50% Fructose, 30% Ethanol, 20% Water ($n=1.408$)

2 DDN: 21% Diatrizoic acid, 66% DMSO, 13% N-methyl-glucamine ($n=1.511$)

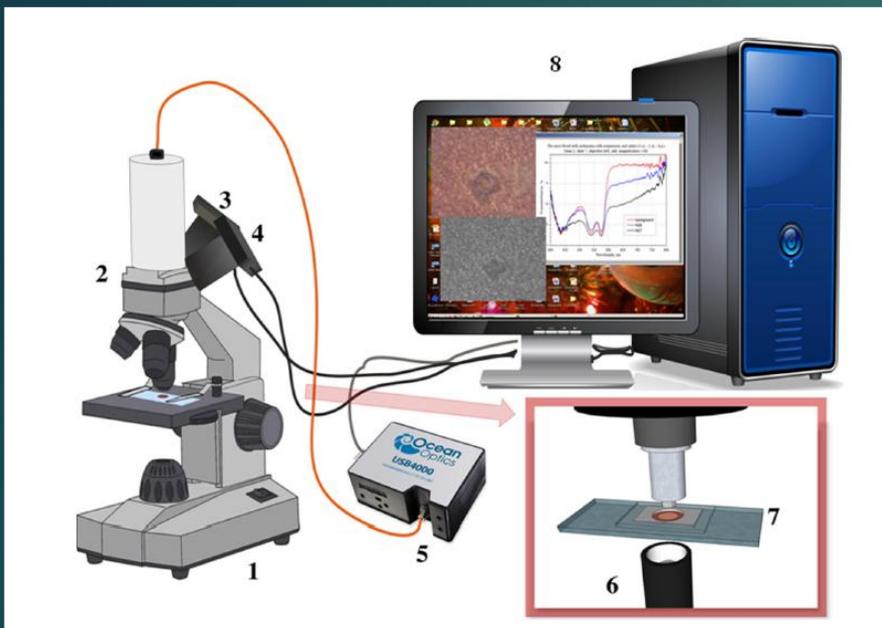
3 MDN: 30% Metrizoic acid, 58% DMSO, N-methyl-glucamine ($n=1.529$)

4 SUD: 60% Sucrose, 40% DMSO ($n=1.509$)

Detection of Melanoma Cells in Whole Blood Samples Using Spectral Imaging and Optical Clearing

Polina A. Dyachenko , Leonid E. Dolotov, Ekaterina N. Lazareva, Anastasia A. Kozlova, Olga A. Inozemtseva, Roman A. Verkhovskii, Galina A. Afanaseva, Natalia A. Shushunova, Valery V. Tuchin , Ekaterina I. Galanzha, and Vladimir P. Zharov

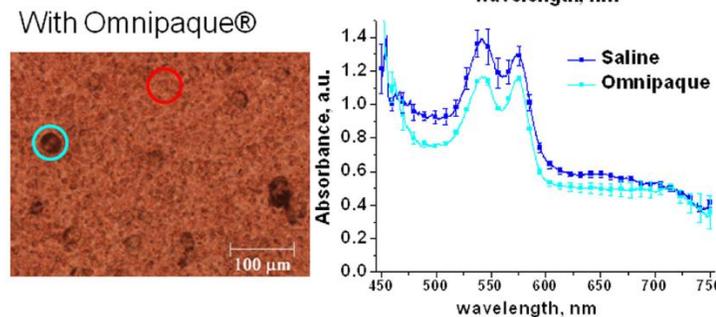
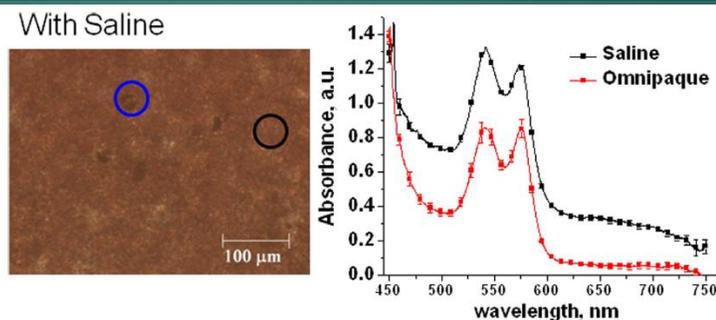
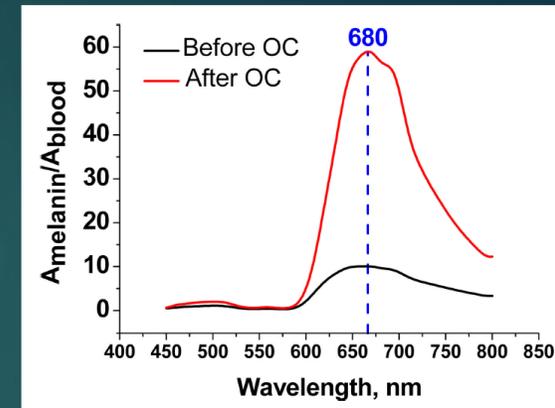
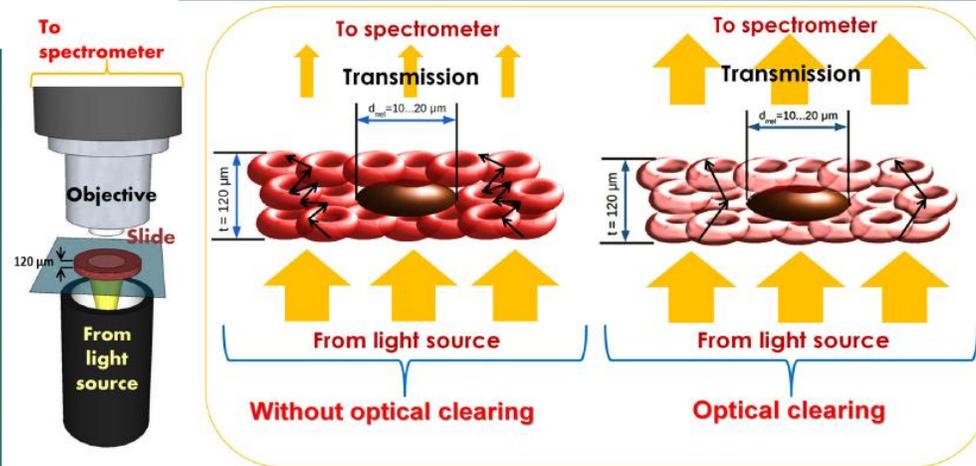
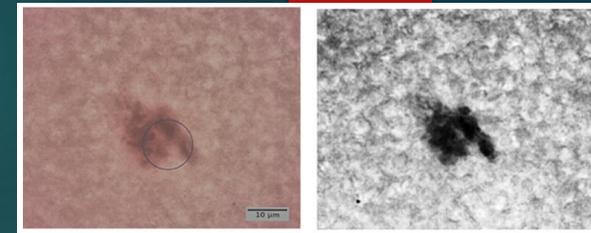
(Invited Paper)



Scheme of experimental setup for spectral study: 3 is the color video camera DCC1645C, 4 is the monochrome camera DCC1545M, 5 is the spectrometer USB4000, 6 is the illumination unit KL-1500Z, 7 is the blood slide



Principle of spectral absorbance measurement of a whole blood sample at immersion OC

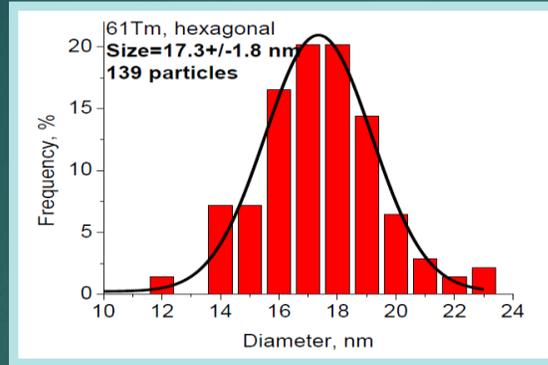
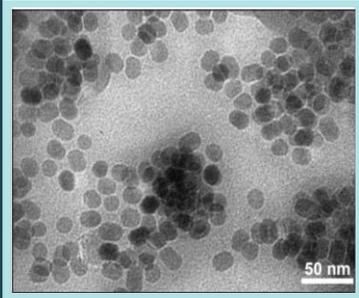
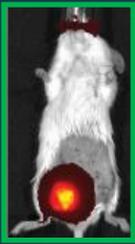


Images of slides of thickness $120 \mu\text{m}$ with a whole blood ($3 \mu\text{l}$) of a laboratory mouse and mouse melanoma cells (B16F10) ($1 \mu\text{l}$) mixed with $4 \mu\text{l}$ of saline (upper image) or Omnipaque (lower image)

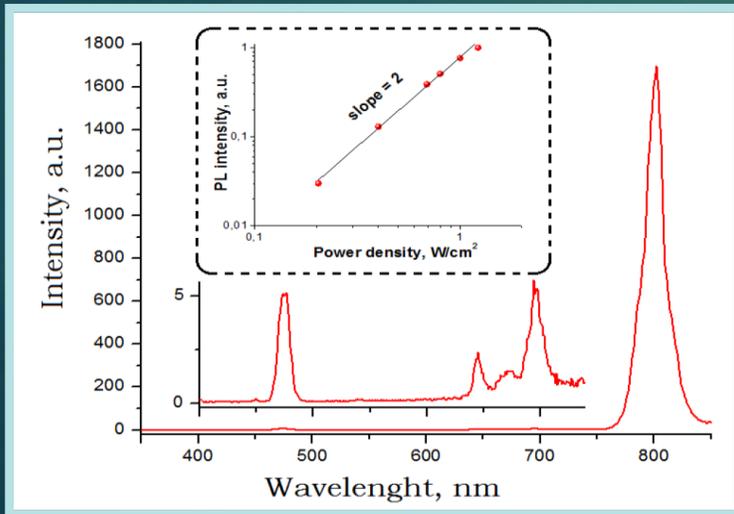
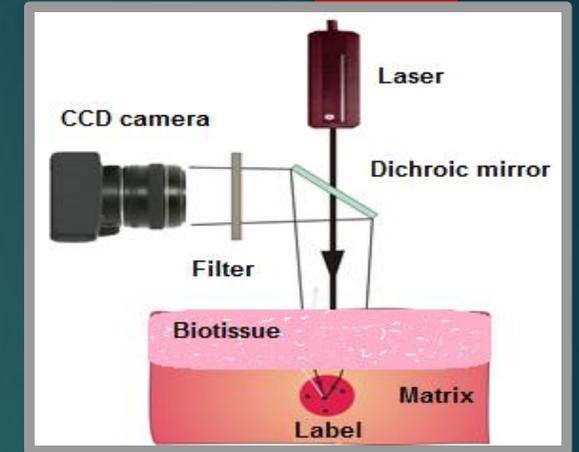
Upconversion nanoparticles (UCNP) for deep-tissue imaging

A.P. Popov, E.V. Khaydukov, A.V. Bykov, V.A. Semchishen, V.V. Tuchin, Enhancement of upconversion deep-tissue imaging using optical clearing, Proc. of SPIE-OSA 9540, 95400B-5, 2015

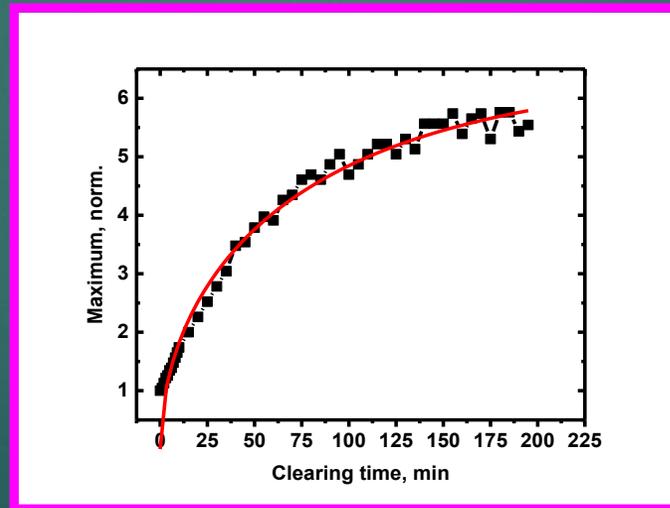
[NaYF₄ matrix is doped with ions of ytterbium, erbium and thulium]



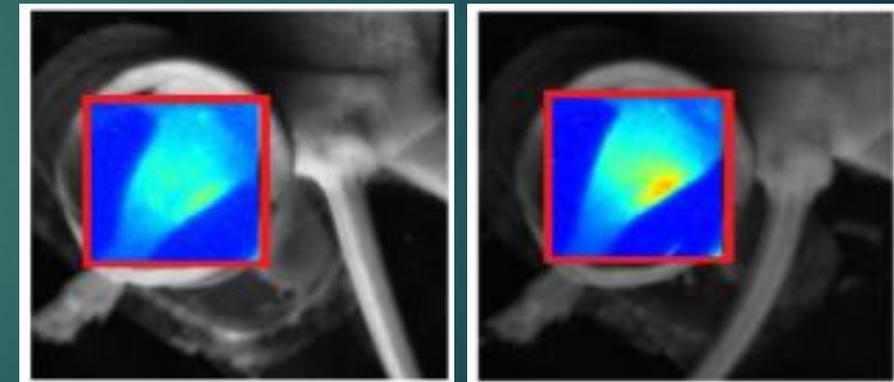
Size distribution



Spectra of luminescent radiation at pumping on **975 nm**



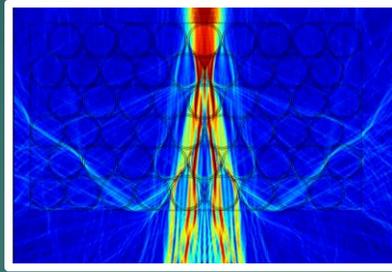
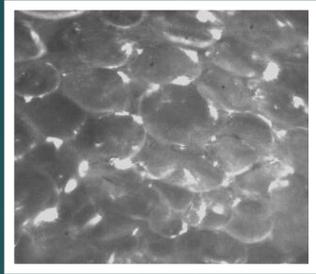
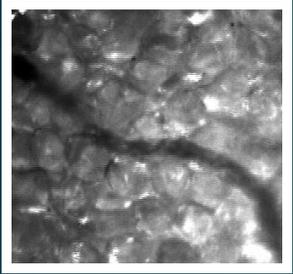
Upconversion luminescence of a star-shaped label at **800 nm**, glycerol clearing of **6-mm-thick** porcine muscle tissue



Before and after **255 min** of glycerol clearing mouse leg *in vivo*

Generation of OCAs in the body

Local fat cell lipolysis is the breakdown of lipids and involves hydrolysis of triglycerides into **glycerol (OCA)** and **free fatty acids (enhancers)**



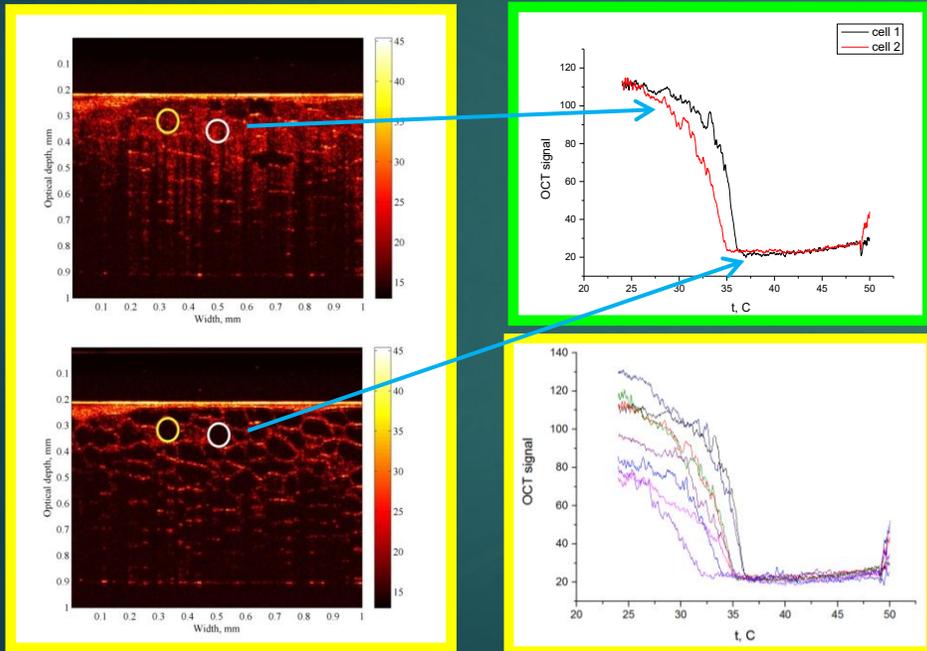
In vivo images through a few mm rat fat layer (heating)

Modeling of light beam propagation through 6 layers of cells

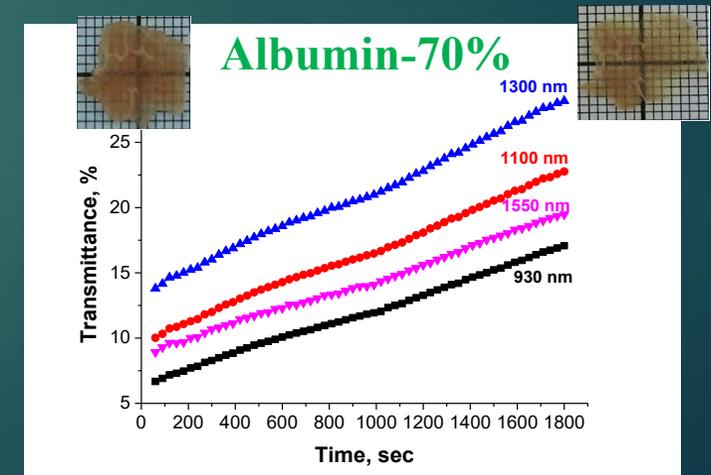
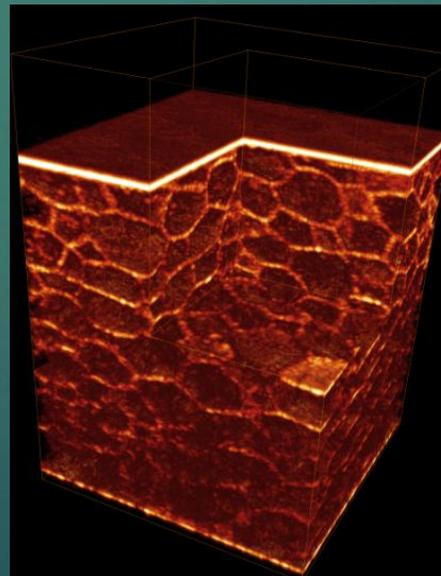
Transillumination images

Proteins are also good OCAs

Local RBC hemolysis – **Hemoglobin**
Popescu et al. and Zhernovaya et al. have proved this experimentally



In vitro OCT images of porcine fat tissue



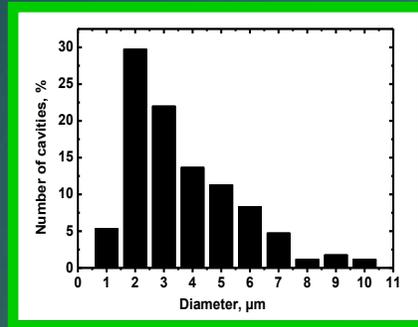
Bashkatov et al., J. Biomed. Opt. 23(9), 091416 (2018)

Silicone-glycerol mixture tissue phantoms

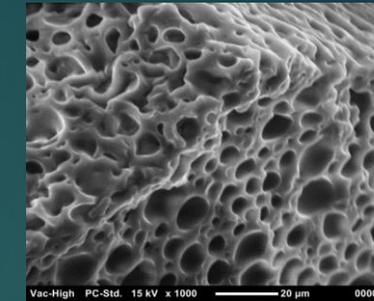
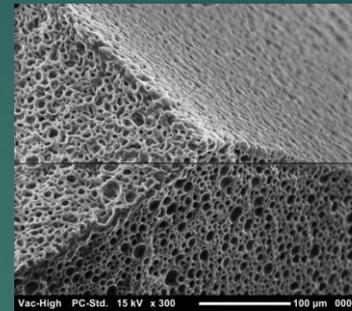
M.S. Wróbel et al., Nanoparticle-free tissue-mimicking phantoms with intrinsic scattering
Biomed. Opt. Express 7(6), 2088-2094 (2016)



Phantom



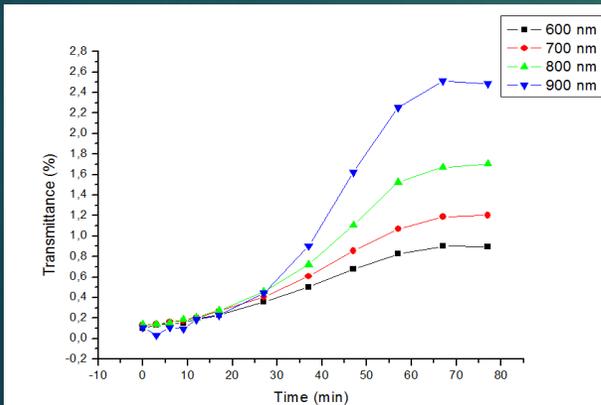
Size distribution of microcavities



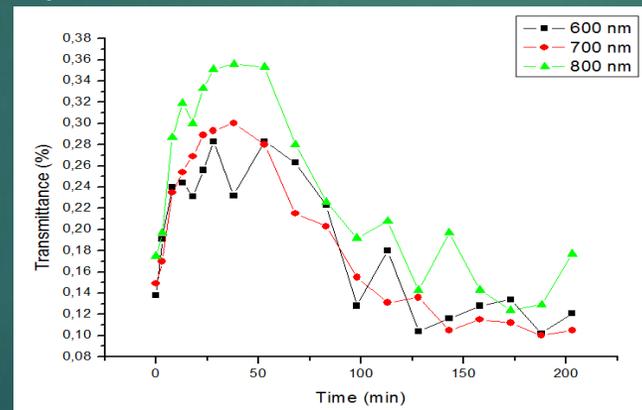
Electronic micrographs of phantom

P. Listewnik, M. Ronowska, M. Wasowicz, V.V. Tuchin, M. Szczerska, Porous phantoms mimicking tissues—investigation of optical parameters stability over time. *Materials* 2021, 14, 423-1-11

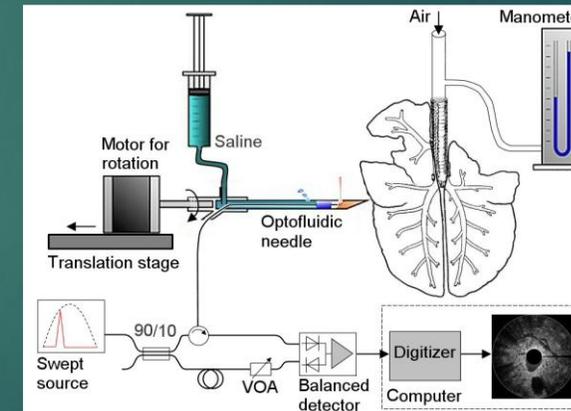
Quirk et al. OPTICS LETTERS 39(10):2888-2891, 2014



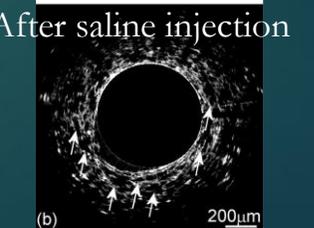
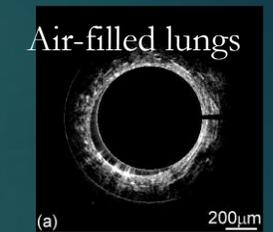
Transmittance kinetics (glucose solution, 40%)



Transmittance kinetics (water)



Schematic of the OCT optofluidic needle probe



Arrows indicate representative alveoli

Additional benefit: sound and light propagate in phantom with properties close to the actual tissue

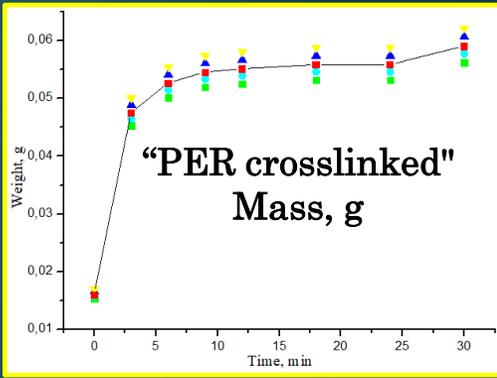
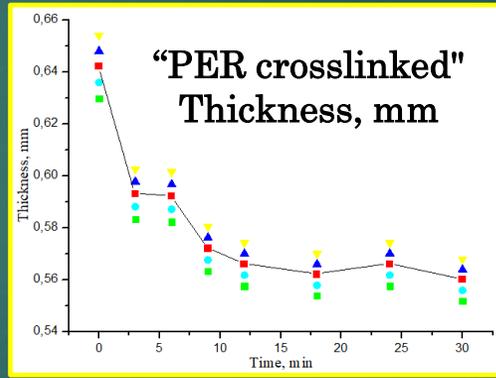
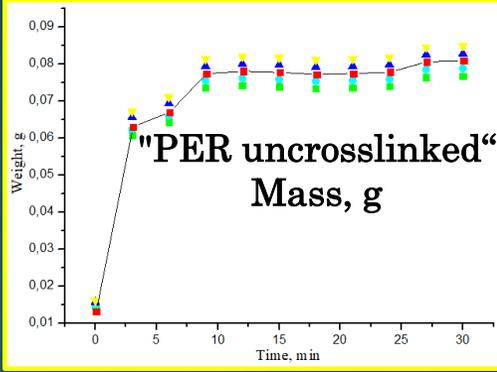
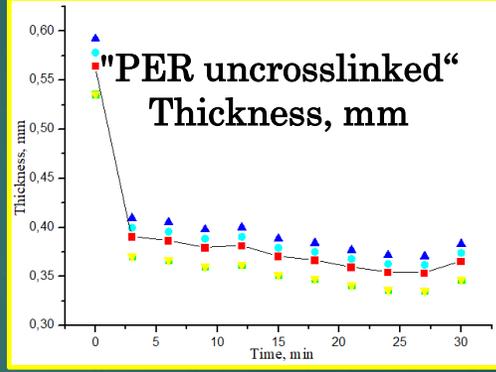
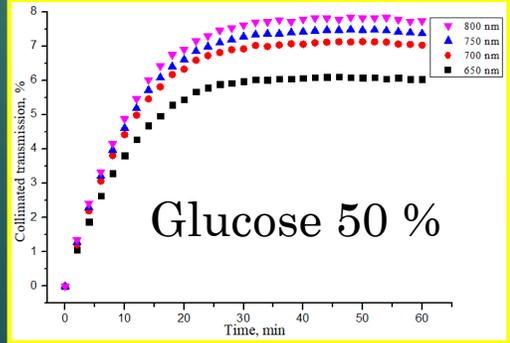
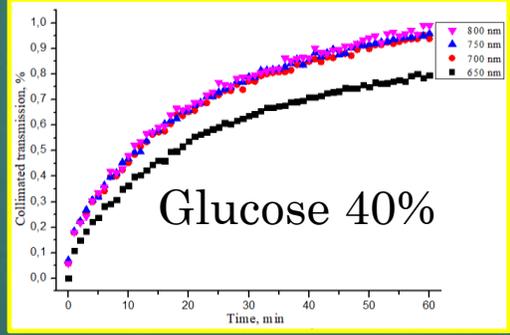
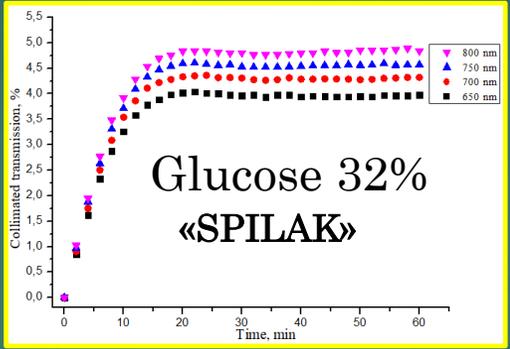
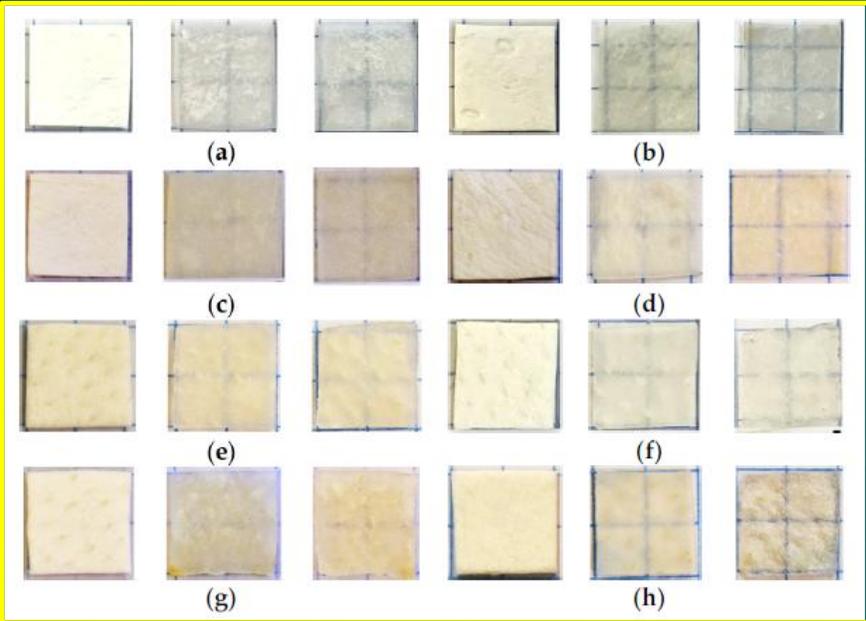


Glucose diffusion in implantable collagen materials

"SPILAK", "PER uncrosslinked", "PER crosslinked"
(Institute of Regenerative Medicine, Sechenov Univ.)

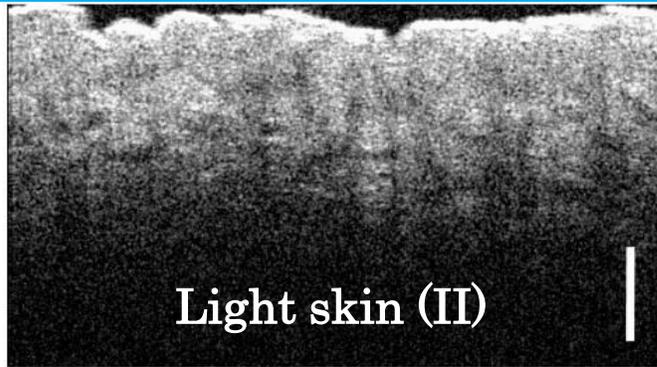
Article
Molecular Diffusion and Optical Properties of Implantable Collagen Materials

Sofya V. Atsigeida ^{1,*}, Daria K. Tuchina ^{1,2}, Peter S. Timashev ³ and Valery V. Tuchin ^{1,2,4}



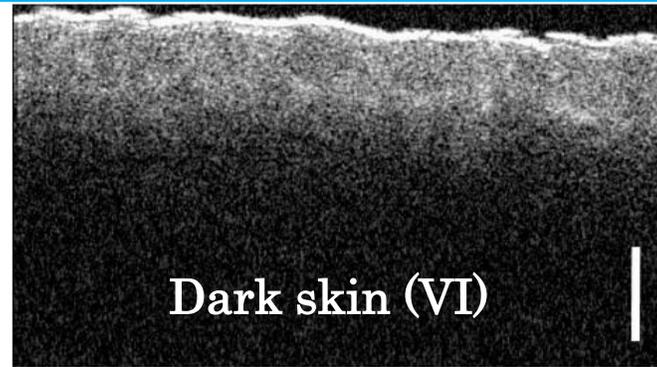
Glucose	τ , min	D , cm^2/c
32%	6.9 ± 1.1	$(1.52 \pm 0.32) \times 10^{-6}$
40%	11.8 ± 2.2	$(0.82 \pm 0.12) \times 10^{-6}$
50%	8.8 ± 1.3	$(1.58 \pm 0.41) \times 10^{-6}$

OCT images (930 nm) of light and dark skin



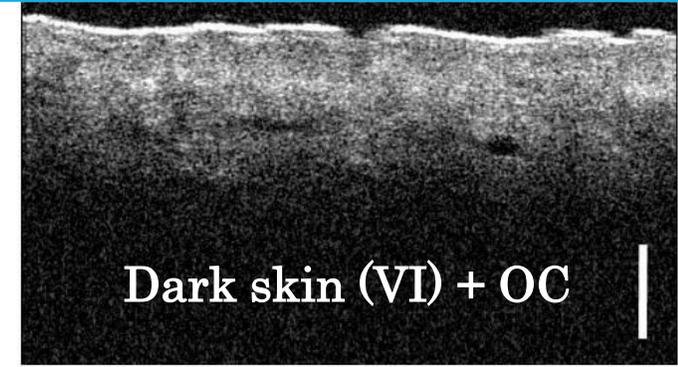
Light skin (II)

a



Dark skin (VI)

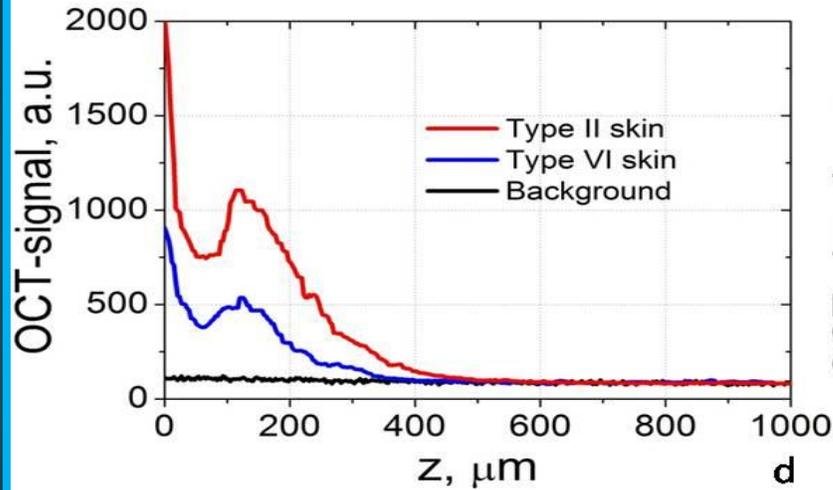
b



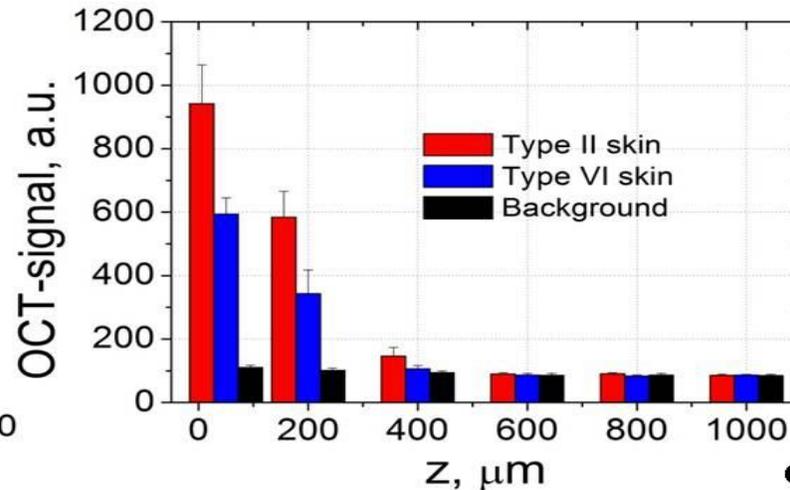
Dark skin (VI) + OC

MDA
OA
SP

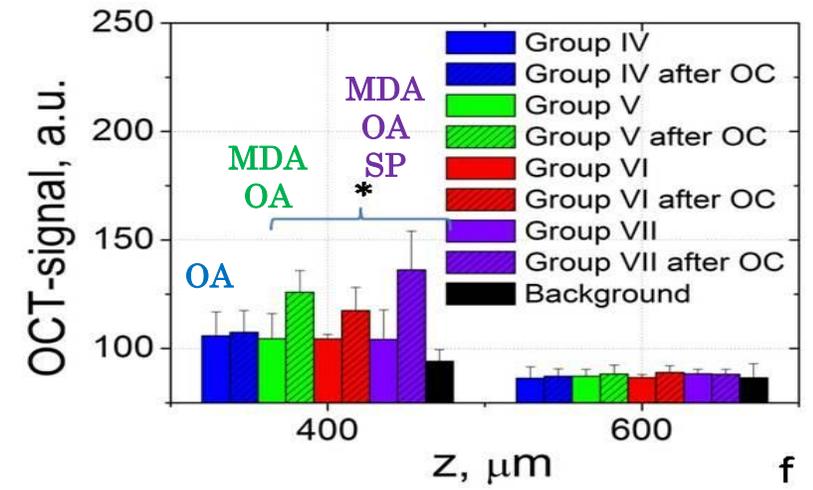
c



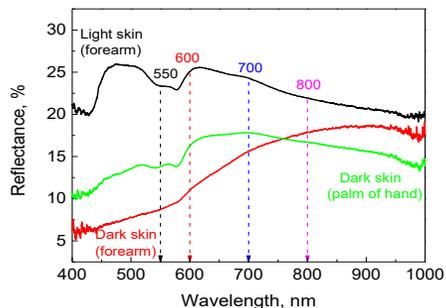
d



e



f

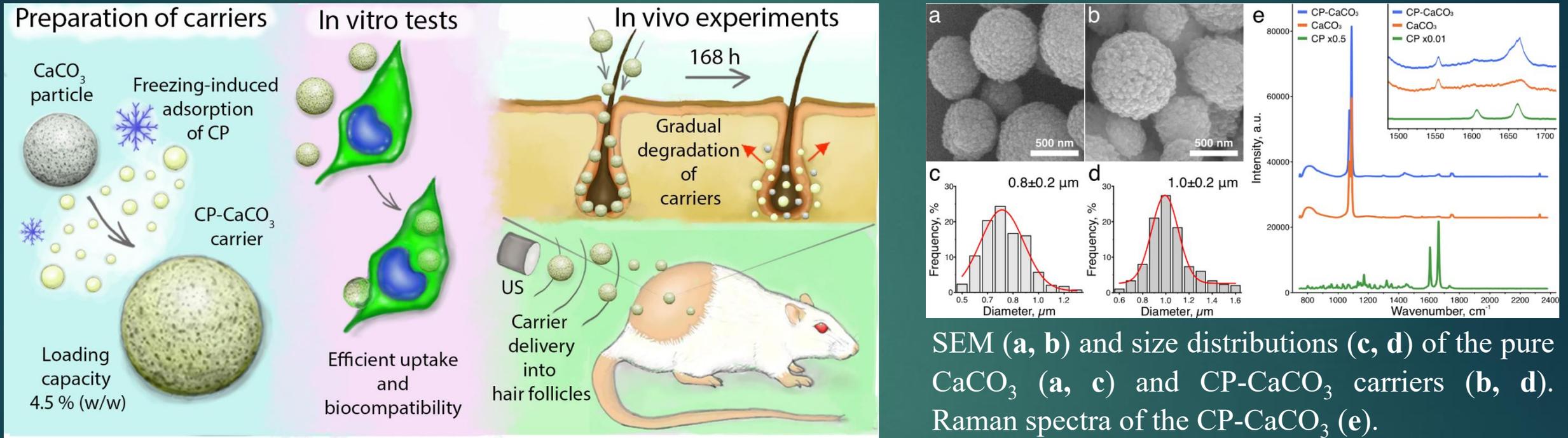


OCT B-scans of intact human skin of type II (a) and VI (b); type VI skin 30 min after the combined action of microdermabrasion (MDA), oleic acid (OA), and sonophoresis (SP) (c). A-scans averaged over the entire scan area of intact skin (d). Histograms of OCT signal at different depths of intact skin averaged over six measurements (e) and mean OCT signals at different depths of type VI skin. Asterisks indicate a group with statistically significant differences between the OCT signals before and after OC ($p < 0.01$). Bars correspond to 200 μm .

Anti-inflammatory drug delivery in dermatology with no side effects

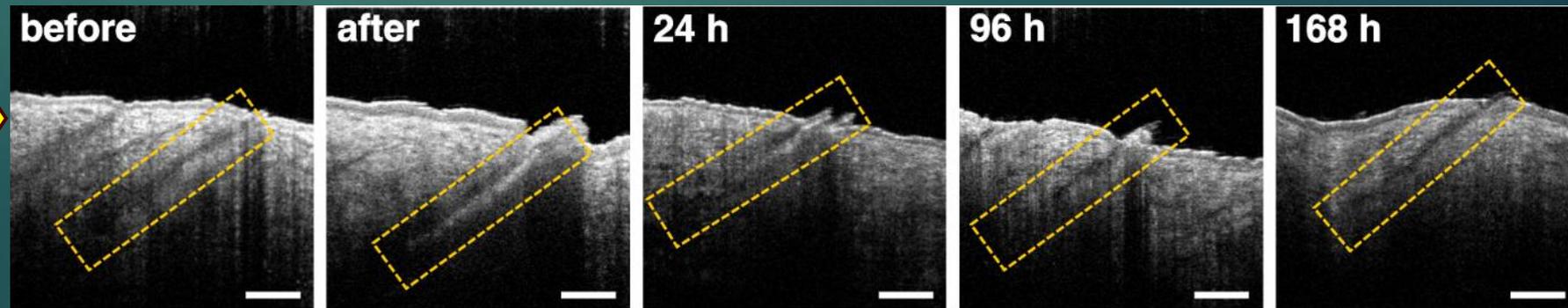
We suggested a novel topical particulate formulation for the glucocorticoid clobetasol propionate (CP) using porous calcium carbonate (CaCO_3) carriers in the vaterite crystalline form

M.S. Saveleva et al. Biodegradable calcium carbonate carriers for the topical delivery of clobetasol propionate, *J. Mater. Chem. B* 12, 4867–4881 (2024)



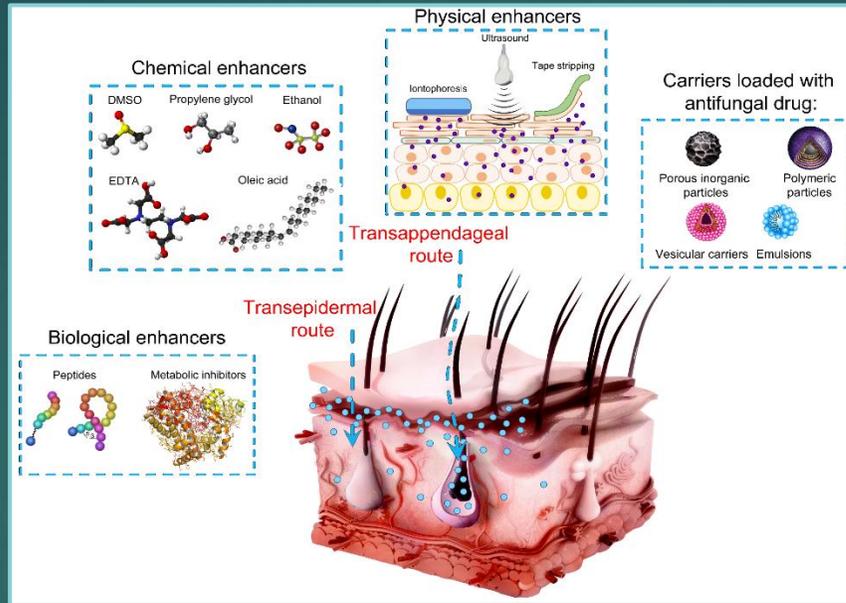
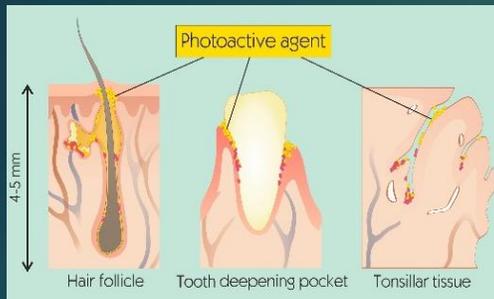
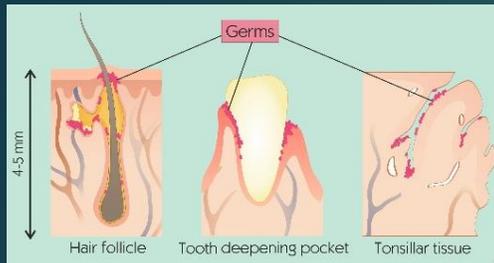
SEM (a, b) and size distributions (c, d) of the pure CaCO_3 (a, c) and CP- CaCO_3 carriers (b, d). Raman spectra of the CP- CaCO_3 (e).

OCT images of rat skin hair follicles performed *in vivo* before and after the application of the CP- CaCO_3 + OCA

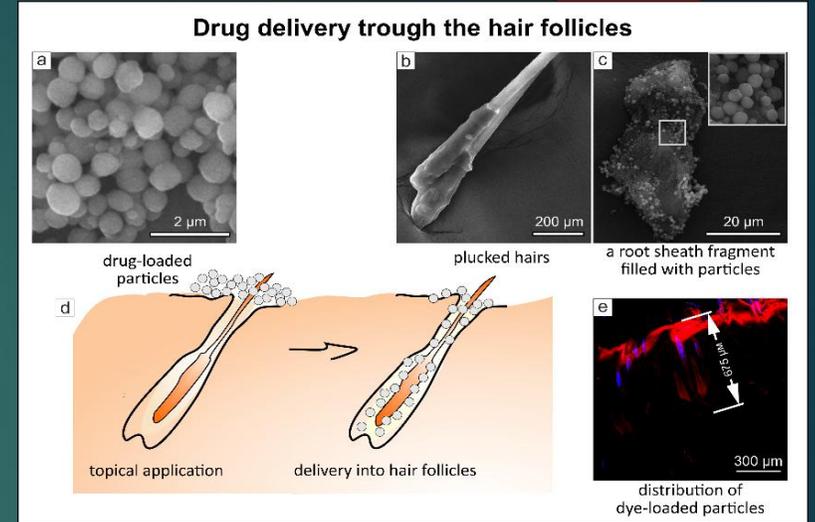


Deep photoinactivation of pathogens using an optical clearing agent (OCA)

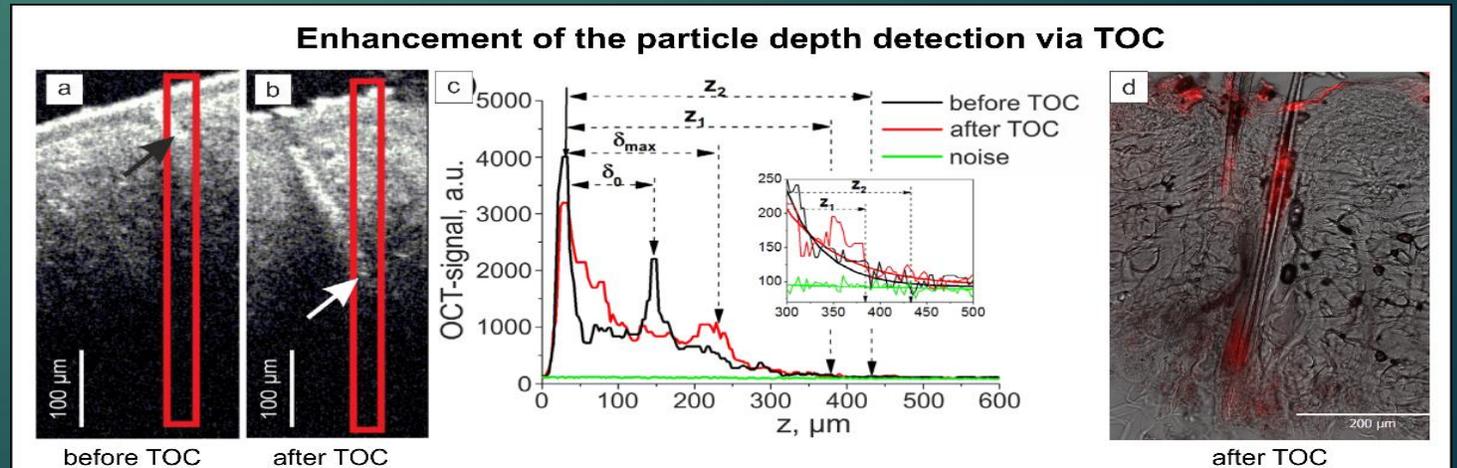
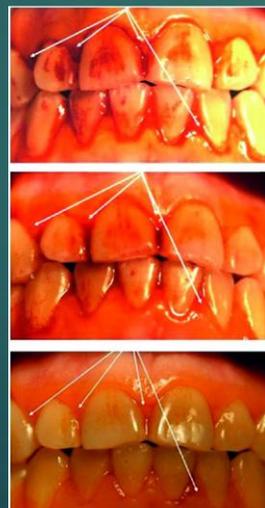
V.V. Tuchin et al., Optical clearing of tissues: issues of antimicrobial phototherapy and drug delivery, *Advanced Drug Delivery Reviews*, 2022, 114037



E.V. Lengert et al., Prospective strategies for enhanced intra- and transdermal delivery of antifungal drugs, *Skin Pharmacology and Physiology* 33, 261–269 (2020)



Y.I. Svenskaya et al., Enhanced topical psoralen–ultraviolet A therapy via targeting to hair follicles, *British Journal of Dermatology* 182,1479–1481 (2020)



S.V. Zaitsev et al., Optimized skin optical clearing for optical coherence tomography monitoring of encapsulated drug delivery through the hair follicles, *J. Biophotonics* 13, e201960020 (2020)

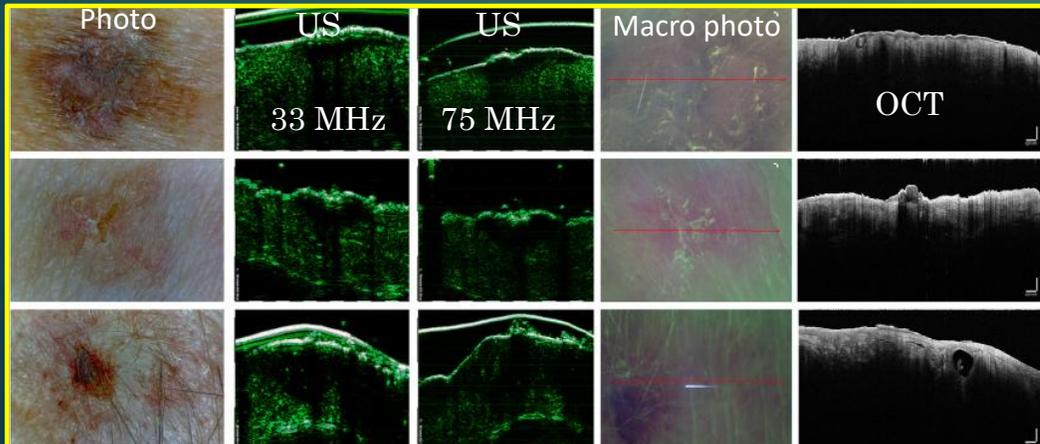
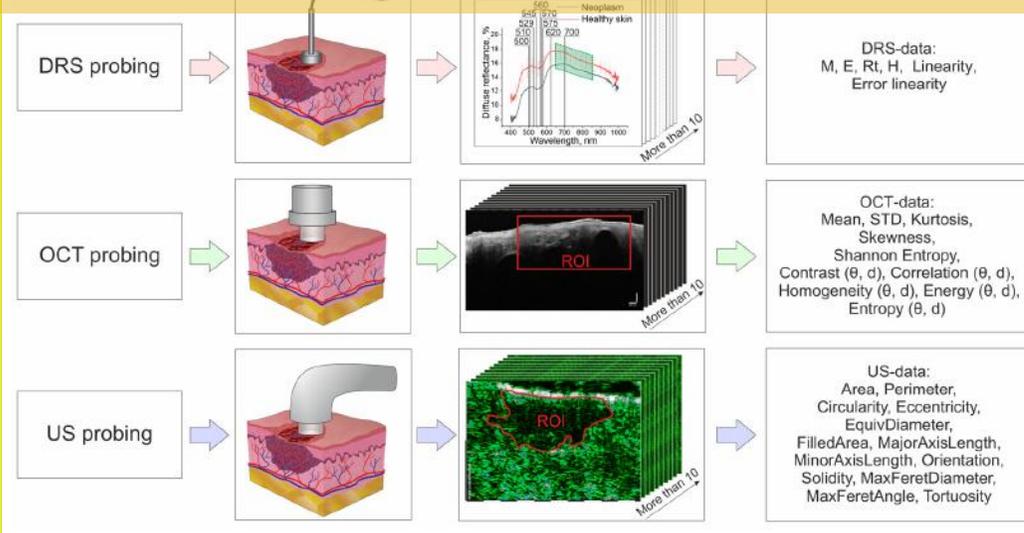


Article

Multimodal Method for Differentiating Various Clinical Forms of Basal Cell Carcinoma and Benign Neoplasms In Vivo

Yuriy I. Surkov ^{1,2,3,*}, Isabella A. Serebryakova ^{1,2}, Yana K. Kuzinova ⁴, Olga M. Konopatskova ^{3,4}, Dmitriy V. Safronov ⁴, Sergey V. Kapralov ⁴, Elina A. Genina ^{1,2} and Valery V. Tuchin ^{1,2,3,5,*}

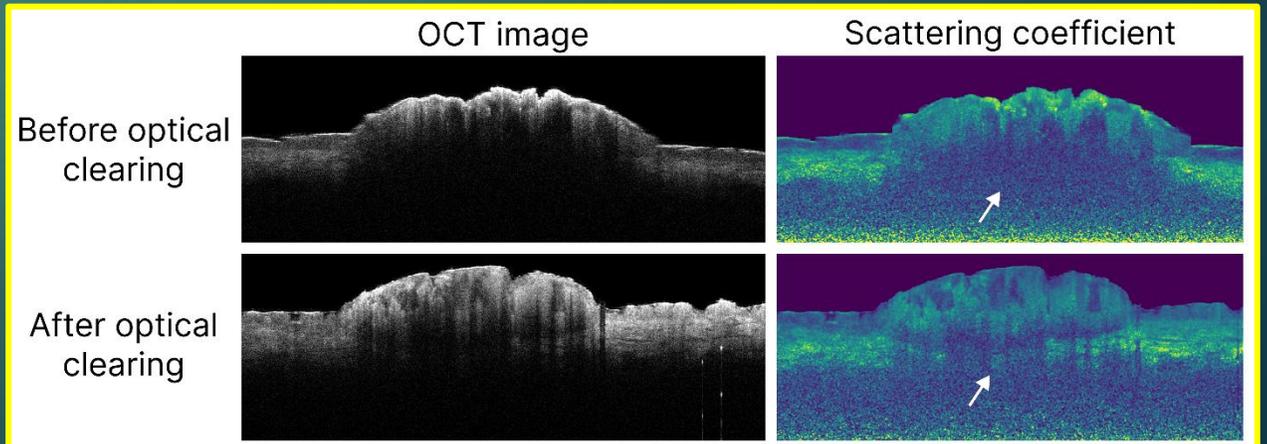
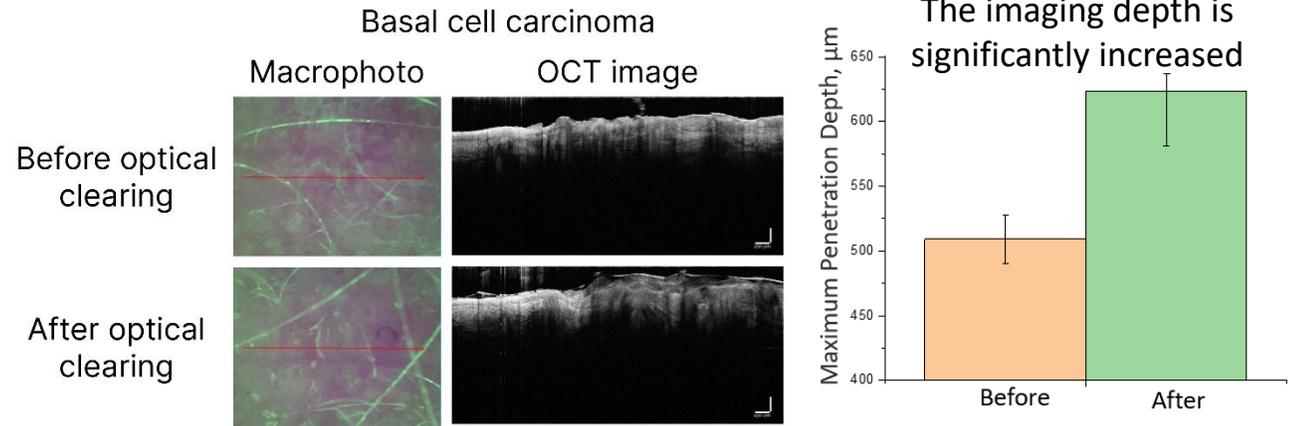
Multimodal method



OCA: 40% glycerol

Exposure time: 10 min

Pathological skin demonstrates enhanced optical clearing efficiency compared to healthy skin, likely due to the disrupted barrier function within the lesion area



Article

Optical clearing of living brains with MAGICAL to extend *in vivo* imaging

Kouichirou Iijima,¹ Takuto Oshima,² Ryosuke Kawakami,^{1,2} and Tomomi Nemoto

Prospects for *in vivo* OC

MAGICAL : Magical Glycerol additive improves light brightness from living object

Increased speed, depth and contrast of multiphoton and CM imaging

REVIEW ARTICLE

Sports Med 2010; 40 (2): 113-139
0112-1642/10/0002-0113/\$49.95/0
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Guidelines for Glycerol Use in Hyperhydration and Rehydration Associated with Exercise

Simon Piet van Rosendal,¹ Mark Andrew Osborne,² Robert Gordon Fassett^{1,3} and Jeff Scott Coombes¹

- 1 School of Human Movement Studies, The University of Queensland, Brisbane, Queensland, Australia
- 2 Queensland Academy of Sport, Brisbane, Queensland, Australia
- 3 Royal Brisbane and Women's Hospital, Brisbane, Queensland, Australia

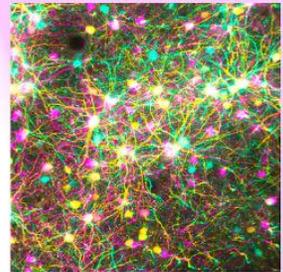
Wald, S.L. et al. Oral glycerol for the treatment of traumatic intracranial hypertension. *J. Neurosurg.* 56, 323–331 (1982)

An oral *glucose tolerance test*

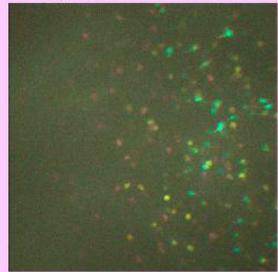
Glucose is given orally and blood samples are taken to determine how quickly it is removed from the blood

MAGICAL enables *in vivo* microscopy to observe brains faster, deeper and more finely

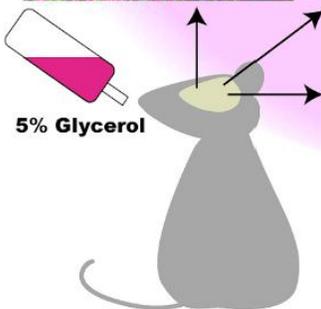
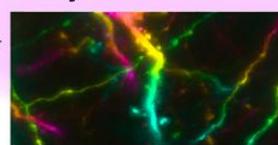
Fast



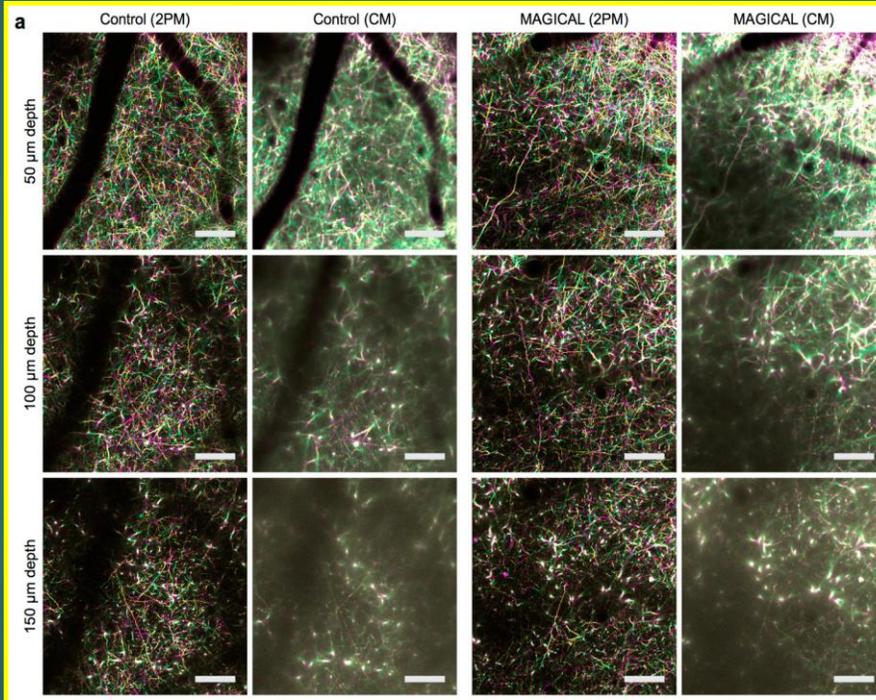
Deep



Finely

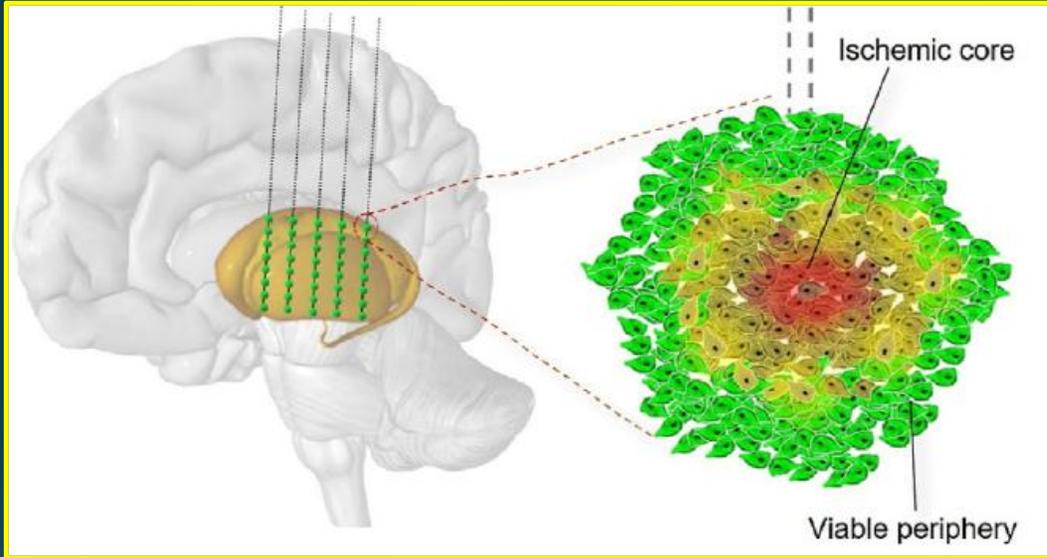


5% Glycerol



MAGICAL : 5% (w/v) glycerol was administered orally with drinking water, *ad libitum*, 2 weeks before open skull surgery and until the end of the experiment

Recent examples of the use of our results

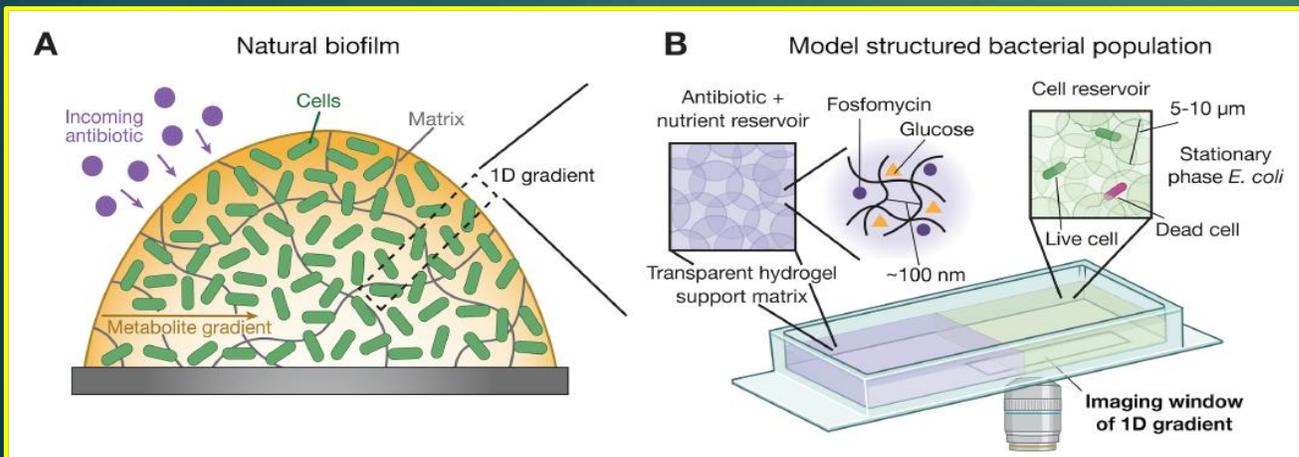


Graft ischemia after cell transplantation into the brain: glucose deficiency as a major factor in rapid cell death

Hakami A et al., Graft ischemia post cell transplantation to the brain: Glucose deprivation as the primary driver of rapid cell death, *Neurotherapeutics*, e00518 (2024)

The values of the diffusion coefficients of glucose in human tissues were used (Bashkatov AN, Genina EA, Tuchin VV. Measurement of **glucose diffusion coefficients in human tissues**. Chap 19:587–621 (2009))

Nutrient starvation limits antibiotic effectiveness in structured bacterial populations

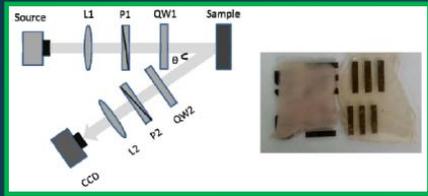


A.M. Hancock, et al. A nutrient bottleneck limits antibiotic efficacy in structured bacterial populations, Princeton Univ., Caltech, USA, bioRxiv <https://doi.org/10.1101/2025.03.12.642894>

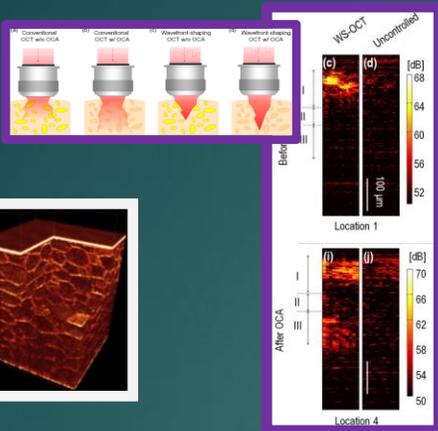
A. N. Bashkatov, E. A. Genina, Y. P. Sinichkin, V. I. Kochubey, N. A. Lakodina, and V. V. Tuchin, *Biophysical Journal* 85, 3310 (2003), 226 цит.

Summary

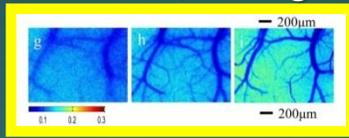
Polarization



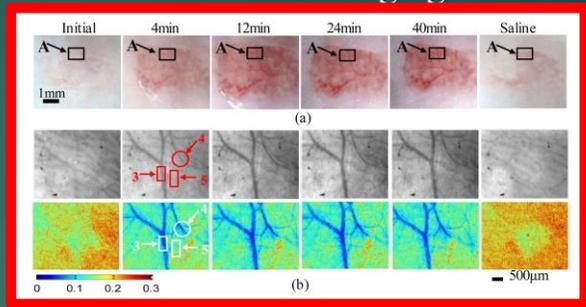
Adaptive OCT



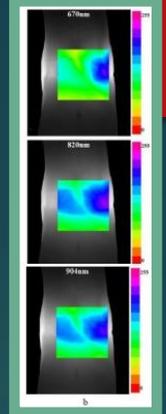
Skull, tooth, bone, cartilage



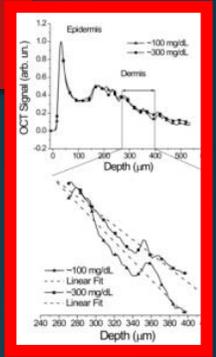
Blood vessel imaging



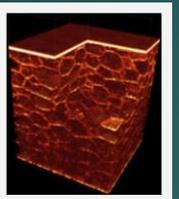
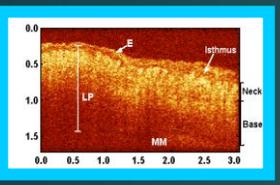
Rheumatoid arthritis



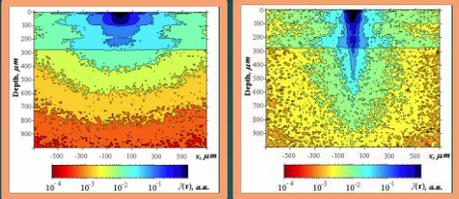
Glucose sensing



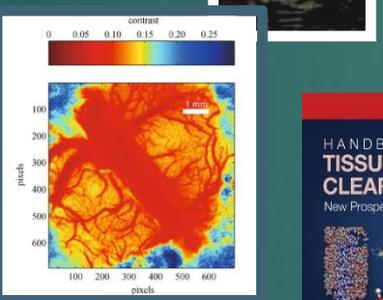
OCT



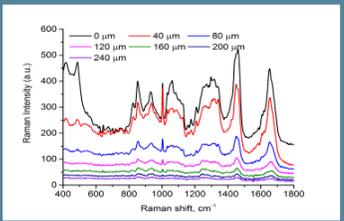
Confocal microscopy



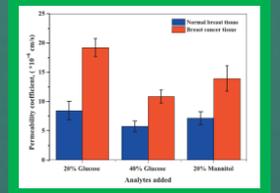
Speckles



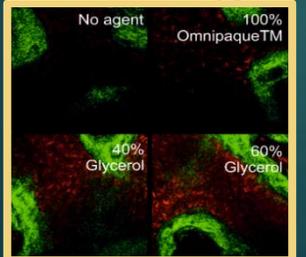
Raman spectroscopy



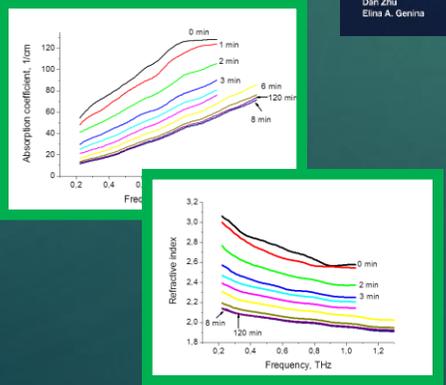
Cancerous tissue differentiation



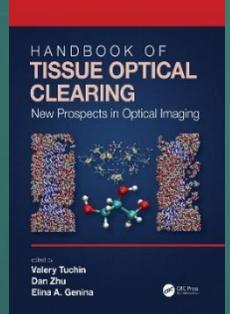
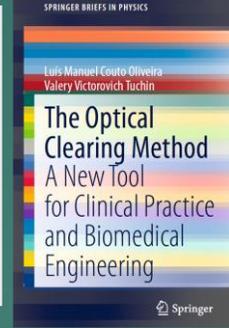
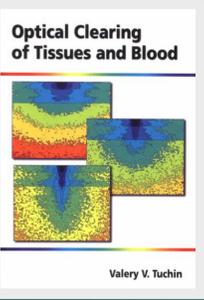
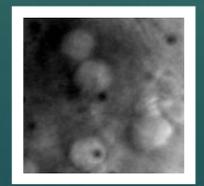
Two-photon and SHG microscopy



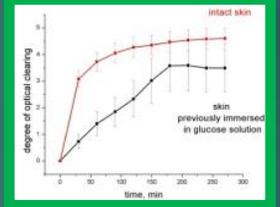
THz clearing



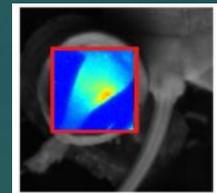
Cell imaging in lymph nodes



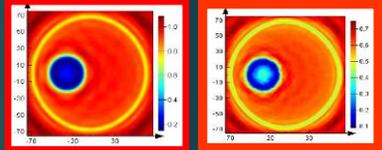
Glycated tissue differentiation



Upconversion nanoparticles

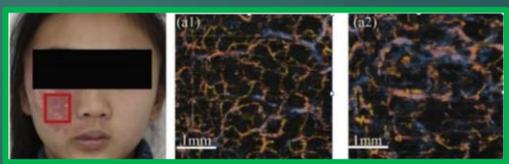


Gold nanoparticles

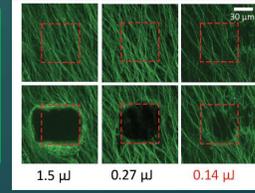


Precise laser surgery

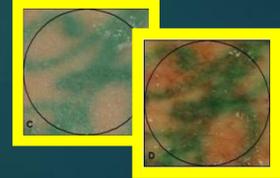
PWS patients and the en face OCTA



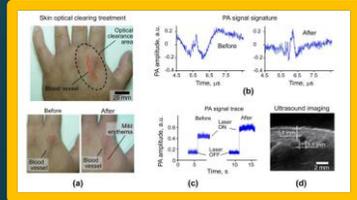
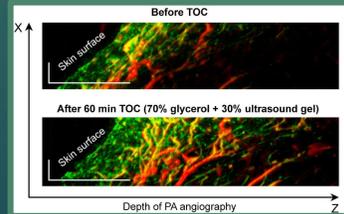
Scarred vocal fold



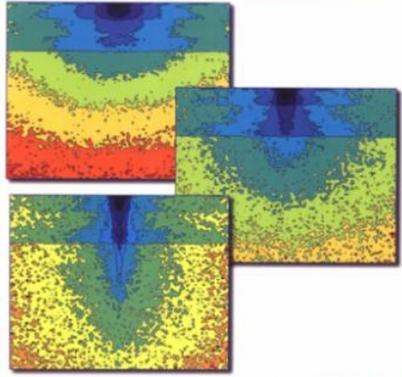
Laser tattoo removal



PA microscopy, angiography, lymphography & flow cytometry



Optical Clearing of Tissues and Blood

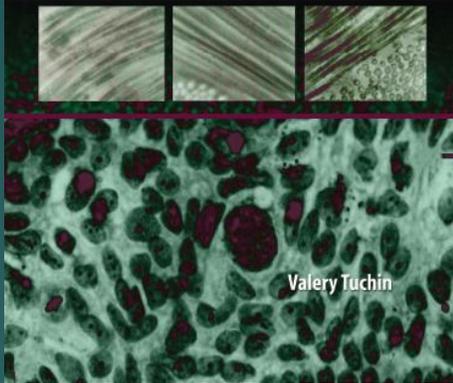


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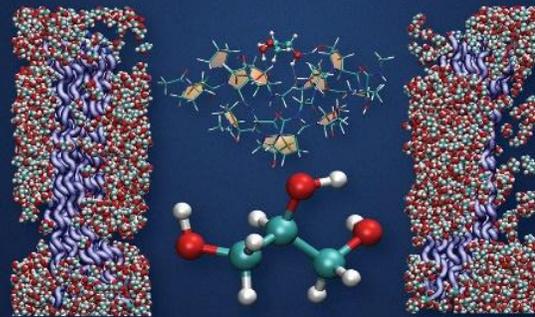


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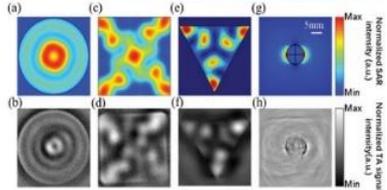
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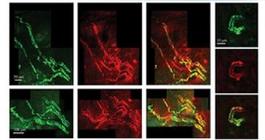
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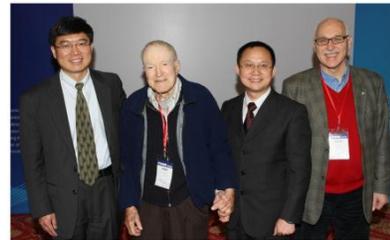
Introduction to the Special Issue on Advances in Biophotonics and Biomedical Optics

Polina Dyachenko (Timoshina)*, Tingting Yu^{†‡}, Dan Zhu^{†‡} and Valery V. Tuchin*

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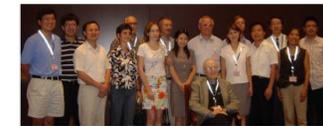
Organizers of PIBM: Lihong Wang, Britton Chance,
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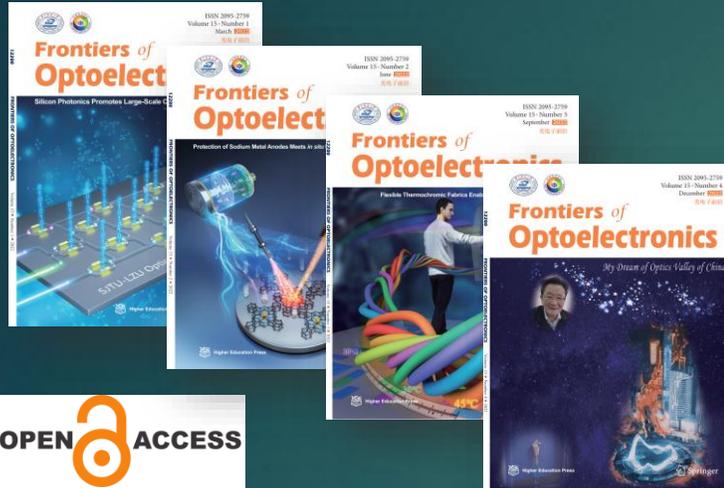
Chinese-Russian Workshop on Biophotonics and Biomedical Optics,
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